## INTRODUCTION Thank you for choosing our smart sports watch, the watch integrates a number of intelligent functions such as exercise, health, goal achievement, message push, reminder, etc., which can enrich your smart life and scientifically guide the exercise health. For a better experience, please read the operation guide carefully before using the watch. PRODUCT CONFIGURATION: Host x1 Manual x 1 Strap x1 Charging cable x1 **1** PRODUCT NAME AND MODEL NUMBER: X20 MOY-ND2-1.6.1 OPERATING INSTRUCTIONS 1 Slide down the dial interface to enter the control centre. Slide up the dial interface to enter the message list. 3 Slide right in dial interface to enter function menu. Slide left on the dial interface to enter the first level card function. ACTIVATION AND CONNECTION Long press the crown for 3-5 seconds APP DOWNLOAD: iOS/Android mobile phone users: scan the QR code in the picture through the mobile phone scanning function, when the page jumps, select the corresponding way to download; 2 Android mobile phones can also be downloaded by searching for "Iowofit Lite" in the application market, and iOS mobile phones can be downloaded by searching for "Iowofit Lite" in the AppStore. Google Play | CONNECT THE WATCH: Watch factory first boot, make sure the mobile phone to open the Bluetooth. 2 In the settings to find the "add device", in the list of scanned devices click on your device. In the page pop-up Bluetooth pairing box with Bluetooth connectivity pairing success that binding is complete. BLUETOOTH RECONNECT: Beyond the Bluetooth connection range bracelet Bluetooth will be disconnected, when entering the Bluetooth connection range, open the APP Bluetooth will be automatically connected; Close the background of the application, restart the mobile phone or one key to clean up the application, the Bluetooth will be disconnected again, and it will be connected automatically after opening the APP again; 3 APP running in the background of the mobile phone is easy to be shut down by the phone, Android mobile phones can open the self-starting authority of the APP within the permission settings to prevent the Bluetooth connection instability caused by the disconnection problem.

The watch cannot be switched on, the duration of pressing the on button is too short, press for more than 3 seconds, the battery power is too low, please

The watch can't be charged normally, check whether the charging contact is in normal contact with the watch, whether the charger is normal, when the power is too low, it needs to be charged for a while before displaying the charging interface;

3 Software problems can be solved by restoring factory settings (this function may erase data, please be

The health data measurement results of this product is for reference only, not as any medical use and basis, if you feel unwell, please consult a doctor in a timely

manner, follow the doctor's instructions, not according to the product measurement results of self-diagnosis as well as treatment;

2 The watch/bracelet is not protected against water

pressure).

vapour, warm water, hot water, it can be protected against life splash water (it is not recommended that the watch/bracelet swims, it may be affected by water

Some functions may vary according to the software version, please check the version and update it in

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits aredesigned to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

Reorient or relocate the receiving antenna.
 Increase the separation between the equipment and

Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
Consult the dealer or an experienced radio/TV technician

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This device complies with Part 15 of the FCC Rules. Operation is

This device may not cause harmful interference
 This device must accept any interference received, including interference that may cause undesired operation.

subject to the following two conditions:

use the charging cradle to charge.

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