

AI Smart Pillow Manual

PILLOW NAME Adjustable Height Smart Pillow

MODEL Q2

PILLOW SIZE $66x36x9.4cm (\pm 1cm)$

FILLER Memory foam

INNER COVER Polyester 94% + Spandex 6%

OUTER COVER Top: 88%polyester +12%polyurethane fiber Sides: gridding cloth 100% polyester Bottom: 88%polyester +12%polyurethane fiber

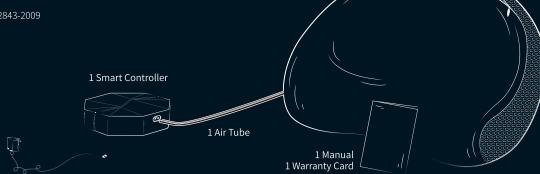
LENGTH OF AIR TUBE 1.8 meter

CONTROLLER SIZE 190*190*75mm

CONNECTION TYPE Bluetooth 5.0

ADAPTER 5V 2A

PRODUCT STANDARD GB/T 22843-2009



1 Power Adapter

1 set of pillow and pillowcase

Product Noise t

The controller adopts multiple noise reduction technologies and keeps noise lower than 35dbm when it is away from pillow 30cm.





Suitable Age

Suitable for 18-70 years old











Usage Environment



Environment temperature -5°C~40°C



Relative humidity <65%



Storage temperature -20°C∼55°C



Light condition

Do not expose to the sun



Cleaning

Outer pillow cover is suitable for machine, hand or dry wash, Pillow core(including inner cover) is not allowed to wash or disassemble.



Cautions

- ①Do not use under explosive hazardous environments as well as containing corrosive gas;
- ②Do not store in vapourish and musty environment;
- 3The room for use can not be exposed to rain, snow, sand and dust.



Installation of air tube

The air tube is responsible for inflation and deflation of air cushions in the pillow to realize traction and breath adjustment functions of the smart pillow, tightly connect air tube to port on the back of the pillow to ensure air tube inserted well into the groove of controller.



Power connection

Insert two ends of the power cord into Type-C interface of control box and power socket respectively.



Power button

[Turn on] Press and hold power button for 1 second, control box will turn on, indicator light of power button will be on, and control box will emit a "beep" sound;
[Turn off] In power-on state, press and hold power button for 1 second, control box will shut down, indicator light of power button will go out, and control box will emit a long "beep" sound.





IOS APP

Google Play

Bluetooth Connection

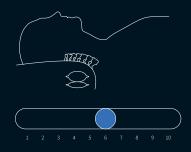
Download "Geeco" App, click Bluetooth icon to enter Bluetooth connection interface, click "Search Device", and select blue device of pillow



Please lie down on the center of smart pillow. Put your neck on neck support zone.

Adjustable Height Function

New users need to adjust a tailored "height" of pillow for natural sleep. The "Height" adjustment controls height of the pillow for neck support. You can adjust the most suitable height for personal use, so as to maintain healthy physiological curvature of cervical spine and better sleep. According to changes in the comfort level of cervical spine, it is recommended for users to adjust height of the pillow once a week.





Traction Function

(Start Traction)

You can press "Traction" button on control box or "Traction" on App's traction interface to enter traction mode.

[Strength Adjustment]

The level is strength of neck traction. There are 1-5 levels in total, of which level 1 is the lightest and level 5 is the most powerful. Press traction button on control box and system will automatically start traction at the third level. You can adjust the level through App.

【Time Adjustment】

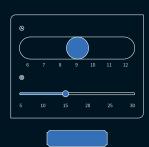
You can choose continuous traction for 5/10/15/20/25/30 minutes. If there is no adjustment, the preset traction will automatically work for 15 minutes. It is recommended that a traction time would not exceed 15 minutes.

[End Traction]

After traction time is reached, control box will automatically turn off traction function, and indicator light will go out.











Breath Regulation Function

[Start Breath Regulation]

You can press "Breath Regulation" button on control box or "Breath Regulation" on the interface of App to enter breath regulation mode.

[Breathing Rate]

The up and down of air cushion can affect your breathing rate. There is a 6-12 times/minute frequency range of the fluctuation of air cushion. If your breathing is relatively gentle, it is recommended to choose 6-8 times/min. If your breathing is relatively short, it is recommended to choose 9-12 times/min. Press "Breath Regulation" button on control box, the system will automatically start to rise and fall at 9 times/min; You can adjust frequency through App.

【Time Adjustment】

You can choose time of breath regulation for 5/10/15/20/25/30 minutes. If there is no setting, the system will automatically start with 15 minutes.

【End Breath Regulation】

When the time of breath regulation is reached, control box will automatically turn off breath regulation function, and indicator light will go out.

LED light

[Turn on LED] Touch "LED" button, LED button indicator light is on, LED atmosphere light is on, and control box makes a "beep" sound.

[Turn off LED] Touch "LED" button, LED button indicator light is off, LED atmosphere

Not suitable for the crowd People with intracranial electrodes People with pacemakers People with severe apnea (OSAS)

Prohibited crowd Postural vertigo, dizziness, disorientation Dislocation of cervical spine and facet joint disorder Those who have had recent head, neck or respiratory surgery

Warning ①The pillow contains air components inside, please do not apply non-head pressure to damage the pillow;②Do not use power adapters not provided by the company, so as to cause abnormal work or damage to the pillow; ③Do not put the pillow close to electric blankets or other heat sources, so as to damage the pillow due to high temperature; ④It is forbidden to drag air tube of the pillow forcefully; ⑤The breath regulation and traction functions are only suitable for back sleepers.

Precautions for use ①Follow manual of the product, if you feel uncomfortable during the use of smart pillow, please stop using it immediately; ②2. During working modes, smart control box may make sounds of inflation and deflation, which are normal; ③3. After the pillow is unpacked, there may be residual odor due to long-term sealed packaging. Please put the pillow in a ventilated place to eliminate the odor. The product has passed SGS environmental certification toensure no harm to the human body; ④4. In any case, do not open the pillow by yourself or non-professionals, so as to affect the use and cause the risk of electric shock.

FCC STATEMENT

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) This device must accept any interference received, including interference that may cause undesired operation.

Warning: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

Reorient or relocate the receiving antenna.

Increase the separation between the equipment and receiver.

Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

Consult the dealer or an experienced radio/TV technician for help.

FCC Radiation Exposure Statement:

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with minimum distance 20cm between the radiator & your body.

