



Thanks for purchasing this product.  
Please read this Manual carefully before use.

Model	A200	Screen Type	TFT-LCD
Battery capacity	110mAh	Charging Voltage	5V±0.2V
Charging Time	2hours	Weight of Product	28g
Waterproof level	1ATM	Bluetooth Version	BLE5.1
Operating Temperature	-20°C-50°C	Product Frequency	2402-2480MHz



Scan the QR code  
for more function information



## Quick Start (EN)

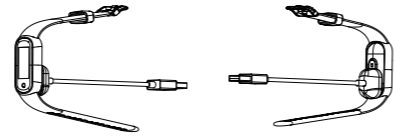
### 1. Know the Device



#### Functions of the Touch key:

- Click the Touch key to:
1. Return; or
  2. Turn on the screen

### 2. Power On/Off



Note: the Bracelet must be activated through charging before the first use.

- (1) Pull the strap and remove the main body of the Bracelet;
- (2) Insert the metal charging terminal of the main body into the USB port to charge the Bracelet (please use the specified voltage and current (5V/500mA), and be careful not to reverse the polarity).

#### Charging and Power-on

##### Power Off

Shutdown path: [Setup]→[Power Off].

## Downloading and Pairing

### 1. Download the APP

Scan the following QR code to download "VeryFit" or search for and download "VeryFit" in "APP Store" on your phone.



### 2. Pairing

Turn on the APP and Bluetooth. Search and select the device in the APP.

Finally, bind the device in the APP.

## Screen Operations

#### Swipe the screen up/down

1. To switch among pages at the same level; or
2. To view long text or details.

#### Swipe the screen left/right

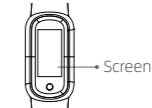
1. To switch among pages at the same level.

#### Click the screen

1. To go to the sub-page;
2. To complete the corresponding action, depending on which on-screen button is clicked.

#### Click and hold the screen

1. To change the watch face wallpaper.



2. Keep the device dry;
3. Do not wear the device too tight.

- \* Do not use household cleaners to clean the device. Use soap-free cleaners instead.
- \* For stains that are difficult to remove, it is recommended to scrub with alcohol.

Waterproof performance: the device is not suitable for diving, swimming in the sea or sauna. It is suitable for swimming pool, shower (cold water) and swimming in shallows.

## Functions

A200 supports 1ATM, full-screen touch, follow-hand operations, 14 sports modes, multiple dials in the cloud, and HR, SpO2, stress and sleep monitoring. For the operating instructions and FAQ, please start the APP and consult the User Guide.

## Maintenance

Below are three recommendations on wearing and maintenance:

1. Keep the device clean;

## クイックスタート (JP)

### 1. ウォッチの説明

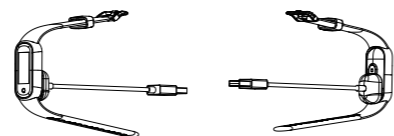


#### タッチキーの機能:

タッチキーをクリックする:

- 1.戻る、または
- 2.画面をオンにする。

### 2. 電源オン/オフ



注: はじめて使用する際には充電してからブレスレットを起動する必要があります。

- (1) ストラップを取り外し、ブレスレットを外します;
- (2) 充電コネクタをUSBポートに接続してブレスレットを充電します (指定した電圧と電流 (5V/500mA) を使用し、プラスとマイナスを反転させないように注意してください)。

#### 充電と電源オン

##### 電源オフ

シャットダウンの手順: [設定]→[電源オフ]。

## ダウンロードとペアリング

### 1. アプリのダウンロード

次のQRコードをスキャンしてVeryFitをダウンロードするか、携帯電話のAPPストアでVeryFitを検索してダウンロードしてください。



### 2. ペアリング

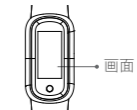
アプリを起動し、Bluetooth機能をオンにします。アプリでデバイスの検索と選択を行います。最後に、アプリでデバイスと接続すると完了です。

#### 画面をクリック

1. 下位ページに移動する;
2. どの画面上のボタンをクリックされたかにより、様々な動きをする。

#### クリックして画面を押さえる

1. 文字盤の壁紙を変更する。



2. ウォッチを乾燥させておく;
3. ウォッチをきつく着用しない。

- \* 家庭用クリーナーを使用してウォッチを清掃しないでください。代わりに洗剤を含まないクリーナーをお使いください。
- \* 取り除くのが難しい汚れについては、アルコールで拭き取ることをお勧めします。

防水性能: ウォッチは、ダイビング、海水浴、サウナには適していません。スイミングプール、シャワー (冷たい水) と浅瀬での水泳に対応しています。

## 機能

A200は、1ATM、フルスクリーンタッチ、フォローハンド操作、14スポーツモード、クラウドのマルチダイヤル、および心拍数、SpO2、ストレス、睡眠のモニタリングをサポートします。操作手順とFAQについては、アプリを起動してユーザーガイドを参照してください。

## メンテナンス

- ウォッチの故障、火災、爆発を防ぐために、ウォッチまたはその付属品を極端な高温または低温の場所に置かないで下さい。

- ウォッチや付属品の損傷、ウォッチの故障を防ぐために、常に強い衝撃や衝撃からウォッチを保護してください。

- ウォッチまたはその付属品を、許可なく分解または改造しないでください。ウォッチが故障したら、アフターサービスの担当者にお問い合わせください。

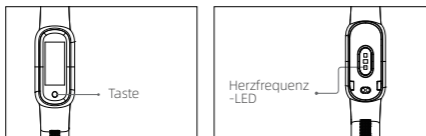
## メンテナンス

ウォッチの着用とメンテナンスでは次の3つのことを守ってください。

1. ウォッチを清潔に保つ;

## Kurzanleitung (DE)

### 1. Smartwatch kennenlernen

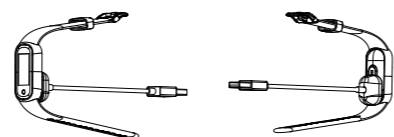


#### Tastenfunktionen:

Tippen Sie für folgende Funktionen auf die Taste:

1. Zurück; oder
2. Display einschalten.

### 2. Ein- und ausschalten



Hinweis: Das Gerät muss vor dem ersten Gebrauch durch Aufladen aktiviert werden.

- (1) Entfernen Sie das Armband und nehmen Sie das Gerät heraus;
- (2) Schließen Sie das Ladegerät am USB-Port an, um das Gerät aufzuladen (verwenden Sie die angegebene Spannung und Stromstärke (5 V/500 mA) und achten Sie auf die korrekte Polarität).

#### Laden und Einschalten

##### Ausschalten

Herunterfahren:  
[Einrichtung]→[Ausschalten].

## Download und Kopplung

### 1. App herunterladen

Scannen Sie den nachstehenden QR-Code, um „VeryFit“ herunterzuladen oder suchen Sie „VeryFit“ im „App-Store“ und laden Sie die App auf Ihr Smartphone herunter.



### 2. Kopplung

Schalten Sie das App und Bluetooth ein. Suchen und wählen Sie das Gerät in der App aus.

Zum Schluss verknüpfen Sie das Gerät in der App.

## Bedienung über Bildschirm

#### Aufwärts/abwärts Wischen

1. Seiten auf gleicher Ebene umblättern oder
2. Lange Texte oder Details anzeigen.

#### Links/rechts Wischen

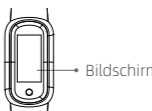
1. Seiten auf gleicher Ebene umblättern.

#### Antippen

1. Unterseite aufrufen;
2. Entsprechende Aktion beenden, abhängig von der angepöpten Schaltfläche.

#### Antippen und halten

1. Zifferblatt umschalten.



1. Halten Sie die Smartwatch sauber;
2. Halten Sie die Smartwatch trocken;
3. Ziehen Sie das Armband nicht zu fest an.

- \* Verwenden Sie zur Reinigung der Smartwatch keine Haushaltsreiniger. Verwenden Sie stattdessen seifenfreie Reinigungsmittel.
- \* Bei schwer zu entfernenden Flecken empfehlen wir die Reinigung mit Alkohol.

Wasserdichtigkeit: Die Smartwatch ist nicht zum Tauchen, Schwimmen im Meer oder Tragen in der Sauna geeignet. Sie eignet sich für Schwimmbad, Dusche (kaltes Wasser) und Schwimmen im flachen Wasser.

## Funktionen

A200 unterstützt 1ATM, Vollbild-Touch, Handbedienung, 14 Sportmodi, Mehrfachwahl in der Cloud sowie Herzfrequenz-, SpO2-, Stress- und Schlafüberwachung. Zum Erhalt der Bedienungsanleitung und FAQs starten Sie die App, um das Benutzerhandbuch zu konsultieren.

## Wartung

Befolgen Sie die nachstehenden Empfehlungen zum Tragen und zur Wartung:

## Sicherheit

- Um einen Ausfall der Smartwatch, Feuer und Explosion zu vermeiden, verwenden Sie sie oder das Zubehör nicht in Bereichen mit extrem hohen oder niedrigen Temperaturen.

- Schützen Sie die Smartwatch stets vor starken Stößen oder Erschütterungen, um Schäden und Ausfälle zu vermeiden.

- Demontieren oder modifizieren Sie die Smartwatch und das Zubehör nicht. Wenden Sie sich im Schadenfall an unseren Kundendienst.

## Démarrage rapide (FR)

### 1. Découvrir l'appareil

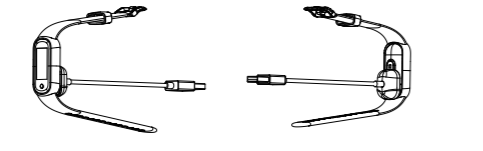


#### Fonctions de la touche tactile :

Cliquez sur la touche tactile pour :

- Revenir ; ou
- Allumer l'écran.

#### 2. Marche/Arrêt



Remarque : le bracelet doit être activé par chargement avant la première utilisation.

(1) Retirez la sangle et sortez le bracelet ;
(2) Connectez le connecteur de chargement au port USB pour charger le bracelet (veuillez utiliser la tension et le courant spécifiés [5 V/500 mA] et veillez à ne pas inverser la polarité).

#### Chargement et mise sous tension

**Arrêt**

Chemin d'arrêt :

[Configuration]→[Arrêt].

## Inicio rápido (ES)

### 1. Conociendo el dispositivo

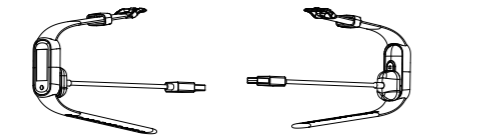


#### Fonctions de la tecla táctil :

Haga clic en la tecla táctil para:

- Volver; o
- Encender la pantalla.

### 2. Encendido/apagado



Nota: La pulsera debe activarse mediante carga antes del primer uso.

(1) Retire la correa y saque la pulsera;
(2) Conecte el conector de carga al puerto USB para cargar la pulsera (utilice el voltaje y la corriente especificados (5V/500 mA), y tenga cuidado de no invertir la polaridad).

#### Carga y encendido

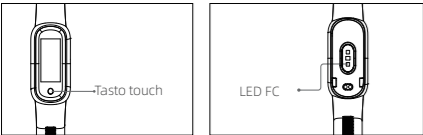
**Apagado**

Ruta del apagado:

[Configuración]→[Apagado].

## Avvio rapido (IT)

### 1. Conoscere il dispositivo



#### Funzioni del tasto touch :

Cliccare sul tasto touch per :

- Andare indietro; o
- Accendere lo schermo

## Téléchargement et association

### 1. Télécharger l'application

Scannez le code QR suivant pour télécharger « VeryFit » ou rechercher et télécharger « VeryFit » dans « APP Store » sur votre téléphone.



### 2. Association

Allumez l'application et le Bluetooth. Recherchez et sélectionnez l'appareil dans l'application .

Enfin, liez l'appareil dans l'application.

## Utilisation de l'écran

Balayer l'écran vers le haut ou le bas

- Pour basculer entre les pages du même niveau, ou
- Pour afficher un texte long ou des détails.

**Balayer l'écran vers la gauche ou la droite**

- Pour basculer entre les pages du même niveau.

## Descarga y emparejamiento

### 1. Descarga de la aplicación

Digitalizar el siguiente código QR para descargar «VeryFit» o buscar y descargar «VeryFit» en la «Tienda de aplicaciones» en su teléfono.



### 2. Emparejamiento

Encienda la aplicación y Bluetooth. Busque y seleccione el dispositivo en la APLICACIÓN .

Finalmente, vincule el dispositivo en la APLICACIÓN .

## Operaciones de la pantalla

**Deslizar la pantalla hacia arriba/abajo**

- Cambiar entre las páginas en el mismo nivel; o
- Visualizar el texto largo o los detalles.

**Deslizar la pantalla hacia la izquierda/derecha**

- Cambiar entre las páginas en el mismo nivel.

## Scaricamento e appaiamento

### 1. Scaricare la APP

Effettuare una scansione del seguente QR code per scaricare "VeryFit" o cercare e scaricare "VeryFit" nell'" APP store" sul proprio telefono.



### 2. Appaiamento

Attivare l'APP e il Bluetooth. Cercare e selezionare il dispositivo nell'APP.

Infine, appaiare il dispositivo all'APP .

## Operazioni a schermo

**Far scorrere lo schermo su e giù**

- Per passare tra pagine dello stesso livello; o
- Per vedere un testo lungo o dettagli.

**Far scorrere lo schermo a destra e sinistra**

- Per passare tra pagine dello stesso livello.

Clicquez sur l'écran

- Pour aller à la sous-page;
- Pour terminer l'action correspondante, en fonction de la touche sur l'écran sur laquelle vous avez cliqué.

**Cliquer et maintenir appuyé sur l'écran**

- Pour changer le fond d'écran du cadran de la montre.

## Fonctions

Le bracelet A200 en charge 1ATM, la fonction tactile plein écran, les opérations par suivi de la main, 14 modes sportifs, des cadrans multiples dans le nuage, ainsi que la surveillance de la fréquence cardiaque, de la SpO2, du stress et du sommeil. Pour le mode d'emploi et la FAQ, veuillez lancer l'application pour consulter le guide de l'utilisateur.

## Entretien

Voici trois recommandations sur le port et l'entretien :

**Hacer clic en la pantalla**

- Ir a la subpágina;
- Completar la acción correspondiente, según el botón en pantalla sobre el cual haga clic.

**Hacer clic y sostener la pantalla**

- Cambiar el fondo de pantalla frontal del reloj.

## Funciones

A200 es compatible con 1ATM, funciones táctiles a pantalla completa, funciones de seguimiento, 14 modos deportivos, múltiples marcaciones en la nube y monitoreo de HR, SpO2, estrés y sueño. Para obtener instrucciones de funcionamiento y preguntas frecuentes, inicie la aplicación para consultar la Guía del usuario.

## Mantenimiento

A continuación se detallan tres recomendaciones acerca del uso y del mantenimiento:

**Cliccare sullo schermo**

- Per accedere alla sotto-pagina;
- Per completare l'azione corrispondente, a seconda di quale tasto a schermo si è cliccato.

**Tenere premuto lo schermo**

- Per cambiare lo schermo del quadrante dell'orologio.

## Funzioni

Il A200 sopporta 1ATM, è dotato di tocco a schermo intero, utilità follow-hand, 14 modalità sportive, sul cloud sono disponibili diversi sfondi, ed è dotato delle funzioni di monitoraggio di FC, SpO2, stress e sonno. Per le istruzioni di utilizzo e le domande frequenti, avviare l'APP per consultare la guida all'utente.

## Manutenzione

Sotto sono riportate tre raccomandazioni per indossare lo smartwatch ed effettuare la manutenzione:

**FCC Requirement**

This device complies with Part 15 of the FCC Rules.Operation is subject to the following two conditions:

- this device may not cause harmful interference, and
- this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could avoid the user's authority to operate the equipment.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

**CAUTION**
The device has been evaluated to meet general RF exposure statement.
The device can be used in portable exposure condition without restriction
– Risk of explosion if the battery is replaced by an incorrect type;
– disposal of a battery into fire or a hot oven, or mechanically crushing or cutting of a battery, that can result in an explosion;
– leaving a battery in an extremely high temperature surrounding environment that can result in an explosion or the leakage of flammable liquid or gas;
– a battery subjected to extremely low air pressure that may result in an explosion or the leakage of flammable liquid or gas.

Old electrical appliances must not be disposed of together with the residual waste, but have to be disposed of separately. The disposal at the communal collecting point via private persons is for free. The owner of old appliances is responsible to bring the appliances to these collecting points or to similar collection points. With this little personal effort, you contribute to recycle valuable raw materials and the treatment of toxic substances.

If you experience discomfort or skin irritation when wearing your smart watch, then we recommend you try cleaning your device. Sometimes residue or foreign materials build up around your device and may aggravate your skin. It's also possible that you are not wearing the watch correctly. We recommend making sure to clean and adjust your watch regularly for a more comfortable fit.

Caution:
• If you experience skin irritation when wearing your watch, please refrain from wearing, and wait two to three days to see if your symptoms ease. If symptoms persist or worsen, please consult a physician.
• If you have eczema, allergies or asthma, you may be more likely to experience a skin irritation or allergy from a wearable device.

**Wear and Care**
Some users may experience skin irritation when using this product. To reduce the potential for irritation, please follow four simple wear and care tips: (1) keep it clean; (2) keep it dry; (3) do not wear it too tightly, and keep the wearing gap as one finger; (4) after long-term wearing, remove the device in time to relax the wrist; (5) after exercise, if your wrists sweat, please clean and dry your wrists and watches before wearing again. The residual sweat components will corrode the watch. It is recommended to regularly use soap or hand sanitizer to clean the watch. In case of skin allergy, please take off your watch and Seek medical advice in time.

**IC Warning**

This device contains licence-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's licence-exempt RSS(s). Operation is subject to the following two conditions:
(1) This device may not cause interference.
(2)This device must accept any interference, including interference that may cause undesired operation of the device.

L'émetteur/récepteur exempt de licence contenu dans le présent appareil est conforme aux CNR d'Innovation, Sciences et Développement économique Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes :
1) L'appareil ne doit pas produire de brouillage;
2) L'appareil doit accepter tout brouillage radioélectrique qu'il reçoit, même si le brouillage est susceptible d'en compromettre le fonctionnement.

\* Do not attach the magnetic part of the charging cable to other metals to avoid short-circuiting the contacts of the charging cable.



The device meets the EU ROHS criterion. Please refer to IEC 62321, EU ROHS Directive 2011/65/EU and revised directive.