

**USER MANUAL Bliss Foot Massager** 

#### **Important Safety Instructions**

Thank you for purchasing the Bliss. Please read this user guide carefully and keep it in a safe place for future reference.

### **IMPORTANT SAFETY INSTRUCTIONS**

When using an electrical appliance, basic precautions should always be followed, including the following: Read all instructions before using (this appliance).

#### **WARNING** – To reduce the risk of burns, fire, electric shock, or injury to persons: 1). An appliance should never be left unattended when plugged in. Unplug from outlet when

- not in use, and before putting on or taking off parts. 2). Do not operate under blanket or pillow. Excessive heating can occur and cause fire,
- electric shock, or injury to persons. 3). Close supervision is necessary when this appliance is used by, on, or near children, invalids, or disabled persons.
- 4). Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
- 5). Never operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return the appliance to a service center for examination and repair.
- 6). Do not carry this appliance by supply cord or use cord as a handle.
- 7). Keep the cord away from heated surfaces.
- 8). Never operate the appliance with the air openings blocked. Keep the air openings free of lint, hair, and the like.
- 9). Never drop or insert any object into any opening.
- 10). Do not use outdoors.
- 11). Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
- 12). To disconnect, turn all controls to the off position, then remove plug from outlet. 13). Do not use the massager in an environment where the temperature is higher than 50
- 14). Do not expose the massager to fire or excessive temperature. Exposure to fire or temperature above 130°C/266°F may cause explosion.
- 15). Do not use the massager in an environment where it could be exposed to steam or moisture (such as a bathroom).
- 16). If the massager is moved too quickly from a low-temperature environment to a warm environment, moisture may accumulate on internal metal parts, which might influence the normal operation of the product, or cause damage to it. To avoid this happening, avoid use for at least one hour after moving it between contrasting temperatures.
- 17). Do not use a massager that is damaged or modified. A damaged or modified device may exhibit unpredictable behavior resulting in fire, explosion or risk of injury.
- 18). Do not modify or attempt to repair the massager except as indicated in the instructions for use and care.
- 19). Stop using if you experience pain or discomfort.
- 20). Do not use on areas that are hyper-sensitive or have diminished sensitivity due to nerve or circulatory issues.
- 21). If you fall into any of the following groups, please consult a physician before using the

### product:

- a. If you are pregnant or experiencing a menstrual cycle.
- b. If you have osteoporosis or osteopenia.
- c. If you have cardiovascular disease. d. If you have neuropathy.
- e. If you have a pacemaker or other implanted medical devices.
- f. If you have an acute disease. g. If you have an active/open skin lesion and/or trauma to the skin.
- h. If you are post-operative and still under the direction of a medical practitioner.
- 22). Avoid using if you are impaired.
- 23). Do not fall asleep while operating the massager. 24). Do not use this product while driving.
- 25). Use this massager only for its intended use as described in this manual. Do not use attach-
- ments not recommended by the manufacturer. 26). Use heated surfaces carefully. May cause serious burns. Do not use over insensitive skin areas or in the presence of poor circulation. The unattended use of heat by children or incapaci-
- tated persons may be dangerous. 27). Do not use massager in close proximity to loose clothing or jewelry.
- 28). Keep long hair away from massager while in use.
- 29). The appliance has a heated surface. Persons insensitive to heat must be careful when using the appliance.
- 30). This appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved.
- 31). Children shall not play with the appliance
- 32). Cleaning and user maintenance shall not be made by children without supervision The instructions for appliances having a part of class III construction supplied from a detachable
- power supply unit shall state that the appliance is only to be used with the power supply unit provided with the appliance. SAVETHESE INSTRUCTIONS

For Household Use Only

### **DANGER** - To reduce the risk of electric shock:

- 1). Always unplug this appliance from the electrical outlet immediately after using and before
- 2). Unplug from the electrical outlet before cleaning.
- 3). Do not reach for the massager if it falls into water. Unplug immediately.
- 4). Do not use while bathing or showering.
- 5). Do not place or store massager where it can fall or be pulled into a bathtub or sink. Do not place in or drop into water or other liquid.
- 6). Do not tamper with or alter the unit in any way. There are no user-serviceable components

#### or parts inside.

- 7). Do not operate under blanket or pillow. Excessive heating can occur and cause fire, electric
- shock, or injury to persons. 8). Avoid inserting objects into any opening.
- 9). Use only with the charger specied by the manufacturer.
- 10). Have servicing performed by a qualified repair person using only identical replacement parts. This will ensure that the safety of the product is maintained.

**NOTE:** This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- ☐ Reorient or relocate the receiving antenna.
- ☐ Increase the separation between the equipment and receiver.
- ☐ Connect the equipment into an outlet on a circuit different from that to which the receiver
- ☐ Consult the dealer or an experienced radio/TV technician for help.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two

- (1) this device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

**Warning:** Changes or modifications to this unit not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

# **Specifications:**

- One switch control, On/Off • 17" (length) x 81/4" (width) x 6.5" (thickness)
- Voltage: 12V === 3A
- 2 kg per unit

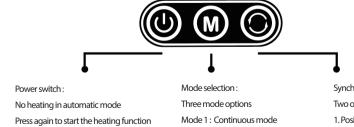
# **Operating Instructions:**

1.Press On/Off to turn the unit on 2.Press On/Off to start heat function 3.Press On/Off to turn the unit off Note: The unit shuts off automatically after 15 minutes.

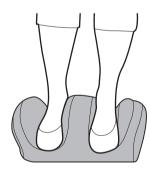
M button Mode 1 : Continuous mode Mode 2: Fast intermittent mode Mode 3: Slow intermittent mode

# **Control panel instruction**

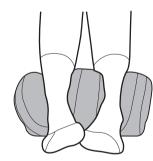
Pess again to switch off



Synchronization selection Two options 1. Positive rotation massage Mode 1: Continuous mode Mode 2: Fast intermittent mode 2. Reverse rotation massage Mode 3: Slow intermittent mode



**FOOT MASSAGE** 



**LEG MASSAGE** 

To clean and maintain the product:

1. Cleaning - Before cleaning, be sure that the switch is in the off position and the massager is unplugged from its power source. Use a dry cloth to clean the product. 2. Maintenance - Keep the product clean and away from damp or wet environments.

Attention: Avoid using benzene or thinner and other aggressive detergents to clean the product or it may fade or cause damage.

This device contains licence-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's licence-exempt RSS(s).

- Operation is subject to the following two conditions:
- 1. This device may not cause interference. 2. This device must accept any interference, including interference that may cause undesired operation of the device.

L'émetteur/récepteur exempt de licence contenu dans le présent appareil est conforme aux CNR d'Innovation, Sciences et Développement économique Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux

- deux conditions suivantes: 1. L'appareil ne doit pas produire de brouillage;
- 2. L'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

Certified adapter list

Xiamen Innov Electronics Tech Co.,Ltd IVP1200-3000

Firm name: Addaday Inc Address: 12304 Santa Monica Blvd Suite 355 Los Angeles Ca 90025



**Correct Disposal of this product** 

This marking indicates that this product should not be disposed with other household wastes throughout the EU. To prevent possible harm to the environment or human health from uncontrolled waste disposal, recycle it responsibly to promote the sustainable reuse of material resources. To return your used device, please use the return and collection systems or contact the retailer where the product was purchased. They can take this product for environmental safe recycling.

Designed in Santa Monica, CA. Made in China.