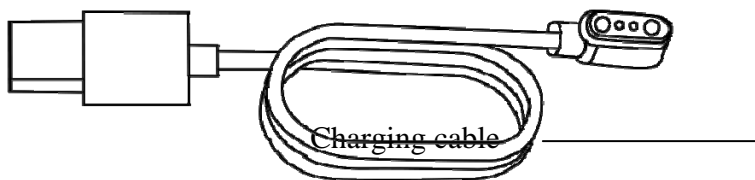


User's Manual

01 Introduction



Power Button: Press and hold it for 3S to power on/off the watch



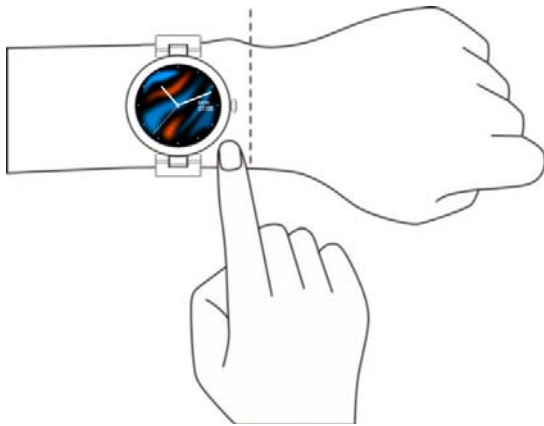
Note: Please fully charge the watch with the charging cable to turn it on when you receive it for the first time.

02 Wearing

Please wear the device on your wrist horizontally, a finger's width below your wrist bone.

And also adjust the tension of the wrist band to a comfortable position.

Tip: Too loose band may affect the accuracy of data collected by the heart rate sensor.



03 Connection and Binding

- ① Search and download "InxFit" **APP** from Apple Store or Google Play.
- ② With your mobile phone, scan the QR code of the **watch screen** (Settings - APP QR code) and then scan and install the APP.

You can also scan the QR code below to download and install InxFit in the application market.



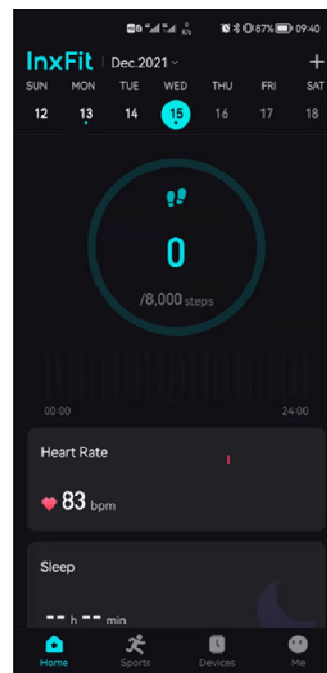
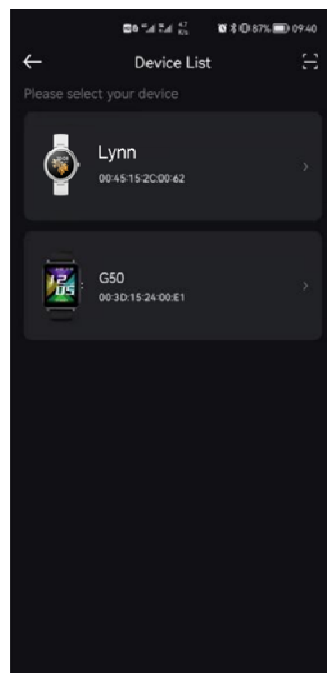
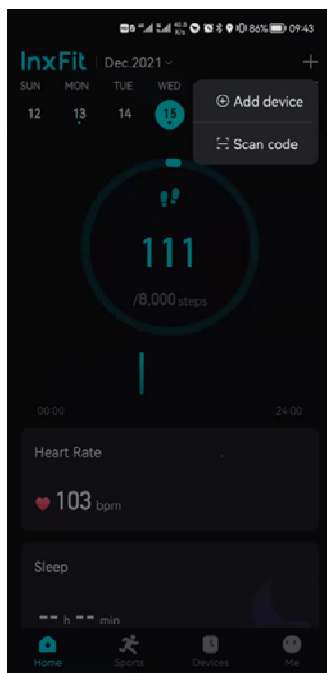
Note:

The InxFit app is only compatible with smartphones, not tablets or PCs.

Smart Phone System Requirements:

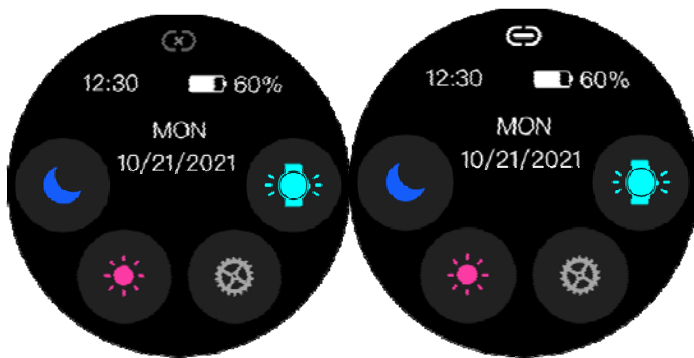
- iOS9.0 & higher
- Android 6.0 & higher
- Bluetooth 4.0 & higher

2. After installing the APP, Open InxFit APP and log in; Select “Lynn” on the device page to pair the watch to the APP.



Tips:

- ① In the process of pairing, please make sure the Bluetooth function of your smartphone is enabled.
- ② If the watch cannot be found in the process of adding the device, or the watch cannot be connected during use. Please turn on the watch, tap the “Settings” - “System settings” - click “Factory settings”, then try to connect the watch again.
- ③ If the watch still cannot be found, exit and re-enter the “InxFit” APP to try again.
- ④ The connection status of the watch is shown in the figure below:






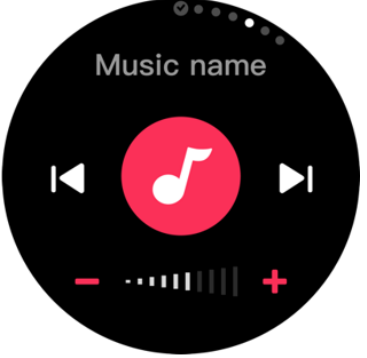
Unconnected Connected



04 Operation

1. Open the control panel: Swipe down from top to bottom on the homepage of the watch dial.
2. **Message Notification:** Swipe up from bottom to top on the homepage of the watch dial.
3. **Main Interface:** Click the power button.
4. **Open the status display interface:** Swipe to the left on the homepage of the watch dial.
5. **Shortcut to switch the dial:** Press and hold the dial interface for 2-3 seconds until the watch vibrates once, and then swipe to left or right to select the dial.
6. **Power-on:** Press and hold the power button for 3 seconds (**Power-off:** Press and hold the power button for 3 seconds when the display is on, then select power off)
7. Tap the power button to return to the homepage on the watch dial

05 Features

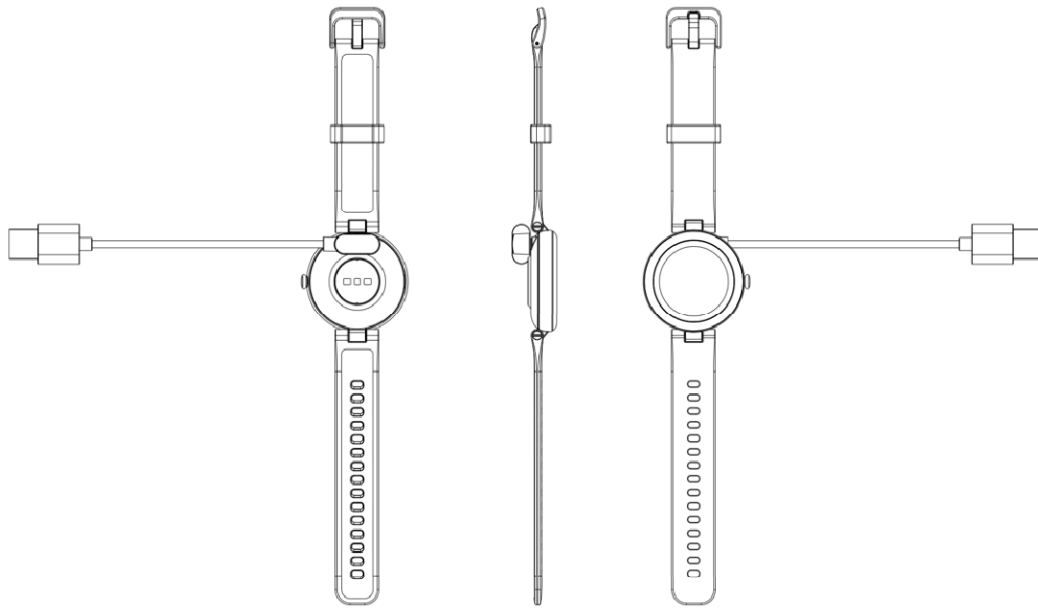
	<p>Multiple Sports Modes: running, walking, cycling, climbing, skipping, spinning, dancing, yoga, aerobics, badminton, tennis and other training.</p>
	<p>In Running or Walking mode, you can view the exercise data (heart rate, pace, exercise duration, calories, steps and distance).</p>
	<p>Heart Rate Monitor: Monitoring the heart rate for 24Hrs;You can also view the historical heart rate data in theInxFit APP.</p>
	<p>Blood Oxygen Monitor: The red light on the back of watch will be on when it is measuring your blood oxygen content, which can be completed in about 30~60 seconds.</p>

	<p>Women's Health: Women menstrual cycle reminder (Need to be set in the InxFitAPP)</p>
	<p>Status: Recording daily steps, distance and calories in detail.</p>
	<p>Sleep: Recording sleep duration and sleep status. (You can check more detailed data in InxFit App)</p>
	<p>Music Controller: Control the music playing of your smartphone. ;Adjust the volume, Play/Pause/Skip the tracks. (Note: It may not be compatible with some third-party players.)</p>

	<p>Messages Notifications: Check text messages or social media messages from your phone.</p> <p>(Note: The watch will only display the messages from compatible APP)</p>
	<p>Settings: QR code of APP, power-off, factory settings and other settings.</p>

06 Charging

1. Place the watch on the charger so that the charging contacts on the back of the watch are completely attached to the metal contacts on the charger. (The charging time is about 2.5 hours)



2. Connect the charging cable to a standard charger purchased from authorized distributors, with an output voltage of 5V and an output current of 1A.

If the watch cannot be powered on after being charged for a long time, please wipe the charging contacts of the charging cable when using it again to remove the residual sweat or moisture.

Note: (If the watch is not used frequently, please charge the watch once a month.)

07 Basic parameters

Hardware parameters	
Display	1.09inch TFT 240*240
Touch screen	Capacitive full touch
Bluetooth	BT5.0
Material of casing	ABS+PC
Material of band	Silicone rubber
Battery and battery life	210mAh polymer lithium-ion battery
	Battery life in standby mode > 30 days
	Battery life in using: 5-7 days
Button	Side power button

Charging mode	Magnetic charging
Waterproofing	IP68

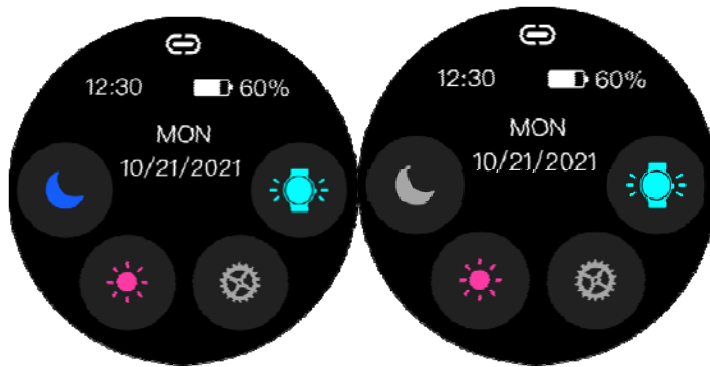
08 FAQ

1. Failure to pair the watch with the InxFitApp on your smartphone.

- ① Check whether your mobile phone system is Android 6.0 and later version, iOS 9.0 and later version;
- ② Make sure your smartphone's Bluetooth is enabled and the watch is not connected to other smartphones.
- ③ It is recommended to exit the InxFit APP and open it again, and re-enable the Bluetooth before connecting. Then try it again.

2. Failure to receive SMS / calls notifications.

- ① Check if the Bluetooth function on your mobile phone is enabled, and check whether the APP is keeping connected status with your watch.
- ② Check if you have authorized the InxFit APP to keep running in the background on your mobile phone. (Go to your smartphone Settings, find InxFit app, and enable the Notifications, Location and also allow it to keep running in the background)
- ③ Check whether you enable the notification function in the InxFit APP.
- ④ Check if your phone's drop-down menu can show you the message notification when a message comes in. If not, please go to the system settings to enable the permission of the APP message to pop up in the notification bar.
- ⑤ If the problem still exists, please unbind the watch, exit the APP to reset the watch, disable the Bluetooth function of the mobile phone; then re-pair the watch to your phone again.
- ⑥ Make sure the do-not-disturb function is not enabled in the app or the watch.



Do-Not-Disturb mode enabled Do-Not-Disturb mode disabled

3. How to synchronize the data?

①Automatic synchronization: After the watch is connected to the APP, the data will be synchronized automatically;

②Manual synchronization: After the watch is connected to the APP, you can manually synchronize the data by swiping down the homepage or data page of InxFit APP.

③If the data cannot be synchronized, please disable and enable the Bluetooth on the mobile phone again or restart the mobile phone;

(Note: TheFAQ in Help of the APP can help you solve some issues as well)

FCC Statement

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

RF Exposure Information

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.