

KOSPET 用户手册

KOSPET User Manual

01 包装清单

01 Packing List

手表（含表带）	磁吸充电底座	保护膜	用户手册
Watch (Strap Included)	Magnetic Charging Base	Protective Film	User Manual

02 了解产品

02 About the Watch

电源键、运动键； 充电接口、心率感应区域；气压孔、喇叭孔

Power Key, Sports Key, Charging Port, Heart Rate Sensor, Air Pressure Hole, Speaker

03. 手表充电

03. Charging Tips

1、在您使用手表前，请先使用输出功率在 5V/500mAh 及以上的品牌充电器给手表充满电

Please use chargers with output power of 5V/500mAh and above to fully charge the watch before using it.

2、避免充电座因吸附金属制品短路

Please keep the magnetic charging base away from any metal conductor to avoid a short circuit.

04. 绑定手表

04 Pairing

4.1 下载 App

4.1 Three Alternative Ways to Download the App

4.1.1: 手机扫描下方二维码，下载并安装 App

Use your smartphone to scan the QR code below to download and install the App.



4.1.2: 在 Apple store 或者 Google Store 搜索“KOSPET FIT”下载 App

Enter "KOSPET FIT" in Apple Store or Google Store to download the App.

4.1.3. 本产品也支持 Glory Fit, 您可扫描下方二维码或在 Apple Store 或 Google Store 搜索下载 “Glory Fit”

The smartwatch can also be paired via Glory Fit. Scan the QR code below or enter “Glory Fit” in Apple Store or Google Store to download the App.



4.2 绑定手表

4.2 Pair as Follows

4.2.1 打开 KOSPET FIT, 给与 KOSPET FIT 所有所需权限, 注册并登录 APP

4.2.1 Turn on KOSPET FIT and grant all permissions. Register and log in to the APP.

4.2.2 在设备栏中点击“连接设备”, 在搜索页面选择对应的手表型号。

Tap “Connecting Device” in Device and select the corresponding watch model in “Searching”.

4.2.3 根据 App 提示配对手表, 允许手表获取手机通知权限

Pair the watch and allow it to receive notifications from your phone as requested by the App.

4.2.4 按需设置消息推送类型

Select messages and notifications that need notifying.

4.2.5 配对成功后, 您可按需对 APP 进行更多个性化设置。

Once the watch is paired, more customized settings are enabled in the App.

5. 按键功能

5. About Watch Keys

电源键:

Power key:

1. 长按电源键 3S, 开/关机

Press and hold the power key for 3 seconds to turn on/off the watch.

2. **短按电源键，返回上一级菜单；**

Short press the power key to return to the previous menu.

3. **短按电源键，开启或关闭显示屏**

Short press the power key to turn on/off the display.

运动键：

Sports Key:

1、**短按进入运动模式列表**

Short press to access Sports Modes.

2、**长按 3S 结束并保存运动记录**

Press and hold for 3 seconds to end sports mode and save sports record.

返回键：

Return key:

返回上一级菜单

Return to the previous menu.

6 音频设置

Audio Settings

6.1 **设置蓝牙通话：**

Set Bluetooth Calling:

6.1.1、**点击设置，点击“ 图标”开启（或关闭）蓝牙通话通能；**

Enter Settings and tap “ ” to enable (or disable) Bluetooth Calling.

6.1.2、**在 App 中点击“手表蓝牙通话”，同步联系人信息至手表，您可导入最多 100 个联系人信息。**

Tap “Bluetooth Call” in the App and sync Contact to the watch. A maximum of 100 contacts can be transferred to the App.

6.1.3、**接听手机端来电；**

Receive phonecalls from your phone.

6.1.4、直接在手表上拨打手机端电话；

Make phonecalls from your phone on the watch.

6.2 设置多媒体音频

Set Multimedia Audio

6.2.1 点击设置，选择“声音和振动”，开启（或关闭）媒体音频，使用手表音乐播放器播放手机上的音乐。

Enter Settings and select “Sound & Vibration” to enable (or disable) media audio, which allows the music player of the watch to play music from your compatible phone.

6.2.2 注意：开启此功能后，手机端所有多媒体音频都将通过手表播放

Note: Once the media audio is turned on, all multimedia audio from your compatible phone will be played on the watch.

7 表盘和主题设置

Settings on Watch Faces & Themes

7.1 表盘设置：

Set Watch Faces

长按表盘 2S，即可快速切换表盘；在 App 端下载更多表盘或自定义表盘

Press and hold the watch face for 2 seconds to quickly switch between watch faces. More watch faces can be downloaded and customized in the App.

7.2：熄屏显示

Always-on Display

开启熄屏显示，手表将可持续亮屏显示时间

The watch can display time continuously when its always-on display is on.

设置熄屏显示表盘

Set Watch Faces for Always-on Display

7.3 设置手表菜单风格

Set Watch Menu

8、运动模式：智能运动识别

Sports Modes with Smart Recognition

手表支持走路、跑步、椭圆机、划船机等四种运动状态识别：

The watch enables smart recognition of 4 sports — walking, running, elliptical and rower.

走路：持续走路 10 分钟可触发“走路”模式

Walking can be activated by a continuous walk for 10 minutes.

跑步：持续跑步 3 分钟可触发“跑步”模式

Running can be activated by a continuous run for 3 minutes.

椭圆机：持续动作 3 分钟可触发“椭圆机”模式

Elliptical can be activated by continuous exercises for 3 minutes on an elliptical trainer.

划船机：持续动作 3 分钟可触发“划船机”模式

Rower can be activated by continuous exercises for 3 minutes on a rowing machine.

09. 质量保证

09. Quality Warranty

请访问 KOSPET 官网售后服务政策页面 (<https://kospet.com/pages/returns-refund-policy>) 获取最新保修政策。

To learn about our latest warranty policy, please visit KOSPET official website (<https://kospet.com/pages/returns-refund-policy>) for our Returns & Refund Policy.

售后邮箱：after-sales@kospet.com

Official After-sales Email: after-sales@kospet.com

10、常见问题解决方案：

FAQ:

进入 KOSPET FIT，点击帮助，查看常见问题解决方案。

Enter KOSPET FIT and tap Help to view FAQ.

11. 电子说明书下载

To Download Electronic User Manual

扫描下方二维码，可以进入 KOSPET 官方论坛下载电子档说明书

Scan the QR code below to enter KOSPET Official Community and download the electronic user manual.



Official Community

12. 重要安全信息：

Key safety Tips:

1. 本产品的日常使用环境温度为-20°C~+50°C ;也可在温度为-40°C~+70°C的场所存放本产品及配件；温度过高或过低都有可能损坏您的设备或设备无法正常工作。

Temperature condition for normal work of the smartwatch is -20°C~+50°C; Temperature condition for storage (accessories included) is -40°C~+70°C. Please be noted that extreme temperatures may damage the device and cause malfunctions.

2. 不要将设备暴露在极高温环境或高温设备周围，如阳光、加热器、烤箱、微波炉或热水器，高温环境有可能导致电池爆炸引发安全事故。

Do not expose the device to extremely high-temperature environments like scorching sun rays or around high-temperature devices like heaters, ovens, microwave ovens, or water heaters. High-temperature environments may cause battery explosions or other safety accidents.

3. 本产品采用不可拆卸锂聚合物电池，非专业人士请勿随意拆解，以免发生危险。

The device includes an irremovable lithium-polymer battery, so non-professionals are not allowed to disassemble it in case of a safety accident.

4、产品防水性能说明：本公司产品的防水测试标准参照国际 IEC529 标准及美国军工认证标准 MIL-STD-810H 之有关规定执行，出厂前的测试均为静态防水测试。用户游泳或潜水佩戴属于动态防水，且根据水质、水温的不同，水的压力会有明显差异。因用户使用习惯的不同，也可能加速产品零部件的磨损，影响产品密封性能。因此，在水中使用时有进水的风险，请您谨慎佩戴手表游泳或潜水，禁止佩戴手表进入桑拿房、洗热水澡等。

About product waterproof performance: The water-resistant capacity of all our products is tested under IEC 529 and U.S. MIL-STD-810H. Each smartwatch has passed the static waterproof testing before launch. Dynamic waterproof, which functions when users wear the smartwatch for swimming and diving, varies considerably in water quality, water temperatures and water pressure. Considering different using habits, internal parts of the smartwatch may experience wear and tear to some extent, affecting its sealing performance. In the long run, there is likely a risk of submersion. Hence, you can wear and use the smartwatch during swimming and diving, but avoid wearing it in a sauna room or for a hot shower.

5、本公司产品非专业医疗设备，所检测出的心率、血压或其他健康相关的数值仅供参考，不可作为临床依据。

Our products do not belong to medical apparatus. Therefore, the heart rate, blood pressure and other health data collected by it are only for reference rather than clinical basis.

12. 特殊物质声明

About Special Substances in the Product

产品中有害物质的名称及含量						
Content of Hazardous Substances						
部件名称 SpecificPart	有害物质 Hazardous Substances					
	铅（Pb）	汞（Hg）	镉（Cd）	六价铬 （Cr6+）	多溴联苯 （PBB）	多溴二苯 醚 （PBDE）
手表本体 Watch Body	×	○	○	○	○	○
电池 Battery	×	○	○	○	○	○
充电座 Magnetic Charging Base	×	○	○	○	○	○
其他配件 Other Accessories	×	○	○	○	○	○

本表格依据 SJ/T 11364 的规定编制。

This table is prepared in accordance with the provisions of SJT 11364.

○: 表示该有害物质在该部件所有均质材料中的含量均在 GB/T 26572 规定的限量要求以下。

○: Symbolizes that content of a hazardous substance of all homogeneous materials in the particular part is lower than limits required in accordance with GB/T 26572.

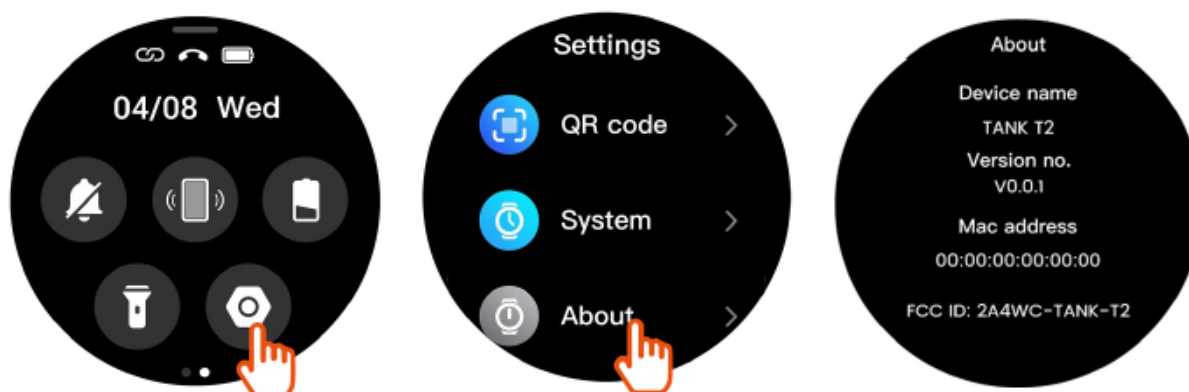
×: 表示该有害物质至少在该部件的某一均质材料中含量超出 GB/T 26572 规定的限量要求, 且目前业内无成熟的替代方案, 此产品符合欧盟 RoHS 指令环保要求

×: Symbolizes that content of a hazardous substance of at least one homogeneous material in the particular part is slightly higher than limits required in accordance with GB/T 26572. Although no mature alternative is yet available in the industry, the product still meets RoHS requirements for environmental protection.

13. Power and Frequency

TX Frequency	Bluetooth/Bluetooth BLE:2402-2480 MHz
RX Frequency	Bluetooth/Bluetooth BLE:2402-2480 MHz
Output Power	Bluetooth:8.05 dBm Bluetooth LE: -1.98dBm

E-label



14.免责声明:

Disclaimer

本用户手册由 KOSPET 出版，最终解释权归本公司所有。KOSPET 随时可能对本手册中的印刷错误、不准确的最新信息进行必要的更改，并可能对产品软件或外观进行必要的改进，恕不另行通知。如遇重大软硬件变更，将随最新改进后的新产品一起变更本手册，所有图片仅供功能说明参考，请以实物为准。

This user manual is published by KOSPET that owns the right of final interpretation. We may make necessary changes to this manual due to typographical errors or inaccurate up-to-date information. Necessary adjustments may also be made in product appearance or software anytime without notice. In case of major software and hardware upgrades, this manual will be altered together with the newly improved products. All pictures for describing functions are for reference only.

FCC Warning

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation. Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

FCC Radiation Exposure Statement

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment .

This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

Shenzhen Kospet Technology Company Limited

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