

英文

English Version

I. Instructions for Use

Warning reminder: This product needs to download the APP, connect to Bluetooth through the APP, and cannot be connected to Bluetooth directly. Please be aware.

1. Smartwatch can detect heart rate and blood oxygen, but cannot be used for any medical function.

2. Charging: Please charge your smartwatch before use and make sure it is fully charged. Please make sure the 2 magnetic charging cable pins are aligned with the 2 charging contacts of the main unit, or plug the charging cable into the USB adapter (update G1.10). Please make sure that the metal contacts are free of dust, corrosion and moisture when charging. The charging icon appears on the screen of the smartwatch. If you don't use your smartwatch for a long time, please charge it once a month.

3. Do not use a power adapter with an output current of more than 2A to charge, otherwise the smartwatch will be damaged.

4. Do not shower with hot water or place the smartwatch at high temperature; otherwise the water resistance of the smartwatch will be damaged.

5. Do not charge in wet or watery conditions.

II. Appearance

1. Product introduction

2. Remove Strap and Charge Mode

2. List of Package Contents

A. Packing box\*1

B. Smartwatch\*1

C. User's manual\*1

D. Magnetic USB cable\*1

Note: Android supports 5.0 and higher; iOS supports 10.0 and higher; Bluetooth hardware 5.0 and higher

Bind the smartwatch. Click on the selection of bond device and then find the device you want to connect to. If there are multiple devices in the vicinity, select the MAC address of the smartwatch you want to bind. If the smartwatch is successfully tied to the phone, the Bluetooth icon will be displayed at the top of the smartwatch.

IV. Product Parameters

Max. control app: 1000+pieces	Compatibility: iOS 10.0 or above
Bluetooth: 5.0 BLE	Android 5.0 and above
Screen size: 1.39 inch, 191° ultra screen	Fits most mobile devices on the market
Battery capacity: 300 mAh	
Battery type: Polymer battery	
Use time: 3-7 days	
Waterproof level: IP68	
Charging method: magnetic USB cable	
Operating temperature: 0-40°C	

V. Instructions for Use

Press the side button or lift your hand to wake up the screen, and press and hold for 3 seconds to return the homepage in the home page. Slide up to enter the information bar. Slide down to enter the control center. Slide left to enter the sports data. Slide right to enter the function list.

VI. Function Description

1. Dial Replacement

Long press the home page for 3 seconds to enter the dial replacement. Or download the dial replacement on the APP side.

2. Control Center

Slide down to enter the control center. They are: Brightness Adjustment, Do Not Disturb Mode, Find my phone, System, Shutdown and Settings.

3. Brightness adjustment

Slide down to the control center and click the brightness adjustment icon to adjust the brightness of your device.

4. Do Not Disturb Mode

Slide down to the Control Center and click the Do Not Disturb icon to confirm that Do Not Disturb mode is on.

5. Find my phone

Slide down to the Control Center, click Find my Phone, and your phone will vibrate to alert you.

6. System

Slide down to the Control Center and click System to view the system version.

7. Settings

Slide down to the Control Center and click Settings to enter the function settings.

7.1. Screen Display

7.2. Vibration intensity

7.3. Language switch

7.4. QR Code

7.5. system

8. Information

Slide up to enter the message bar to view the message.

9. Sports data

Slide left once to view sports data and record steps, calories, and kilometers respectively.

10. Heart rate

Slide left twice to enter the heart rate interface, start measuring and displaying heart rate data.

11. Sleep detection data

Slide left three times to view daily sleep detection data (note: the default time is 9:30 p.m. to 12:00 noon the next day).

12. Blood pressure

Slide right to enter the list function, click on blood pressure to start measurement and display blood pressure data.

13. Blood oxygen

Slide right to enter the list function, click blood oxygen to start measurement and display blood oxygen data.

14. Sports mode

Slide right to enter the list function, click to enter the sports mode and select your preferred sports mode.

15. Weather

Slide right to enter the list function, click the weather icon and view the weather.

16. Female health function

Slide right to enter the list function and click the Female health function to view the cycle.

17. Music control

Slide right to enter the list function; click the music control to adjust the upper and lower song titles.

18. Stopwatch

Swipe right to enter the list function; click the stopwatch icon to enter the stopwatch timing.

Note: This function is only supported by Android system

VII. Other Functions

VIII. Cautions

1. Why should I wear my smartwatch tightly when testing my heart rate?

Light reflection: the smartwatch penetrates the skin with a light source and collects the signal reflected on the sensor to calculate the heart rate. If not worn tightly, ambient light will enter the sensor and affect the measurement accuracy.

2. Not recommended to wear in a hot bath: the first factor is hot bath will produce steam due to the high temperature of the bath water. It is easy to produce a lot of steam. Steam is a gas with a small molecule radius, so they can easily penetrate the gap on the intelligent smartwatch casing. When the temperature drops, the water will gradually condense into water droplets, which will cause damage to the circuit board and further damage the smartwatch.

3. When connecting Bluetooth: Make sure the Bluetooth of your phone is turned on and the smartwatch is powered on. When doing a Bluetooth search, please make sure the smartwatch is not connected to another account number; when doing a Bluetooth search, please keep the smartwatch and the phone as close as possible.

4. If the user's phone has installed other software, such as Mobile Manager, in order to ensure the normal operation of the background APP, please turn on the phone's message push and allow background operation, otherwise it cannot push messages.

5. To ensure the accuracy of the test data, after entering the blood oxygen test mode, stay relaxed and still during the test and make sure the smartwatch and your hand are at the same height. Please do not talk during the test. (This function provides data reference for blood oxygen changes before and after human exercise and cannot be used for medical purposes).

Battery Information

Battery material	Lithium polymer battery
Battery model	402026
Battery power parameter	0.74Wh
Nominal Voltage	3.7V
Rated Capacity	200mAh

Warning

This product is not a medical device. This smartwatch and its applications are not available for diagnosis, treatment or preventive therapy of diseases. Consult a medical professional before changing your exercise habits and sleep habits to avoid serious injury. The manufacturer reserves the right to modify and improve the functional descriptions of the user guide, as well as to update the content on an ongoing basis without notice. This user guide is for reference only, for smartwatch sold here, please refer to the final product.

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This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

**Note:** This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.