

封面logo尺寸：36\*9.3mm或30\*7.7mm



1. Scale is a high-precision measuring device. Never jump or stamp on the scale or disassemble. Please handle the scale carefully to avoid breakage.
2. Place the scale on a hard, flat surface during use. Using the scale on a soft surface like carpet or linoleum may affect the accuracy of the scale readings.
3. To ensure weighing accuracy, please gently step on the scale to wake it up and wait at least 10 seconds before weighing yourself on the scale. You must also wake up the scale if it has been moved. Take your measurements at the same time each day to ensure the most accurate results.

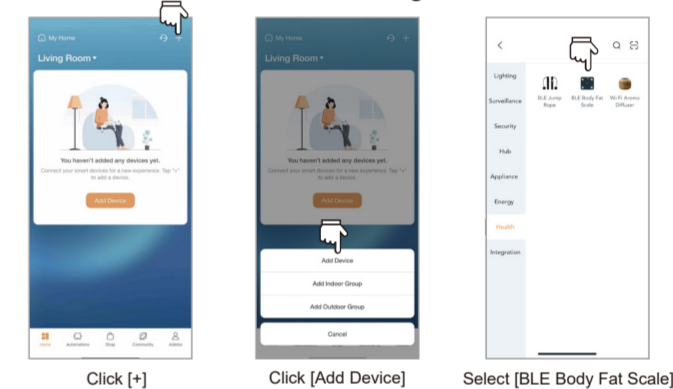
5. Before using the scale, make sure you have entered all your personal data through the Fitdays app.
6. Use the scale while barefoot. The scale cannot measure body fat percentage if you're wearing shoes or socks.
7. Make sure your feet are dry before weighing yourself.
8. This scale is not waterproof; never immerse the scale in water. To clean the surface, use a damp cloth or glass cleaner. Do not use soap or other chemicals.

50kg:±0.3kg	100kg:±0.4kg	180kg:±0.5kg
110lb:±0.66lb	220lb:±0.88lb	396lb:±1.1lb

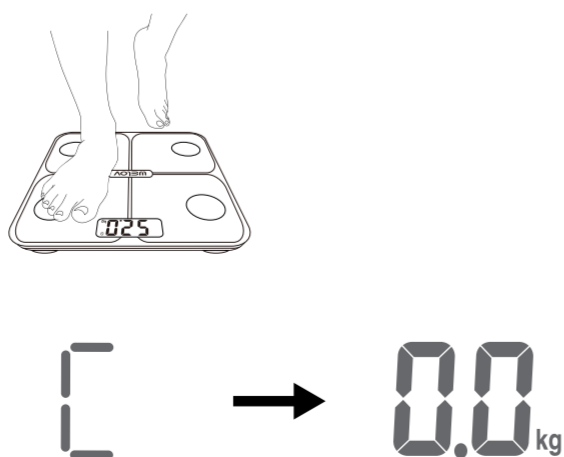
The Bluetooth Scale can connect with your mobile phone (Android 6.0+ & IOS 8.0+) or iPad via Bluetooth 4.0. Download the 'Aidot' app free from the App Store or Google Play.

Conductive areas

Turn on Bluetooth on your smartphone. Location also needs to be turned on for Android 6.0 or higher.



3.The scale will show “0.00”, indicating that the calibration process is complete.



### 1. Why doesn't the scale work? Why does the data on screen disappear in a flash?

- Please check the batteries are installed properly, replace batteries if necessary.

- Check that the phone's software is iOS 8.0 or higher or Android 6.0 or higher.

- Download and open the newest version of the Fitdays App.

- Enable Bluetooth on your phone. For Android 6.0 or higher, location needs to be enabled

- Ensure personal data is entered.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.