

Smart Watch User's Guide

Wear it properly

The smart watch is best worn after the ulnar styloid

Adjust the size of the wrist according to the adjustment hole; buckle the wrist strap buckle.

The sensor should be close to the skin to avoid moving

Charge the smart watch

Use it for the first time to ensure that the battery is in normal condition. If the power is not turned on normally, please connect the charger to charge the device.

Install the smart watch app on your phone

Scan the QR code or go to the App Store, app download and install the app.



Android/iOS

System requirements: Android 5.0 and above; iOS9.0 and above; support for Bluetooth 4.0.

Device connection

- For the first use, you need to connect the APP for calibration. After the connection is successful, the smart watch will automatically synchronize the time.
- Turn on the Bluetooth switch of the mobile phone system → enter the app device module settings → click "Bind device, experience more features" to enter, it will automatically search for nearby Bluetooth devices on the smart watch, find and connect the smart watch device.

- After the pairing is successful, the APP will pop up a guide page. According to the instructions, jump to the mobile phone system Bluetooth search to find the WellAudio device and connect it. After the connection is successful, you can make / receive calls and listen to music (Note: If the mobile phone system Bluetooth has not been searched WellAudio equipment, please enter the Dual mode menu and set it to On,)
- APP will automatically save the Bluetooth address of the smart watch, and the APP will open and run in the background, and will automatically search and connect the smart watch;
- Android phones use all notification permissions to read contact information and give the app background running in the phone settings.

Smart watch function description

- Button: long press for 2 seconds to switch the machine; short press on any page to return to the dial; short press on the dial page to turn off the screen
- Slide down the standby page to enter the notification reminder, and slide up to enter the control center
- Swipe left or right on the standby page to cycle through the dials
- Long press on the standby dial page for 2 seconds to start the language assistant. (Note: The mobile phone needs to be connected to the WellAudio device at the same time, and the smart phone needs to set the user's voice in advance in the voice menu)
- On standby page, tap the screen to enter the main menu
- Smart watch reset device This function will clear all data of the smart watch(such as step counting)
- Switch to the heart rate three-in-one interface to start the test, heart rate three-in-one interface 60s timeout automatically off screen (heart rate and blood pressure need smart watch hardware support).

Clock interface

After synchronizing with the phone, the smart watch will automatically calibrate the time;

Step

Number of steps

Wear the smart watch and record the number of daily movement steps to view the current real-time steps.

distance

The distance of motion is estimated based on the number of walking steps.

Calories

Estimate the calories burned based on the number of walking steps

Heart rate, blood pressure, blood oxygen three-in-one

After entering the heart rate three-in-one test interface for a few seconds, the current heart rate, blood pressure, and blood oxygen test results are displayed. This feature requires a wristband to support heart rate and blood pressure sensors.

Music control

The smart watch can control the previous song and the next song, and pause / start playback. (Note: WellAudio devices need to be connected to use this feature phone)

Note: Connecting to WellAudio equipment for 5 minutes will automatically turn off the WellAudio function. If you turn on the music player, dial pad, phonebook, voice and other related functions again, it will automatically activate and you can use the WellAudio function normally.

exercise more

Running mode

The calories and duration of running consumption can be recorded under this interface;

Sit-up mode

This interface can record the calories and duration consumed by sit-ups;

Jump mode

In this interface, the calories consumed and the duration of the opening and closing jump can be recorded.

Volleyball mode

In this interface, you can record the calories and duration consumed by volleyball.

Basketball mode

In this interface, the calories and duration of basketball consumption can be recorded.

Badminton mode

In this interface, the calories and duration of badminton consumption can be recorded.

Riding mode

In this interface, you can record the calories and duration of cycling.

Tennis mode

In this interface, you can record the calories and duration consumed by tennis.

Sleep mode

When you fall asleep, the smart watch will automatically enter the sleep monitoring mode; automatically detect your deep sleep / light sleep / wake up all night, calculate your sleep quality; the wristband only shows the total length of deep sleep / light sleep / sleep, APP end can View sleep data details.

Note: Sleep data will be available when you wear your wristband and sleep will be smart watch from 10:00 pm. Sleeping data for 34 hours can be synchronized to the app while sleeping.

Information mode

When the smart watch pushes multiple reminder messages, enter this interface to view the last 3 message records.

Stopwatch function

Enter the stopwatch and click the start button to start timing, click the pause button to stop, and click the reset button to clear the timing.

the weather

Successfully connected to the APP, the smart watch can obtain the current weather data, the APP terminal settings-personal information-can set the temperature unit switch (the conversion between Celsius and Fahrenheit)

More menus

- About--You can view the project version number and Bluetooth name and other information
- Language--The device can directly set the language (it will automatically synchronize the current language of the APP after connecting to the APP)
- Time/date-the device can set the time and date

Custom watch face

You need to connect to the APP to get the dial settings, you can choose the recommended dial/default dial/photo album custom dial to synchronize to the smart watch

APP function and settings

Personal information

Please set your personal information after entering the app. Settings → Personal Information, you can set gender - age - height - weight - distance

You can also set your daily goal steps to monitor daily completions.

Application push

SMS notification:

In the connected state, if the SMS reminder function is enabled, the smart watch will vibrate when there is a text message.

Other reminders:

In the connected state, if this function is turned on, when there are WeChat, QQ, Facebook, etc. messages, the bracelet will vibrate to remind and display the content received by the app (you can also enter the bracelet information menu to view the recent message history) (required Give the APP access to system notifications, and the smart watch can display 20-40 words).

Note: Call push needs to connect to WellAudio device

Other functions:

Turn on the vibration setting function, when there are calls, messages or other reminders, the smart watch will vibrate. If it is off, the smart watch will only have a screen reminder without shaking to avoid interruption.

Tips for Android users:

When using the reminder function, you need to set it to allow "FitPro" to run in the background; it is recommended to add "FitPro" to the rights management and open all permissions.

Alarm setting

In the connected state, 8 alarms can be set. After setting, it will be synchronized to the smart watch; offline alarm is supported. After the synchronization is successful, even if the APP is not connected, the smart watch will be reminded according to the set time.

Looking for a smart watch

In the connected state, click the "Look for the smart watch" option and the smart watch will vibrate.

Remote photography

In the connected state, start the photo from the wristband or the

APP to enter the remote camera interface, shake/turn the wrist/touch the smart watch, and automatically take a photo after 3 seconds of counting down. Please allow the APP to access the photo album to save the self-portrait photo.

Sedentary reminder

Set whether to enable the sedentary reminder function, you can set the reminder interval, if you sit for a long time in the set time, the smart watch will remind you.

Raise your hand to brighten

Turn this function on. When the wristband is in the state of the screen, lift your wrist and turn the screen to yourself to light up the screen.

Do not disturb mode

Turn on the Do Not Disturb mode. You can set the Do not disturb time period. During the set time period, the smart watch stops receiving notification messages to avoid reminding messages.

Device reset

Setting this feature reset will erase all data in the smart watch (such as step counting)

Remove device

Remove device This feature will erase data and remove device

Basic parameters

| | | | |
|------------------------------|-------------------------------------|-----------------|-------------------------------|
| Equipment type | smart wristband | type of battery | Lithium polymer |
| Vibration motor | stand by | Synchronously | Bluetooth 4.0 |
| Operating temperature | -10°C~50°C | sensor | Low power acceleration sensor |
| System Requirements | IOS9 or above / Android5.0 or above | | |

Precautions

- Bathing and swimming should not be worn.
- Please connect the smart watch when synchronizing data.
- Use the included charging cable to charge.
- Do not expose the handle ring to moisture for a long time, where the temperature is extremely high or extremely low.
- The flashover of the wristband restarts. Please check the memory information of the mobile phone to clear it and try again, or exit the APP and reopen it.

Component introduction

*Host *Wrist strap *Charging cable *Packing box and manual

FCC warning statements:

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

Reorient or relocate the receiving antenna.

Increase the separation between the equipment and receiver.

Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

The device has been evaluated to meet general RF exposure requirement.