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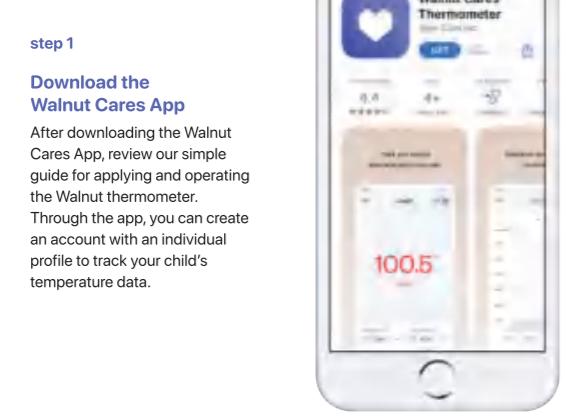


- ① **Walnut Thermometer**
To start tracking your child's temperature, simply position this discrete unit on their chest.
- ② **Base Station**
The base station is a protective travel case to store your Walnut thermometer and adhesive patches. To use the thermometer, the thermometer will automatically charge when it's stored in the base station, (via the charging cable in the package)
- ③ **Adhesive Patches**
(10 pieces included)
To use the adhesive patches, please apply adhesive patch on the back of the thermometer before positioning it on your child's chest.
- ④ **User Manual**
- ⑤ **Type-C Charging Cable**

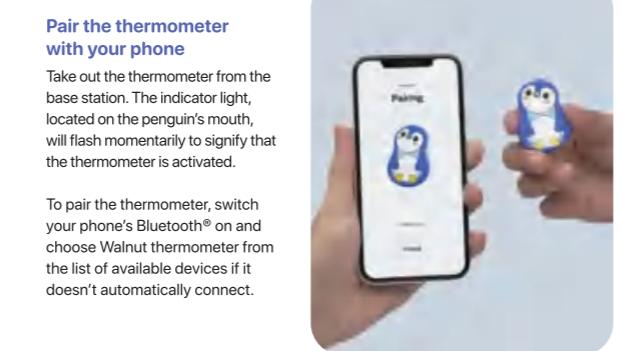
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Using the Walnut Thermometer

Getting Started



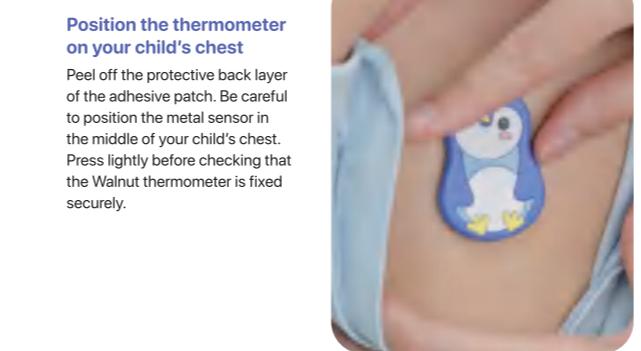
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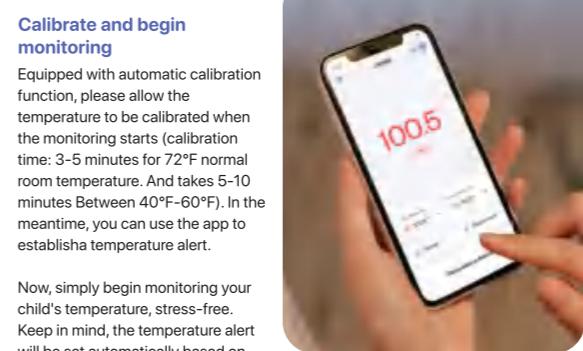
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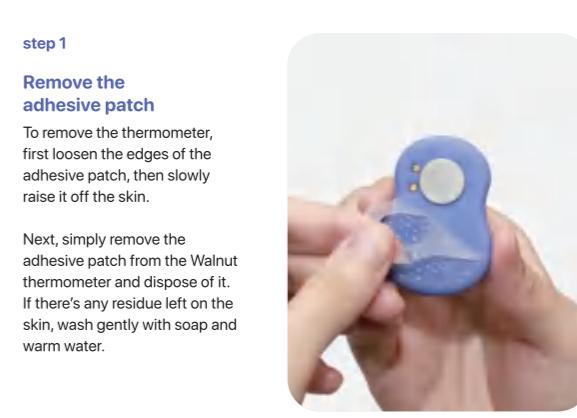
step 4



step 5



End of Your Temperature Session



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Cleaning and Care

The thermometer is mainly for home use. If used for multiple patients, please clean the device in between uses with the following steps:

step 1
Use an alcohol swab or cotton tissue moistened with alcohol (70% isopropyl) to clean the thermometer casing thoroughly. The wiping process preferably lasts 15 seconds.

step 2
After cleaning, if the device is not yet dry, repeat the steps above with magnification and adequate lighting, please repeat the clean steps above.

step 3
After cleaning, if the device is not yet dry, repeat the steps above with magnification and adequate lighting, please repeat the clean steps above.



Indicator Light

When you remove the Walnut wearable smart thermometer device from the base station, the indicator light on the penguin mouth will turn blue. This lets you know that the thermometer is activated.

If the indicator light doesn't turn after removing the thermometer from the base station, this signifies that the device is either out of battery. The light on the base will turn blue and the device will turn white when fully charged.

You will also be notified by the app if the device runs out of battery while you're using it.

Adhesive Patches

Low-sensitivity Silicone Adhesive Patches
The silicone adhesive patches that come with your device are a proprietary adhesive thermometer sensor. The adhesive is medical grade, low-sensitivity, and free of color and odor. This makes it safe for use on children and sensitive skin.

1. Do not leave the adhesive patch on longer than 24 hours. You may want to replace it sooner if any discomfort occurs.
2. If skin rash or irritation occurs, carefully remove the thermometer and consult your doctor.
3. Do not apply the adhesive patches to babies who are premature or undersized, or who have a low birth weight.
4. Do not apply the adhesive patch to skin with excess body hair, as removal is more likely to be painful.

PRECAUTIONS FOR USING THE ADHESIVE PATCHES

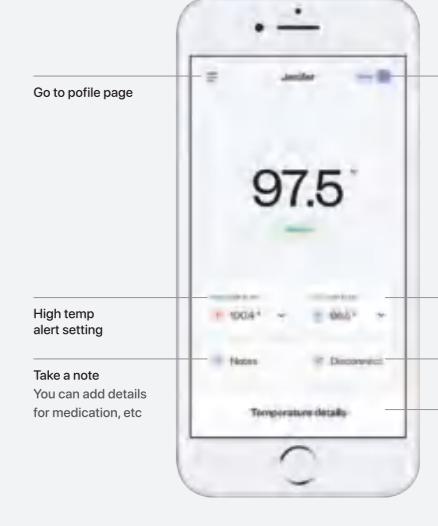
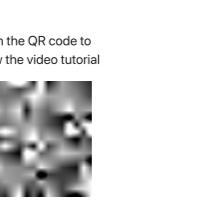
5. Store the adhesive in a cool, dry place, away from direct sunlight.
6. Only use the designated Walnut thermometer adhesive patches with the thermometer device.
7. Do not apply the adhesive patches to babies who are premature or undersized, or who have a low birth weight.
8. Do not apply the adhesive patch to skin with excess body hair, as removal is more likely to be painful.

The Walnut Cares App

The Walnut Cares app has repeat compatibility with all latest iPhone/iPad and Android models. For more information on compatibility, visit: WalnutCares.com



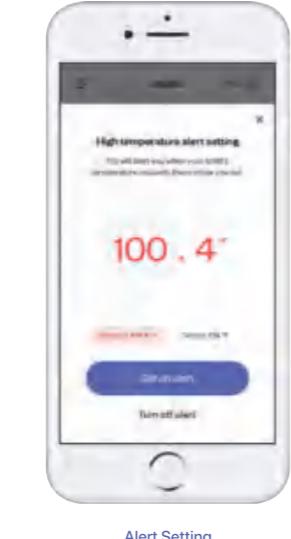
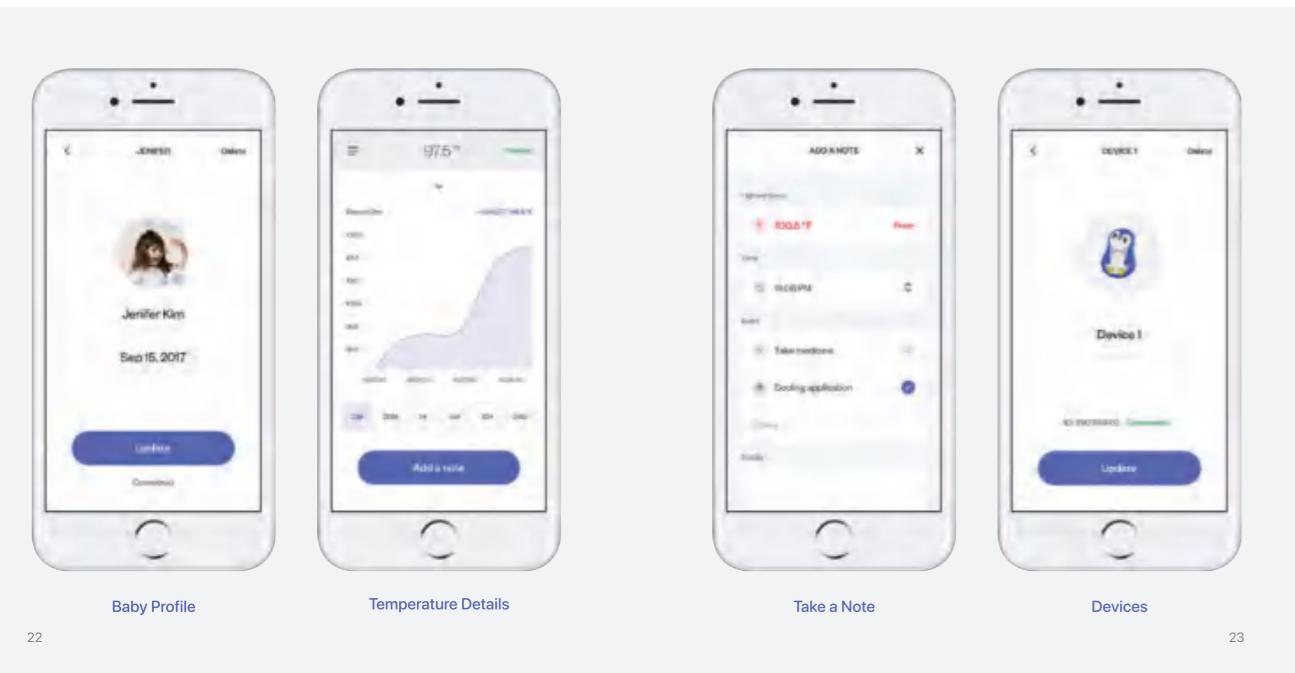
Recommended system specifications for Walnut Cares:
Smartphones: iOS 9.0 or later
Android 4.4 or later



Home Screen

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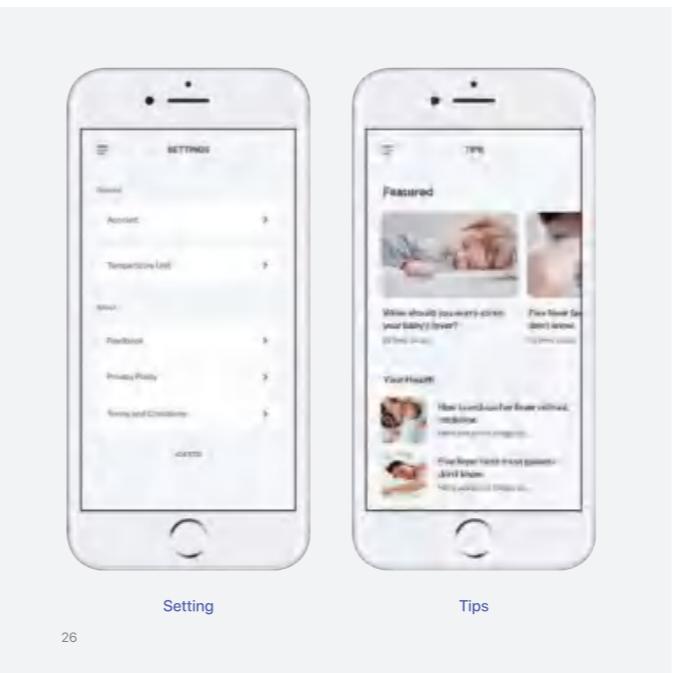
Alerts

High Temperature Alert:
38°C
100.4°F

Low Temperature Alert:
35°C
95°F

Please note that the Walnut thermometer measures the chest temperature, and then calculates the body temperature through an algorithm.

The temperature fluctuates throughout the body, so the reference temperature depends on the area of measurement.



Technical Specifications

Product name: Walnut Wearable Smart Thermometer
Size: 1.95in*1.44in
Thickness: 0.22in
Weight: 11g±1g
Duration of continuous battery use: about 5 days
Charging time: about 11 hours
Transmission distance: 33ft
Accuracy: ±0.3°F
Water resistance: IPX5
Operation/Storage conditions Temperature: 41°F~104°F
Humidity range: ≤85%RH
Working voltage: 3.6V
Battery capacity: 25mAh
Standby power: 0.005mA
Working power: 0.17mA~0.3mA

Reference Temperature Guidelines

Normal
94.5~98.4°F
34.7~36.9°C
94.5~99.1°F
35.9~36.7°C

Moderate
98.5~100.2°F
37.0~37.9°C
99.2~101.1°F
37.4~37.9°C
98.2~101.1°F
36.8~38.4°C

High
≥100.2°F
≥38°C
≥101.2°F
≥38.5°C

Low
<95°F
<35°C
<95.9°F
<35.5°C

	0-3 MONTHS	4-6 MONTHS	3+ YEARS
Normal	94.5~98.4°F 34.7~36.9°C	94.5~99.1°F 35.9~36.7°C	96.6~98.1°F 35.9~36.7°C
Moderate	98.5~100.2°F 37.0~37.9°C	99.2~101.1°F 37.4~37.9°C	98.2~101.1°F 36.8~38.4°C
High	≥100.2°F ≥38°C ≥101.2°F ≥38.5°C	≥100.2°F ≥38°C ≥101.2°F ≥38.5°C	≥101.2°F ≥38.5°C
Low	<95°F <35°C <95.9°F <35.5°C	<95°F <35°C <95.9°F <35.5°C	<95.9°F <35.5°C

Through this simple color-coded system, Walnut thermometer instantly shows you if your child's temperature is in the low, moderate, normal, or high range, according to their age.

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Frequently Asked Questions

Q Besides the middle chest, can I put Walnut Therm in other body areas?

A No, if you put it onto other areas, it may affect the temperature reading accuracy.

Q What is the best way to take off the Walnut Therm?

A You can use a warm cloth to remove the Walnut Therm.

Q How can I tell if the thermometer has a battery?

A Once you can tell by the penguin's mouth. If there is no red light blink when you take it out of the base station, it has no battery. Secondly, the app will remind you of the insufficient charge.

Q How long should I use adhesive tape on my baby?

A We recommend you change the adhesive every 12 hours, no longer than 24 hours.

Q What is the temperature reading accurate?

A It's accurate, the difference for the temperature is +0.3°F. It has been tested to the ASTM D112-00 standard.

Q Can adults use Walnut Therm?

A We recommend not because an adult's temperature measurement algorithm is standard is different compare to a kid's.

Q What is the maximum range of Bluetooth?

A It's about 30 feet (10 meters) between the Walnut Therm and the smartphone.

Q Can I use multiple phones to monitor the thermometer?

A No, you can only connect one phone with one Walnut Therm.

Q How will my information and my child's information be stored?

A We'll secure inside your app locally. You'll never lose any information online for your private purpose.

Q Which phones/tablets does Walnut Therm work with?

A Both iPhone and Android supports the iOS Apple store and Android. It supports smartphones and tablets.

Q Is the Walnut Therm waterproof?

A Please note that the thermometer is made of relatively precise components, and as you can see, it is not suitable to be used and stored in excessive humidity, nor extreme high/low temperatures.

Q What if I swallow the adhesive tape?

A Please make sure the baby's skin is ok after use.

Troubleshooting

Problem	Troubleshooting Hints
Put the thermometer into the base station to charge, but the charging light is not on.	Lightly touch the thermometer with your finger and try to adjust its position. Blue light while charging and a white light while fully charged.
The APP cannot properly link to the thermometer.	The battery is low or exhausted, please put the thermometer back in the base station to charge and try to connect again after it is fully charged. (Scan the second QR code on page 20 of the instructions to see the detailed connection steps.)
The APP cannot automatically connect to the thermometer.	Make sure the thermometer and phone are connected to the same WiFi. If they are not, then disconnect the thermometer and then connect the phone again. Make sure the phone is connected to the same WiFi as the thermometer. (Please refer to page 28-29 of the manual, and then the temperature monitoring part according to the child's age.)
Other problems...	Please contact customer service.

Problem	Troubleshooting Hints
Temperature reading was lower/higher than expected.	Be careful to position the metal sensor in the middle of your child's chest. Press lightly before checking if the Walnut thermometer is fixed securely.
Temperature reading is much lower than the actual.	The thermometer is equipped with a self-calibration function, please allow the thermometer to self-calibrate when the monitoring starts (calibration time: 3-5 minutes for 72°F normal room temperature. And takes 5-10 minutes between 40°F~60°F). The self-calibration function will not occur if the thermometer is not connected to the phone.
Other problems...	Please contact customer service.

Important Notes

1. Walnut Wearable Smart Thermometer Bluetooth?	connection reaches a communication range of about 10m. This means the thermometer will be affected by obstacles such as walls, people, or large metal objects, in addition to electromagnetic waves.
2. Your phone battery will be used for the consistent use of Bluetooth® communication. Make sure to charge your battery as needed to keep it from dying during monitoring.	Do not make any modifications to this electronic device.
3. While monitoring, you are free to use any other applications on your phone. However, be careful not to close the app while monitoring as you will lose your current temperature monitoring period.	Note that there are many indications and symptoms of illness in addition to irregular temperature. It's recommended to regularly monitor your child for any signs they may need medical care.
4. To receive temperature notifications, navigate to your phone's settings to enable push notifications from the Walnut thermometer app.	Your child's temperature is elevated above the normal range for a continuous period.
5. Monitor your child regularly for any indication of illness.	Do not use the Walnut thermometer device on broken or irritated skin and make sure it maintains continuous contact with the skin. Note that the thermometer is a sterilized device and must be appropriately cleaned between uses.

Intended Use	Walnut thermometer is a reusable, non-invasive electronic device to be used at home. It's designed for parents to regularly monitor their child for any signs they may need medical care.

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