

Smart Watch

User Manual

Hereby, Shenzhen FreeYond Technology Co.,Ltd.
Declares that this Smart Watch is in compliance with the essential requirements and other relevant provisions of directive 2014/53/EU.

CAUTION :

1. Risk of explosion if battery is replaced by an incorrect type; dispose of used batteries according to the instructions.
- disposal of a battery into fire or a hot oven, or mechanically crushing or cutting of a battery, that can result in an explosion;
- leaving a battery in an extremely high temperature surrounding environment that can result in an explosion or the leakage of flammable liquid or gas;
- a battery subjected to extremely low air pressure that may result in an explosion or the leakage of flammable liquid or gas.
2. EUT Temperature: -5°C~+55°C(Standalone).

Frequency Range(RF):
BT: 2400-2480MHz (TX/RX);

FCC ID: 2ABFE-WF1

PRODUCT NAME: SMART WATCH
MODEL: Z303007W
COLOR: CLASSIC BLACK
INPUT: 5V=0.2A
MONTH AND YEAR OF MANUFACTURE: MARCH-2023
RECHARGEABLE LI-ION POLYMER BATTERY: 0.26Ah/3.7V

FCC Warning

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

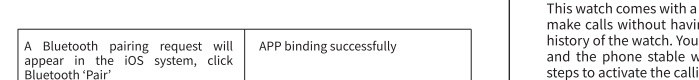
Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

Description of Appearance



Note: Please consult the product material in detail before purchase to avoid allergies to the material. Due to individual differences, if you encounter skin discomfort when wearing it, please stop wearing it and consult a doctor

Download the APP and bind the watch

Note: The mobile phone system must support Android 8.0 or iOS 9.0 and above, and Bluetooth 4.0 and above.

- (1)Download the APP
Scan the QR code and download the FY Watch application.



(2)Connect smart watch with FY Watch APP
After turning on the watch, please complete the pairing of the device and the phone through the FY Watch APP before it can be used normally.

APP Binding Steps:

Open the app, click "TO ADD"
Click on your device in the list of scanned devices



Note 1
The call option needs to be turned on before the APP binds the device, as shown in the figure below;
When the call option is turned on, the sound of the phone will be on the watch, if you don't want the sound of the phone to be on the watch, please turn off this option;
When you use this option and the watch battery life will be shorter. When you don't use the call or watch to sing, try to turn off this option;

Note 2
The call option needs to be turned on before the APP binds the device, as shown in the figure below;
When the call option is turned on, the sound of the phone will be on the watch, if you don't want the sound of the phone to be on the watch, please turn off this option;
When you use this option and the watch battery life will be shorter. When you don't use the call or watch to sing, try to turn off this option;

Note 3
The call option needs to be turned on before the APP binds the device, as shown in the figure below;
When the call option is turned on, the sound of the phone will be on the watch, if you don't want the sound of the phone to be on the watch, please turn off this option;
When you use this option and the watch battery life will be shorter. When you don't use the call or watch to sing, try to turn off this option;

Bluetooth Calling Function

This watch comes with a special feature of Bluetooth calling. The user can make calls without having to open the phone. You can also view the call history of the watch. You need to keep the connection between the watch and the phone stable when using the Phone Call function. Follow the steps to activate the calling function and much more.

Part A - How to connect

Step 1:
After connecting the watch to the FY Watch App, you need to go to the Bluetooth settings of the phone and pair the watch there as shown below.

Step 2:
After connecting the watch to the FY Watch App, you need to go to the Bluetooth settings of the phone and pair the watch there as shown below.

Step 3:
After connecting the watch to the FY Watch App, you need to go to the Bluetooth settings of the phone and pair the watch there as shown below.

Step 4:
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Step 5:
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Step 7:
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Step 8:
After connecting the watch to the FY Watch App, you need to go to the Bluetooth settings of the phone and pair the watch there as shown below.

Step 9:
After connecting the watch to the FY Watch App, you need to go to the Bluetooth settings of the phone and pair the watch there as shown below.

For iOS

Switch on the Bluetooth in the phone Bluetooth settings and you shall see the available device as BT_FY Watch F1



Once accepted you can see the following screens saying "Connected"

Bluetooth

Bluetooth

Bluetooth

Bluetooth

Bluetooth

Bluetooth

Bluetooth

For Android

When connect with FY Watch, the phone will pop "BT_FY Watch F1" Call Bluetooth request pairing



Once accepted you can see the following screens saying "Connected"

Bluetooth

Bluetooth

Bluetooth

Bluetooth

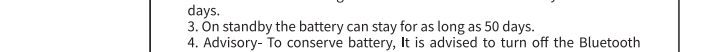
Bluetooth

Bluetooth

Bluetooth

Part B - Add contacts

You can add up to 8 contacts-Add the contacts from the FY Watch App. Go to "Favourite Contacts" and add contacts. The selected contacts will get synced to your watch.



Select the contacts you want to add

The contacts will get added.

Favorite Contacts

Favorite Contacts

Favorite Contacts

Favorite Contacts

Favorite Contacts

Favorite Contacts

Part C - Listen to Music

Listen to Music—You can Listen to Music on your Watch, when it is connected to your Phone Via Bluetooth Mode.

Part D - Battery Advisory

1. The battery lasts for 6 hours with Bluetooth calling mode enabled.
2. If the Bluetooth calling mode is disabled then the battery can last for 6 days.
3. On standby the battery can stay for as long as 50 days.
4. Advisory- To conserve battery, it is advised to turn off the Bluetooth when not in use.

Functions Navigation

The screen can be navigated by sliding left /right/up/down

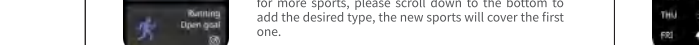
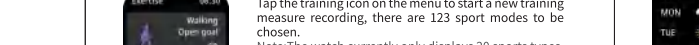
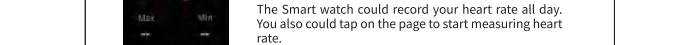


Watch Wearing and Charging

It is recommended to wear the watch with a moderate tightness at a distance two fingers far from your wrist to ensure that heart rate monitor works properly.

Charging

1. Plug the charger's USB port into a mobile phone charger or a computer USB port to charge the watch.
2. Attach the charging pin to charge the smart watch.
3. The charging icon will appear on the screen, indicating that the watch is being charged.
4. It is recommended to use computer USB ports or brand mobile phone chargers to charge the watch.



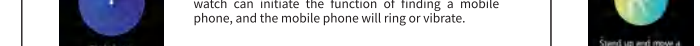
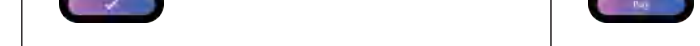
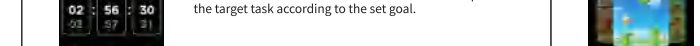
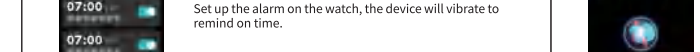
Use Of Functions

Activity
The watch automatically tracks the step taken on the screen.
NOTE: Your movement stats reset to 0 at midnight.



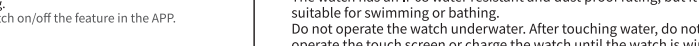
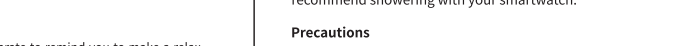
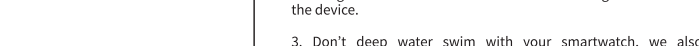
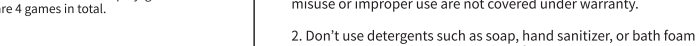
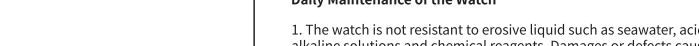
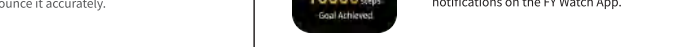
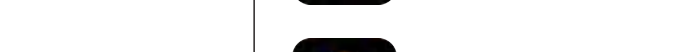
Stop Watch

Tap the start button on stopwatch page to start timing, and tap the stop button to stop timing.



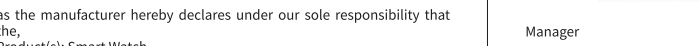
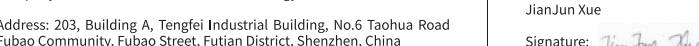
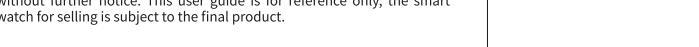
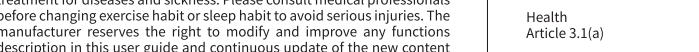
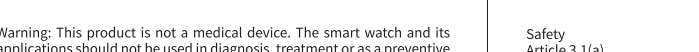
Calculator

A tool that can perform simple arithmetic calculations.



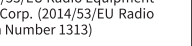
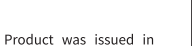
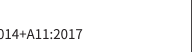
Remind to Drink

The smart watch will remind you "Time to Drink Water" at the planned drinking time.
Note: You can set the feature in the APP.



Goal Notifications

When the number of steps reaches the set goal, the watch will vibrate to remind you. Before using this function, you need to enable Goal notifications by tapping "Profile"-"My devices" and turning on Goal notifications on the FY Watch App.



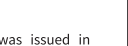
Daily Maintenance of the Watch

1. The watch is not resistant to erosive liquid such as seawater, acidic and alkaline solutions and chemical reagents. Damages or defects caused by misuse or improper use are not covered under warranty.
2. Don't use detergents such as soap, hand sanitizer, or bath foam for cleaning to avoid chemical residues from irritating the skin or corroding the device.
3. Don't deep water swim with your smartwatch, we also don't recommend showering with your smartwatch.



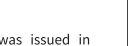
Weather

It could show the weather info of current and tomorrow on the weather page. Weather info is synced after connecting with the APP, it will not be updated after a long disconnected.



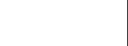
Shutter

Once the device is connected, you can remotely control your phone's camera to take photos by shaking your watch or touching the photo icon.
Note: This function needs to enter the camera interface in the FY Watch APP.



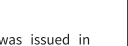
Player

After connecting the device, you can remotely control the music player on your phone.



Find Phone

When the watch is successfully connected to the APP, the watch can initiate the function of finding a mobile phone, and the mobile phone will ring or vibrate.



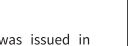
Remind to Move

The smart watch will vibrate to remind you to make a relax after 1 hour sitting.
Note: You can switch on/off the feature in the APP.



Disclaimers

Warning: This product is not a medical device. The smart watch and its applications should not be used in diagnosis, treatment or as a preventive treatment for diseases and sickness. Please consult medical professionals before changing exercise habit or sleep habit to avoid serious injuries. The manufacturer reserves the right to modify and improve any functions description in this user guide and continuous update of the new content without further notice. This user guide is for reference only, the smart watch for selling is subject to the final product.



EU Declaration of Conformity

In accordance with EU Directives and Regulations
Company name: Shenzhen FreeYond Technology Co.,Ltd.
Address: 203, Building A, Tengfei Industrial Building, No.6 Taohua Road Fubao Community, Fubao Street, Futian District, Shenzhen, China
Signed on behalf of Shenzhen FreeYond Technology Co.,Ltd.
(Signature of authorized person)
JianJun Xue
Signature:
Manager
Date: 2023-2-16

is in conformity with the essential requirements of the RE Directive 2014/53/EU:
Radio
Article 3(2)
EMC
Article 3.1(b)
Safety
Article 3.1(a)
Health
Article 3.1(a)
An EU Type Examination Certificate for this Product was issued in accordance with Annex III (Module B) of the 2014/53/EU Radio Equipment Directive by Bay Area Compliance Laboratories Corp. (2014/53/EU Radio Equipment Directive Notified Body Identification Number 1313)

as the manufacturer hereby declares under our sole responsibility that the Product(s): Smart Watch
Model name: Z303007W