



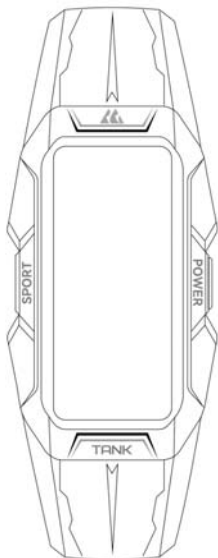
TANK X1

User Manual

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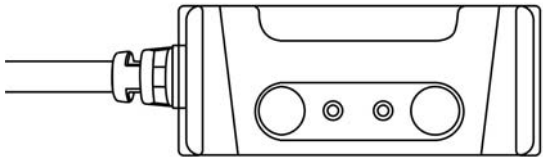
1. Packing List



Smart Band (Strap Included)



User Manual



Magnetic Charging Cable

2. About the Smart Band



3. About Band Keys

1) Power Key:



Press and hold the power key for 3 seconds to turn on/off the band.

Short press the power key to return to the previous menu.

Short press the power key to turn on/off the display.

2) Sport Key:

Short press to enter Sports Modes.

Press and hold for 2 seconds to end sports mode and save sports record.

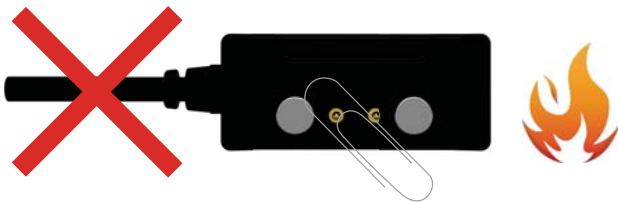


4、Charging Tips

- Please fully charge the smart band before first using it.



- When charging the smart band, please keep the magnetic charging cable away from any metal conductor to avoid a short circuit.



5. Pair & Connect

1) Two Alternative Ways to Download the App

a. Use your smartphone to scan the QR code below to download and install the App.



App QR code



KOSPET FIT

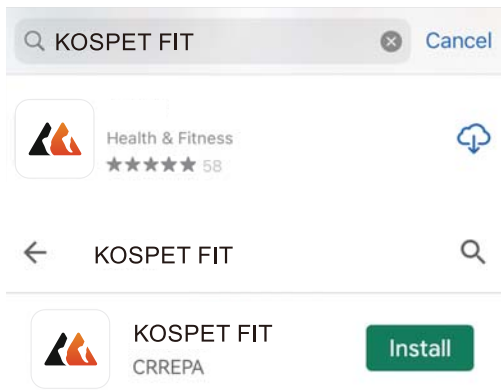
b. Enter "KOSPET FIT" in Apple Store or Google Play to download the App.



App Store

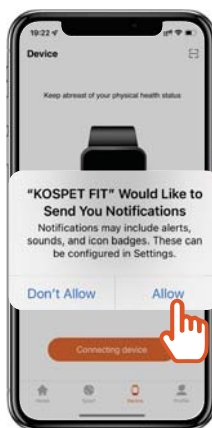
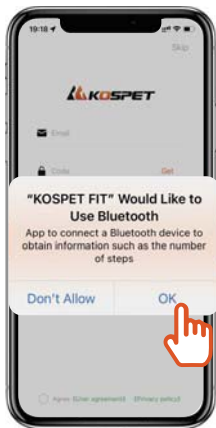


Google Play

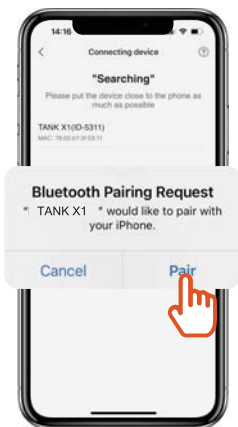


2) Pair and connect as follows

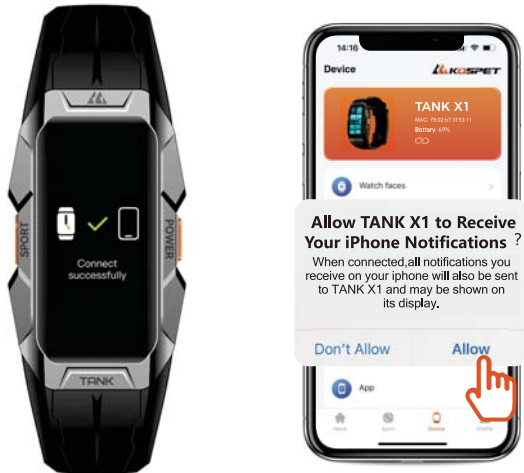
a. When first using KOSPET FIT, please allow it to access Bluetooth, location and grant other necessary permissions on your compatible smartphone.



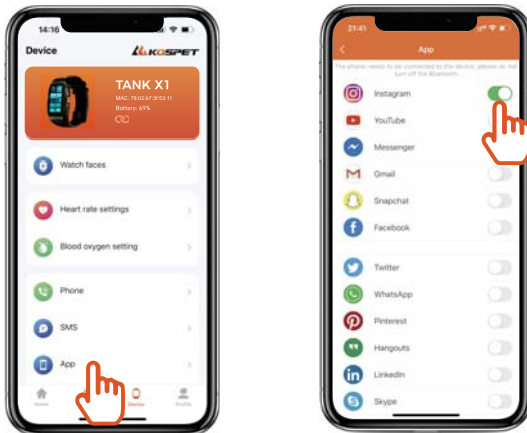
b. Enter "Search Device" in KOSPET FIT, find TANK X1 and tap "Pair".



c. Allow KOSPET FIT to access notifications of your compatible smartphone to connect the App with the smart band.



d. Necessary reminders can be set in KOSPET FIT for calls, text messages and applications.



6. Settings on Band Faces

1) Press and hold the band face for 2 seconds to quickly switch between band faces.



2) Settings on Always-on Display (AOD)

a. Enter “setting → AOD” to enable always-on display.



b. Enter “setting → AOD → Style 1” to set a band face for always-on display.



c. Enter “setting → AOD → Effective Duration” to set a schedule for always-on display.



7. Setting Alarm Clock

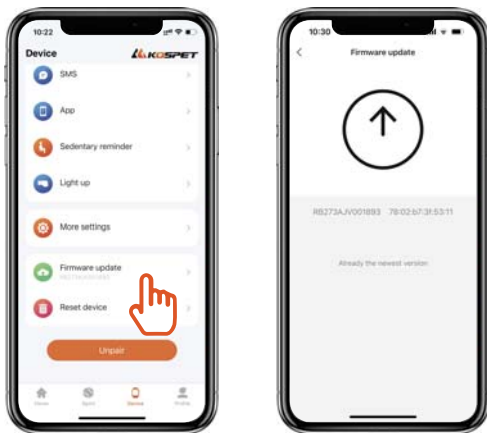
Enter Alarm Clock → tap “Add alarm” → Edit Alarm → Set time → Save.



8. Setting up Remote Control (Use the smart band to take photos or play music from your compatible smartphone.)



9. Updating firmware on KOSPET TANK X1



10. Setting up Sports Modes with Smart Recognition

Enter “setting → sport recognition” to enable sports modes with smart recognition. The smart band supports smart recognition of 4 sports movements — walking, running, elliptical and rower.



a. Walking can be activated by a continuous walk for 10 minutes.



b. Running can be activated by a continuous run for 3 minutes.



c. Elliptical and Rower can be activated by continuous exercises for 3 minutes on an elliptical trainer and a rowing machine respectively.



11. Quality Guarantee

To learn about our latest warranty policy, please visit KOSPET official website at:

Official After-sales Email: after-sales@kospet.com

12. FAQs

Enter KOSPET FIT and tap Help to view FAQs.

13. To Download User Manuals in PDF

Scan the QR code below to enter KOSPET Official Community and download the user manuals in PDF.



Official Community

14. Key safety Tips:

- 1) Do not expose the smart band to extremely high-temperature environments like scorching sun rays or around high-temperature devices, such as heaters, ovens, microwave ovens or water heaters. High-temperature environments may cause battery explosions or other safety accidents.
- 2) The product includes an irremovable lithium-polymer battery. Non-professionals are not allowed to disassemble it in case of a safety accident.
- 3) This product has passed multiple waterproof tests before launch. Considering different using habits, its internal parts may experience wear and tear, which affects its sealing performance. Therefore please wear and use the smart band carefully during swimming and diving, but avoid wearing it in a sauna room or for a hot shower.
- 4) This product is not designed as a medical device. The heart rate, blood pressure and other health data collected by it are only for reference rather than clinical basis.

15. Disclaimer:

This user manual is published by KOSPET that owns the right of final interpretation. We may make adjustments to this manual anytime if necessary. All pictures for describing functions are for reference only.

16. FCC Warning:

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

FCC Radiation Exposure Statement

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment .

This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter

Enter "setting ----> about"

