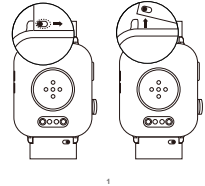# Quick Start Guide (EN)

R30Pro Smart Watch

Disassemble/assemble watchband

Please refer to the following figures, disassemble the watchband by rotating its pin button and lifting the watchband to remove it, and then release the pin button. And you can assemble a new watchband by operating in reverse procedures.

1

Charging voltage:	5V
Screen Size:	1.85 inch
Charging time:	2 hours
Battery capacity:	280 mAh
Battery life:	5-6 days
Waterproof:	10M
Bluetooth version:	BLE5.2
Screen material:	BOE Glass
Strap width:	20mm
Operating temperature:	-10℃-40℃

2

Control Your Watch

❶ Power Button

Press
● Wake the screen
● Return to the home screen
● Enter the menu interface

❷ Sport Button

Press
● Wake the screen
● Enter/Exit the sport interface
● Pause/resume the sport

Hold
● Power on / off the watch

❸ Touch Screen

● Hold the home screen to change the watch face
● Swipe to go to different interfaces
● Tap to enter the function
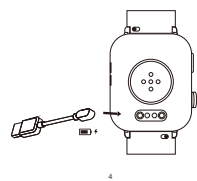● Swipe the screen to the right to return to the previous interface

Note:

The distance between the mobile phone and the watch shall be kept less than 10 meters please. And please refresh the interface of the APP if disconnection.

3

Using Your Watch

❶ Charging

Before using your R30Pro for the first time, charge the battery to its full capacity. It is recommended to use a conventional charger above 5V for charging, not the USB interface at the computer terminal.

·Place the magnetic charger on the magnetic charging points of the watch.

·While your watch is charging, the screen will show its progress.

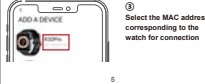·Once the battery is fully charged, remove the charger.

4

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❷ Install Da Fit App on your smartphone

You can download Da Fit App from Apple Store/Google Play or scan the QR codes Right to download

❸ Device Binding

①
Enable Bluetooth on your mobile

②
Open the app and click on "ADD A Device"

③
Select the MAC address corresponding to the watch for connection

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④
Select "pair" for pairing, and bind successfully

Scan the QR code Right and follow the video instructions to connect the watch

video guide connection

Note:
Only when your watch is connected to the Da Fit App, the App is running on your phone, and "Notifi-cation Alerts" is enabled in the app, will messages be notified.

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Quick Settings   Activity   Sleep

Recently Used   Heart Rate   Weather

Notifications   Blood Oxygen   More

Settings

.Display
① Brightness adjustment
You can set the brightness of the watch.
② Screen-off time
You can set up the screen-on duration subject to your preferences.

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.**Vibrate & Ring**
① Vibration only
You can choose to set up the alarm mode for any notification to vibration only, and return to the previous interface to set up the vibration level.
② Vibrate & ring
You can choose to set up the alarm mode for any notification to vibration & ringing, and return to the previous interface to set up the vibration level.
③ Mute
You can choose to set up the alarm mode for any notification to mute.

.**DND Mode**
You can choose to enable the No-disturb mode, which will disable notifications of message and incoming-calls.

③ Dial switching
You can set up the dial display subject to your preferences. There are 6 built-in dial options in total (of course, you can also customize the dial on the app).
④ View of master menu
You can set up the display style of the master menu subject to your preferences. There are 8 options in total available.
⑤ Screen-on switch with wrist turning
You can choose to turn wrist and wake up the watch.

8

-**Low Power mode**
You can choose to enable the power-saving mode, which will disable the functions of vibration and turn wrist to bright screen, and reduce the brightness of screen.

-**Phone**
You can choose to enable or disable the function of answering calls on the watch

-**Phone Reset**
You can choose to reset up the watch calls, including deleting call logs and contacts

-**System**
① restart
You can choose to restart your watch.
② shut down
You can choose to turn off your watch.
③ Restore factory
You can choose to reset. Note that if you choose to reset, all your data and settings will be deleted.

-**About**
① About interface
You will find all information related to the device here, including device name, Bluetooth name and version.
② App download QR code
Scan the QR code to download the Da Fit app.

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