



Smart Band QSG




Power on

Press the side button for 3 seconds or charge to start.



Download app


Scan the QR code below to download and install the watch app.



Scan QR code to download the APP

How to use smart band

Setup



Slide down


Slide up

Slide to the left

Slide to the right

List

Function



Slide down

Slide up

Slide to the left

Slide to the right

訊息列表

Connect the watch

Open the phone to set personal data

Switch to the (Device) page and click (Bind Device)

Click on your device in the list of scanned devices

Done

In the Watch Settings menu -About Interface, MAC address will be displayed , you can be identified by the MAC address.After the watch binding is successful, every time you open the client in the future,The watch will automatically connect with the phone.Data can be synchronized.

Main Interface Functions

When the band is paired with the APP for the first time, the phone will be synchronized time.

Sleep

Connected to the watch, you can view content in a mobile app.No need to setup. At night after 22:00, if it detects sleep, it will automatically go into sleep mode.

Heart Rate

The watch can record heart rate 24 hours a day, click the heart rate to measure the current heart rate interface. More detailed analysis and data logging can be viewed in the application.

Blood oxygen

Click the interface of blood oxygen to measure the current blood oxygen value,More Details can be viewed in the client.

Blood Pressure

Click the blood pressure interface to measure current blood pressure,More Details can be viewed in the client.

Weather

The current weather and air quality information can be displayed ,and what will happen tomorrow. The weather message needs to connect to the client . If you're disconnected for a long time,Weather information will not be updated.

Motion

Your watch can record quantities of steps and calories each day, and it can be displayed in the app.Click the motion icon to enter the motion mode. You can select various motion modes.

Music

When connected to the phone, the watch can control the phone's music player.

Exercise

A variety of exercise modes are available, including: walking, running, cycling, basketball, football, badminton, skipping, swimming and so on. More detailed data that you can view it on the client.

Messages

The watch can receive notifications on the phone, available on the app set the push switch on the client. Watch message pages can be stored the last five messages.

Camera

When connected to phone, the watch can be used as a remote control for the phone's camera.

Clock

Can set the watch clock, You can set 3 alarms at most. When setting the clock, the alarm icon displays and vibrates.

Cinema Scope

After turning on Cinema mode, the phone vibrate will be turned off and lowered Screen brightness. The switch can be set in the watch control center.

FCC Statement

This device complies with part 15 of the FCC rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

Sedentary reminder

The watch prompts you to get up and walk after an hour of sitting. The function can be set on the client.

Water Clock

The watch can tell you when it's time to drink water. The function can be set in the client.

Chronometer

Click the icon to enter the chronometer function.

NFC

NFC is an emerging technology that uses NFC technology for devices (such as phones) that can connect to each other. The close case for data exchange is by RFID and mutual Interconnect technology integration evolved. By integrating an inductive card reader on a single chip , inductive card and point-to-point communication function, using mobile terminals to realize mobile payment,Electronic ticketing, access control, mobile identity identification, anti-counterfeiting and other applications.

Others

The watch include: timer, menu view, vibration switch, brightness.

Note: According to the different configuration, do not have this function,please ignore!

Maintenance of equipment

Please following tips to maintain your watch:

1. Clean the watch regularly, especially the inside of the watch, to keep it dry.

2. Adjust the tightness of the watch to ensure the air circulation.

3.Wear a watch wrist should not use too much skin care products.

4. In case of skin irritation or discomfort, please stop to use it.

Precautions

1.Do not disassemble, squeeze, drop and make any other destructive operations on the band.

2.Do not contact benzene, thinner and other chemicals.

3.Please do not go near the strong magnetic field, electric shock station.

4.Do not place the smart watch in high temperatures.

5.Do not disassemble the product and its accessories. If the equipment or any of its components are not working properly.

6.Disposal of used device is subject to local relevant documents or policies regarding disposal of used devices.

7.It should not be worn in the shower. (The temperature should not exceed 45°C)

Tips

Why can't wear a watch to wash a hot bath?

The temperature of the bath water is higher, so there is a lot of water vapor, and water vapor is in the gas phase, Its molecular radius is small, easy to penetrate from the watch shell gap, when the temperature drops.After it will recondense into liquid droplets, easy to cause the watch internal circuit short circuit, Damage the watch circuit board, and then damage the watch.

Why does blood pressure value deviate from blood pressure monitor?

Deviations between watches and sphygmomanometer measurements are determined by a variety of factors, sphygmomanometer It was measured in the cerebral artery, and the watch was measured in the two main branches of the arterioles,The normal difference between aortic and arteriolar blood pressure measurements is three to fourTen; If you use a watch and a sphygmomanometer at the same time, because of the flow in the arteryIt's centrifugal blood, and the sphygmomanometer will measure it below the center of your elbowUnder pressure, the blood is temporarily unable to flow smoothly to the branches of the arteries below, The blood vesselsThe increase of tension will lead to greater deviations in the upper and lower blood pressure measurements.

Why can't the watch receive the message?

Settings for Android:

1.Ensure that the message push switch is enabled on the mobile client.

2.The message can be normally displayed in the notification bar of the mobile phone.If there is no message in the notification bar, the watch will unable to receive push. (You need to find the notification Settings in the phone Settings, open wechat,QQ, phone, SMS, mobile client notification switch).

3.Open the Accessibility Settings on the band (Find the accessibility in the phone Settings,Open the function Settings of the band)

Settings for Apple

1.Ensure that the message push switch is enabled on the mobile client.

2.The message can be normally displayed in the notification bar of the mobile phone.If there is no message in the notification bar, the watch will unable to receive push. (You need to find the notification Settings in the phone Settings, open wechat,QQ, phone, SMS, mobile client notification switch).

Warranty Policy

Product Name :

Product Model :

Customer Name:

Customer TEL. :

Customer Address :

Sales Name:

Sales TEL. :

Sales Date :

Sales Address :