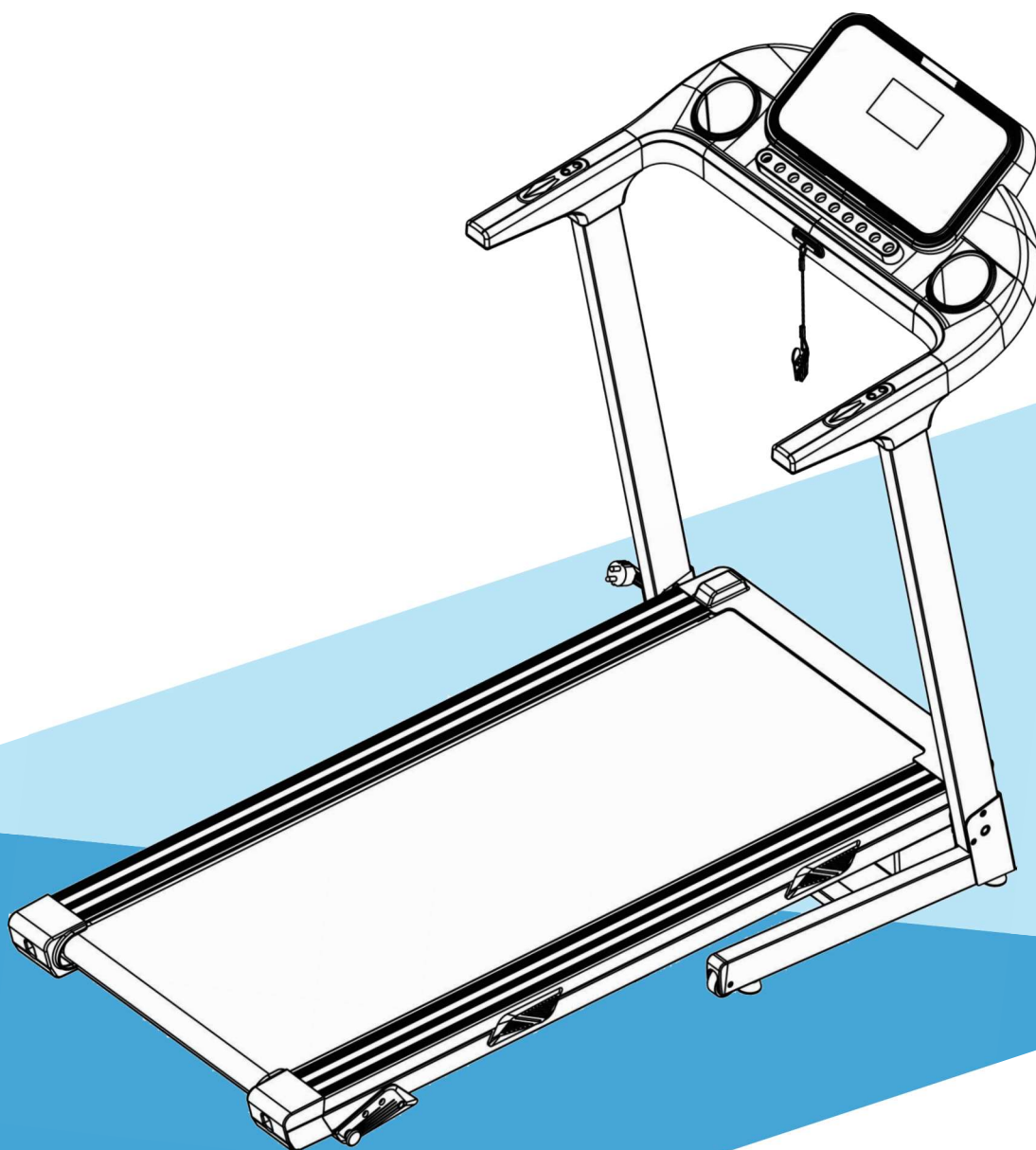


TREADMILL

USER'S MANUAL



Read all instruction carefully before use this product. Retain this owner's manual for the future's reference.

SAFETY PRECAUTIONS

Warning: Now here we suggest that you should consult with your physician or health professional before starting your workout, especially for the age up to 35 old or once-health problem people. We take no responsible for any troubles or hurts if you don't following our specification. Treadmill will be carefully assembled and covered the motor shield, then connect to the power.



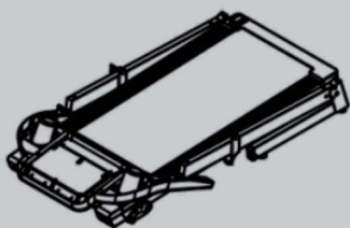
Attention

- ① Before using the treadmill, **please be sure to place the safety lock, otherwise it can not start**, make sure the safety switch clip on your clothes or belt.
- ② Position the treadmill on a clear, level surface. **Do not place the treadmill on thick carpet** as it may interfere with proper ventilation. Do not place the treadmill near water or outdoors.
- ③ Do not connect line to the middle of cable; do not lengthen cable or change the cable plug; do not put any heavy thing on cable or put the cable near the heat source; **forbid using socket with several holes**, these may cause fire or people may be hurt by the power.
- ④ Cut off the power when the equipment is not used. When the power is cut off, do not pull the power line to keep the wire unbroken. Insert the plug to the socket with the safety ground circuit, for the power-line is professional equipment. You must contact with the professional people directly while the line is damaged.
- ⑤ Please do not insert any items to any part of the equipment, which would damage the equipment.
- ⑥ Never start the treadmill while you are standing on the walking belt. After turning the power on and adjusting the speed control, there may be a pause before the walking belt begins to move, always stand on the foot rails on the sides of the frame until the belt is moving.
- ⑦ Wear appropriate clothing when exercising on the treadmill. Do not wear long, loose fitting clothing that may be caught in the treadmill. Always wear running or aerobic shoes with rubber soles.
- ⑧ Keep the children and pets away from the treadmill while starting workout.
- ⑨ Don't exercise in 40-Mins after dinner.
- ⑩ The equipment is suitable for adults, Juveniles need be accompanied with adults while workout.
- ⑪ You must hold on to the handrails until you become comfortable and familiar with the treadmill at your first start the workout.
- ⑫ Treadmill is indoor-using equipment, not outdoor-using for avoiding damage. Keep the store-place clean and flat, drying. Prohibiting the other purpose using, only for workout.
- ⑬ Please purchase the power-line to the distributor or contact with our company directly, for the power-line only equip to the treadmill.
- ⑭ If the treadmill should suddenly increase in speed due to an electronics failure or the speed being inadvertently increased, the treadmill will come to a sudden stop when the pull pin is disengaged from the console.
- ⑮ **Safety area behind the treadmill: 1000*2000MM**

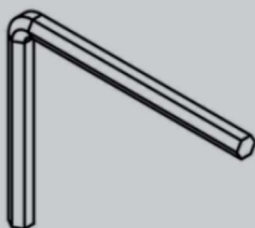
ASSEMBLY INSTRUCTIONS

When you open the carton, and you will find the below parts in the carton.

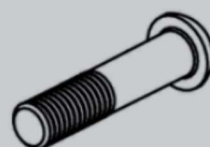
PART LIST



NO.1 Main Frame *1



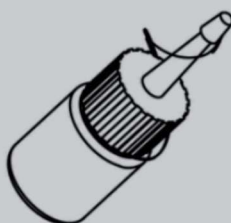
NO.8 5# Allen Wrench *1



NO.56 Bolt (M8*42) *2



NO.67 Lock washer (8) *6



NO.39 Oil bottle *1



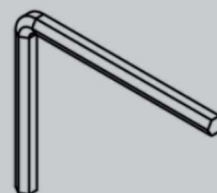
NO.38 Safety key *1



NO.60 Bolt (M8*16) *4



NO.45 Power Wire *1

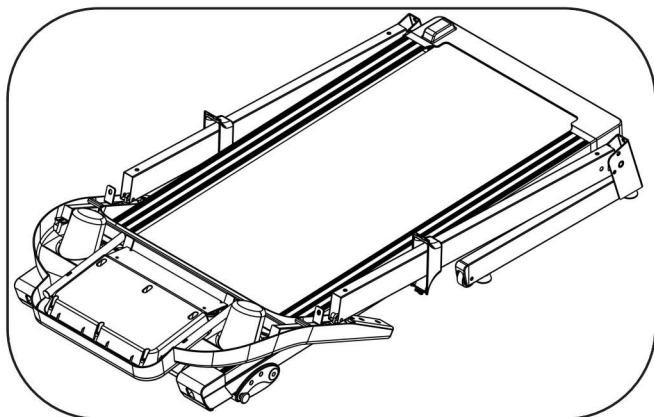


NO.64 6# Allen Wrench *1

FIXING TOOLS:

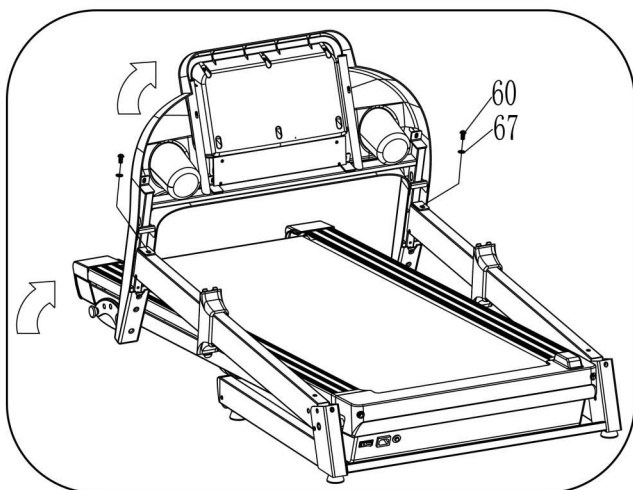
5# Allen Wrench 5mm 1pc, 6# Allen Wrench 6mm 1pc.

Notice: Do not get through power before complete assembly.



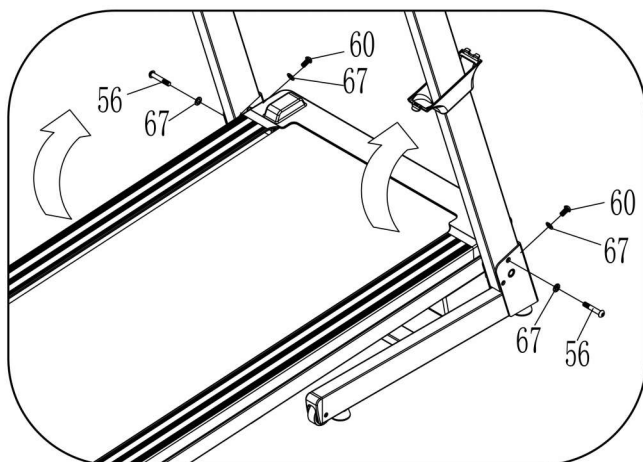
STEP 1

Open the carton, take out the above spare parts, put the Main Frame on the level ground.



STEP 2

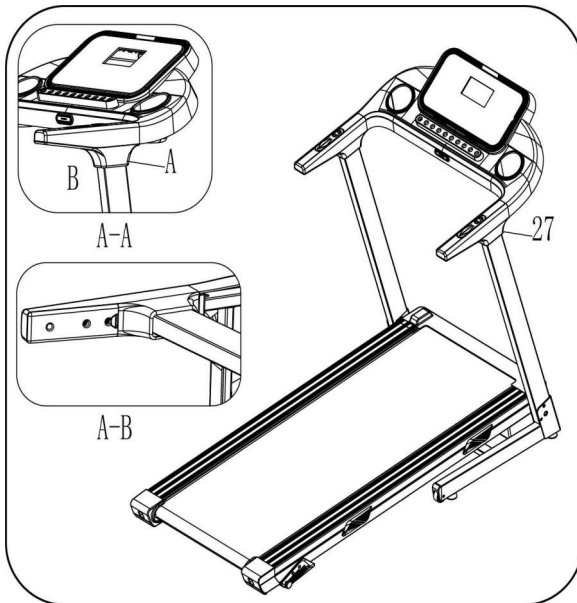
Hold on the Computer frame and use the 5# Allen wrench, bolt(60) and lock washer (67) , fix the computer frame onto the right and left upright.



STEP 3

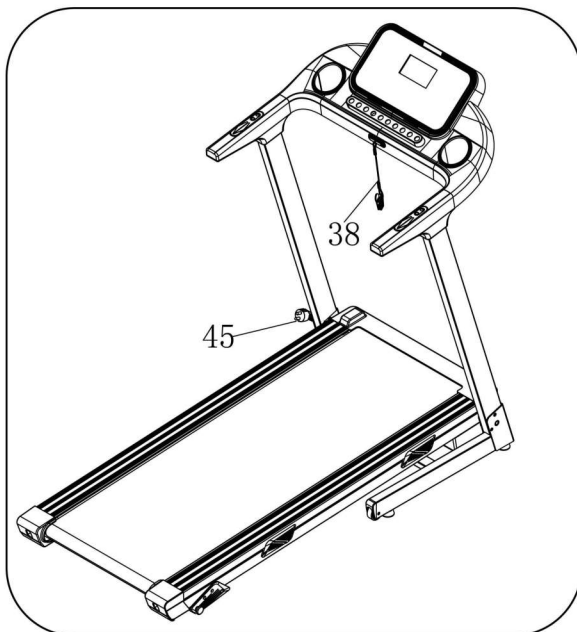
1.Push up the Computer and L&R uprights.
2.Use 5# Allen wrench , firstly lock upright onto base frame by bolt (56) and lock washer (67) , then lock upright onto base frame by bolt (60) and lock washer (67).
Left the same as right, see left picture.

Notice: Support the upright with hand to avoid falling down to have any hurt.



STEP 4

1. Insert end A of the column decoration cover (27) into the electronic watch first, and then button end B up, as shown in (A-A), and then push the column decoration cover towards end B to make the buckle, which is stuck in the card slot as shown in (A-B).
2. Left side and right side, such as left view:



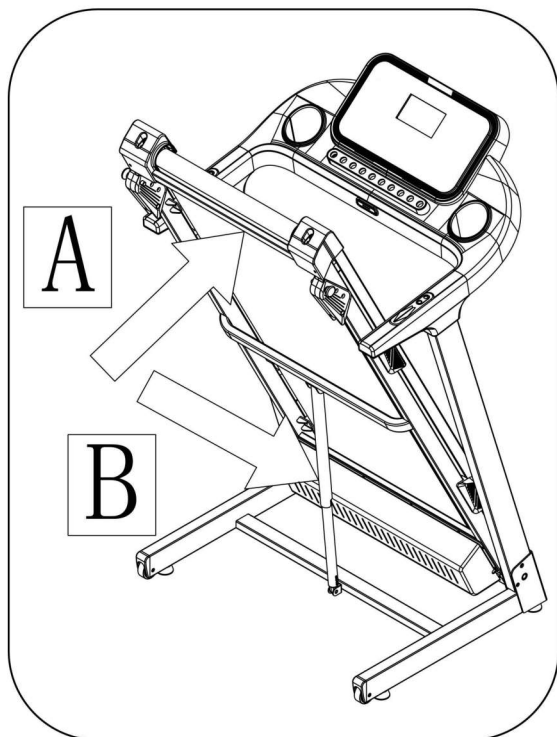
STEP 5

1. Put the safety key (38) on the computer;
2. Connect power wire (45) ;

ATTENTION : Please confirm complete assembly as the require above and lock all the bolt. Do the following operation after checking everything is OK. Before you use the treadmill, please read the instruction carefully.

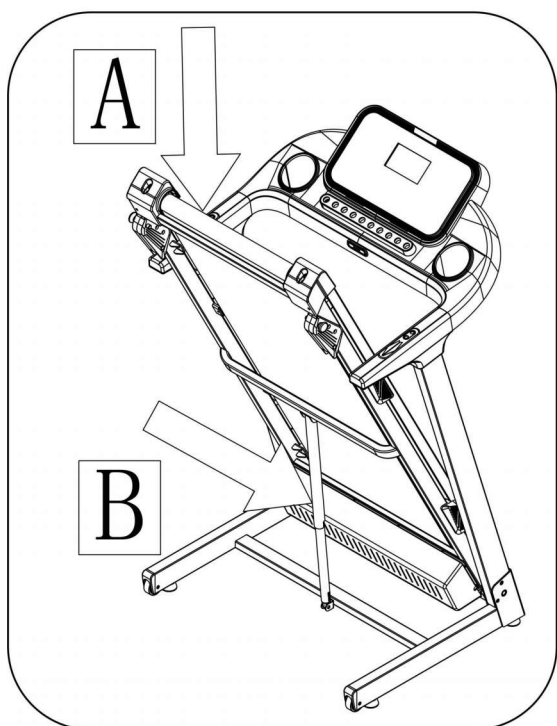
FOLDING INSTRUCTION

When you open the carton, and you will find the below parts in the carton.



Pulling up

Pull up the base frame at position (A) till hearing the sound that the air pressure bar (B) is locked into the round tube.



Pulling down

Support place A with hand , kick the place of air pressure bar, then the base frame will fall down automatically

(Please keep anybody and any pet away the machine when falling down).