

# **USER MANUAL**

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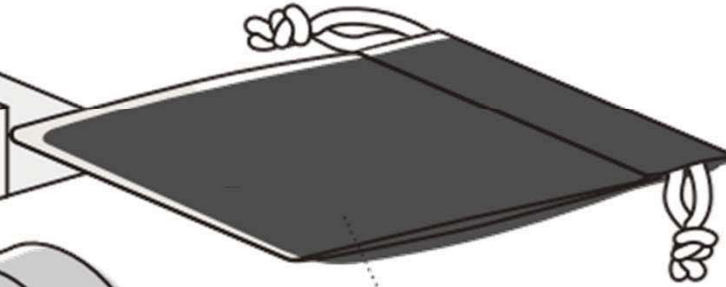
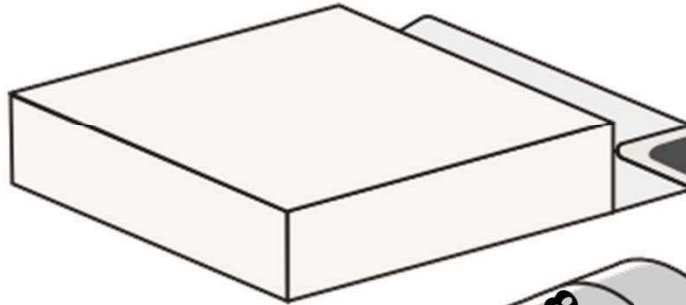
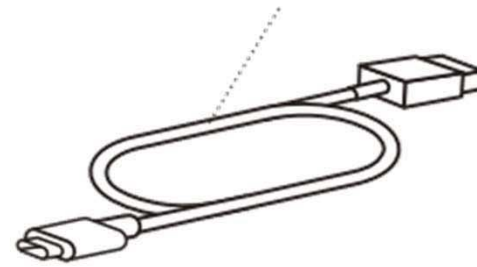
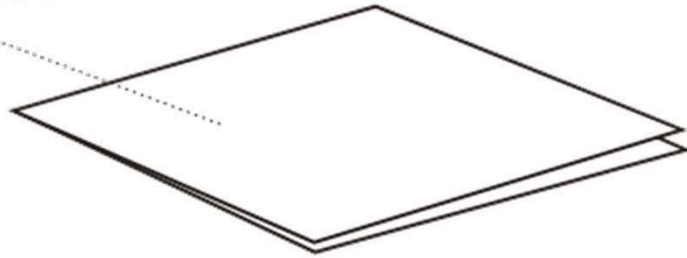
## **Circadian Rhythm Resetting Solution**



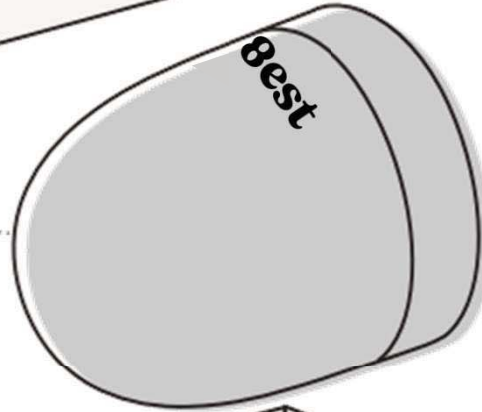
# Contents of the Package

Manual

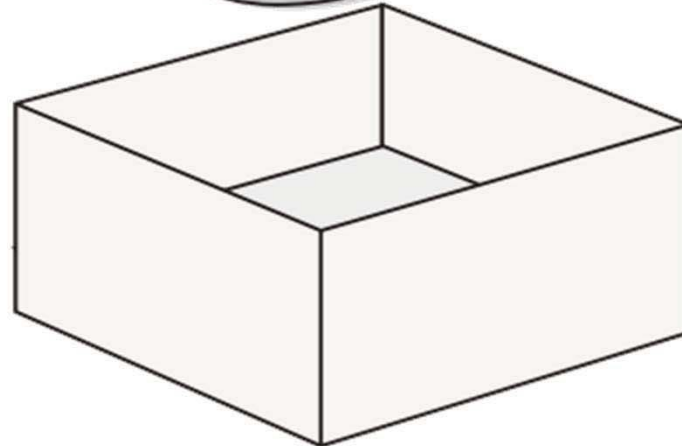
USB Type-c Cable



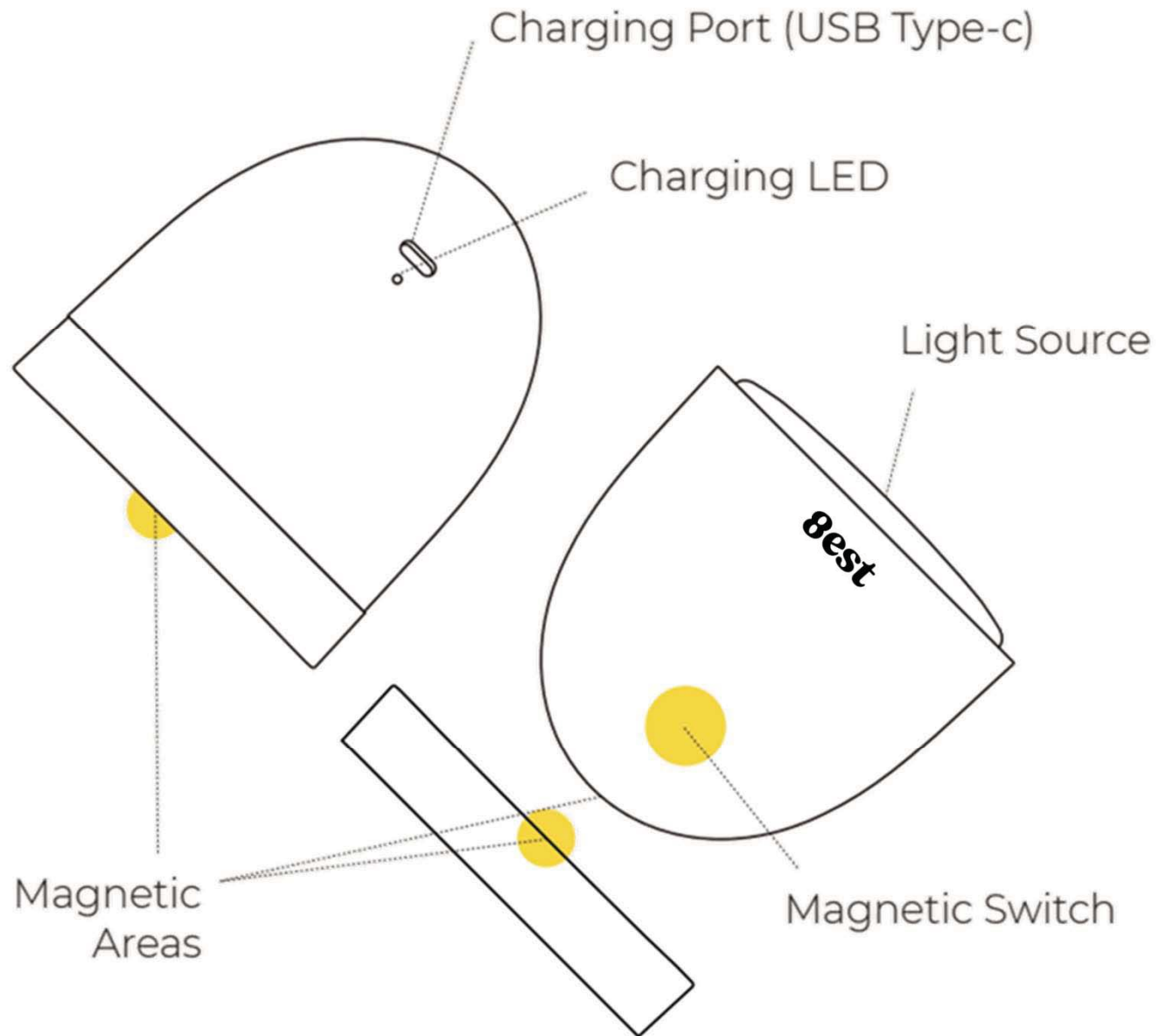
**8est**



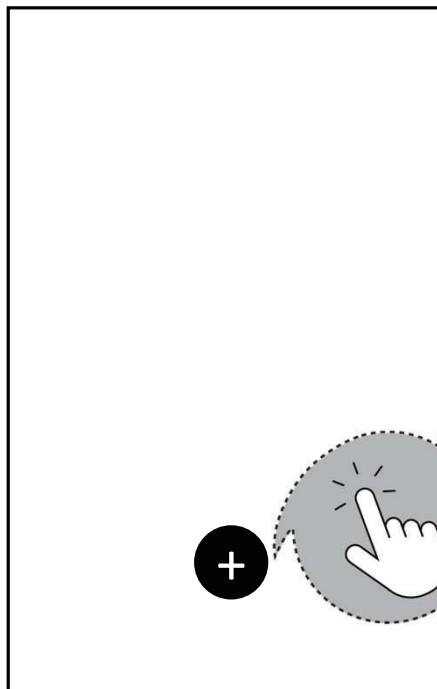
Pouch



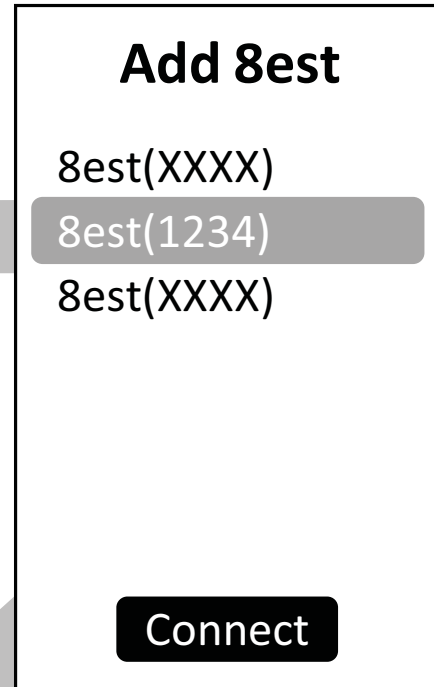
# Component Parts



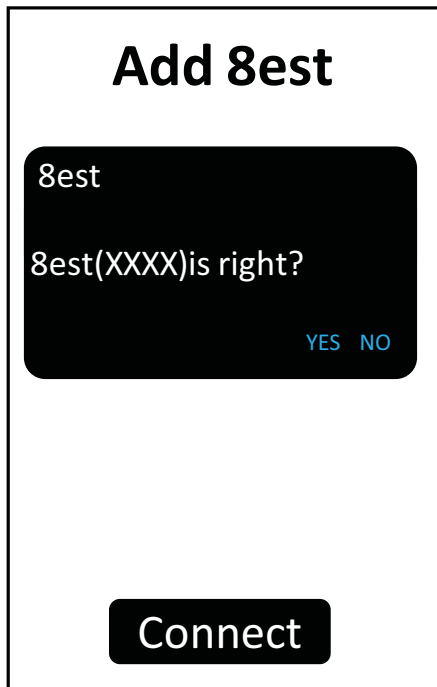
# How to connect



Push the + button



Select the 8est(XXXX)



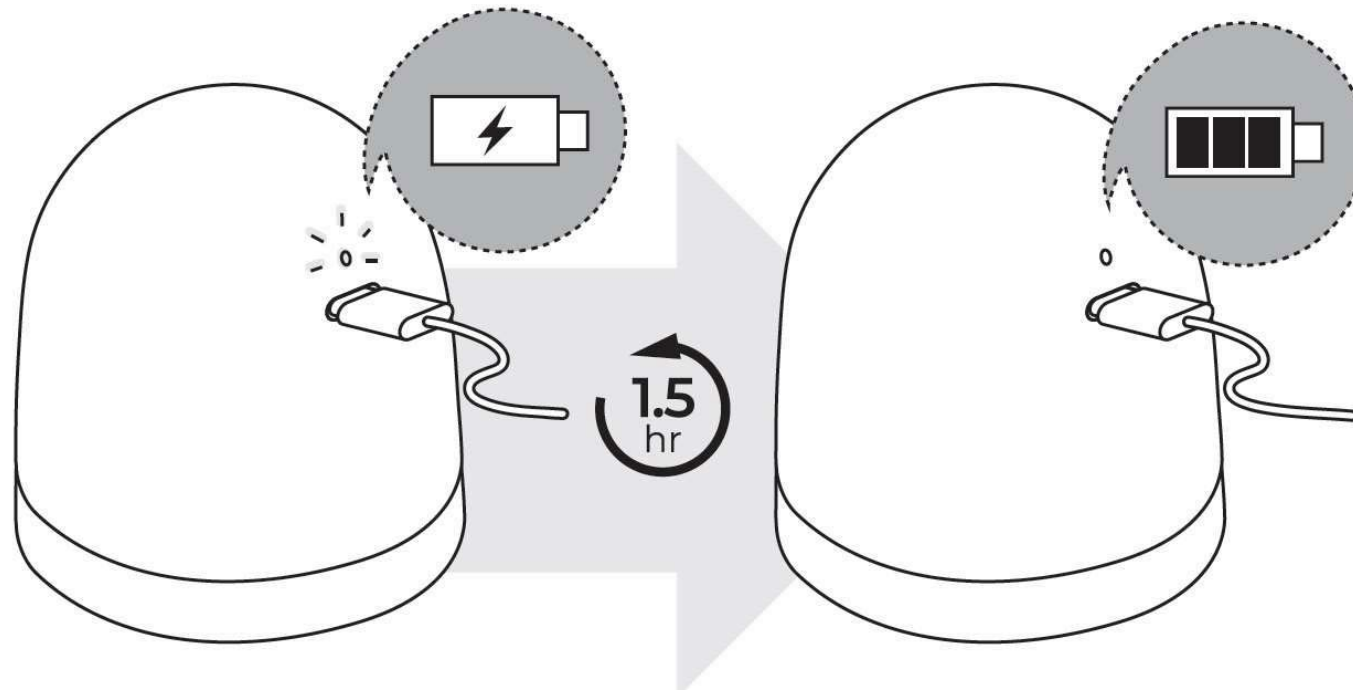
Select 'YES' button



Connected!

## Charging

Connect the provided USB Type-C cable to 8est, and then connect the other end to a charging adapter or the USB port. If properly connected, the product will enter charging mode with the white LED lit. It takes 1.5hrs to fully charge the product. Once fully charged, the LED turns off.



For the first-time use or when the product is not used for an extended period of time, fully charge the product before use. To avoid the discharge from an extended time of disuse, we recommend charging the product at least once every 3 months.

# Product Information

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Product Name	8est
Model Name	OA01
Dimension	67 × 67 × 73.5 mm
Weight	145g
Input	5V, 1.5A
Battery	3.7V / 1,200mAh (Li-Poly)
Color Temperature	6500K / 1800K
Charging Time	1.5 Hours to fully charge
Usable Time	6500K : 2 Hours / 1800K : 6 Hours
Option	Pouch, USB Type-c Cable(Adapter not included)
RF	BLE 5.3, Chip Ant (2.4Ghz, 40ch)
Country of Manufacture	Made in Korea
Manufacturer	LUPLE Inc.

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(This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions :

(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.)

# Caution

Do not stare into the light source for extended periods of time. Staring directly into the light source for an extended period of time may cause uncomfortable glare.

(Occasional glimpses of the light source lasting just a few seconds are not harmful.)

This product has built-in magnets that could affect medical devices such as cardiac pacemakers and defibrillators. Maintain a safe distance between this product and such medical devices. In addition, consult with your doctor before using this product.

Users who have a history of eye disease or are taking an antidepressant or a vision sensitivity drug related to light are recommended to consult with their attending physician or doctor before using this product

- Keep metallic objects, liquids, and foreign substances like dust away from the charger and battery contacts.
- If the product is damaged, starts to smoke, and/or produces a burning smell, stop using it immediately and contact the service center.
- Do not use the product while it's in a disassembled state. Do not disassemble or reuse the battery.
- Keep the product away from the mouths of infants, small children, and pets.
- Do not soak the product in water or use it in a humid or wet environment.
- This product's rated operating temperature range is 0°C to 35°C, and its rated storage temperature range is -20°C to 50°C. Using the product outside of these rated temperature ranges could damage the product and/or reduce the battery's service life.
- Close supervision is recommended when the product is used by or near children or by others who may not understand the need for these precautions.
- Do not use the product in a high-temperature environment and keep it away from heat sources.
- This product has been subjected to strict quality-control and testing processes.

# Warning

WARNING: This equipment may generate or use radio frequency energy. Changes or modifications to this equipment may cause harmful interference unless the modifications are expressly approved in the instruction manual. The user could lose the authority to operate this equipment if an unauthorized change or modification is made.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

## IMPORTANT NOTE : FCC RF Radiation Exposure Statement

This equipment complies with FCC RF radiation exposure limits set forth for an uncontrolled environment.

This equipment should be installed and operated with a minimum distance of 20 centimeters between the radiator and your body. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.



This device complies with Industry Canada license-exempt RSS standard(s). Operation is subject to the following two conditions: (1) this device may not cause interference, and (2) this device must accept any interference, including interference that may cause undesired operation of the device.

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes : (1) l'appareil ne doit pas produire de brouillage, et (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement. Attention: Tout changement ou modification non expressément approuvé par le fabricant peut annuler le droit de l'utilisateur à utiliser l'équipement. exposition aux rayonnements radiofréquences. Pour se conformer aux exigences de conformité de l'exposition IC RF, une distance de séparation d'au moins 20 cm doit être maintenue entre l'antenne de cet appareil et toutes les personnes

# Warranty

This product comes with a warranty as follows:

- The warranty period of this product is one year from the purchase date.
- A defective consumable or component is not a legitimate reason for returning the product.
- Depending on the nature of the malfunction, you could receive a replacement unit instead of having your unit repaired.
- If you mail your product to the Luple Service Center while the warranty is still in effect, the cost of shipping will be covered by us.
- If you require outcall repair services, you will be charged a service fee.
- Warranty terms and conditions vary depending on the country. No compensation is offered for losses or damages incurred due to the product being rendered unusable because of a malfunction.

This warranty does not apply to wear from everyday use, damages that do not impede functionality, or to damages caused by misuse, abusive use, and/or ignorance. Also does not apply if the product has been modified or disassembled without the permission of the manufacturer or modification and/or disassembly of the product was attempted.



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Manufacturer

**lu-ple**

LUPLE Inc.

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Seoul, Republic of Korea

Contact : [8est@luple.co.kr](mailto:8est@luple.co.kr)