

# KW22 智能手表说明书



## 01 佩戴

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日常佩戴将手表佩戴到距离腕骨约一指距离，并调整腕带的松紧到舒适的位置。

提示：佩戴过松可能会影响心率传感器采集数据。



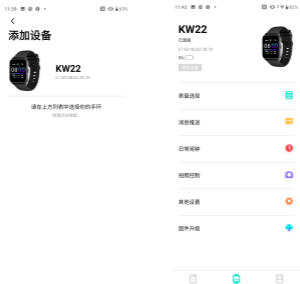
## 02 连接绑定

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1. 长按手表侧按键开机，表盘主页从上向下滑，打开设置--下载二维码，使用手机扫描二维码，下载并安装APP.你也可以扫描下方二维码在手机应用市场下载和安装。



2. 打开Da Fit在设备页选择（添加设备）按照屏幕提示进行操作。



### 提示：

- 1.配对过程中，请确认手机蓝牙处于开启状态，保证手表与手机的正常连接。
- 2.如果在添加设备过程中查找不到设备，或者在使用过程中无法连接设备，请尝试长按手表侧按键3秒关机再开机，或在手表系统操作界面选择恢复出厂，然后重新添加该设备。

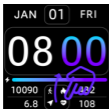
## 03 使用操作

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- a.打开控制面板：表盘主页从上向下滑



b. 打开信息：表盘主页从下向上滑

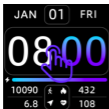


c. 打开主菜单：表盘主页向右滑动



d. 打开快捷界面：表盘主页向左滑动

e. 快捷进入表盘更换：长按表盘界面3秒



f.开机/关机：表盘界面长按侧按键3秒



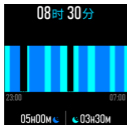
g.点按侧按键返回上一级：表盘界面，点按侧按键，亮屏/熄屏

## 04 功能

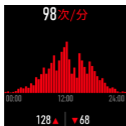
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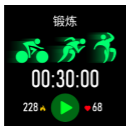
计步：详细记录每日步数，每30min统计一次形成柱状图，在APP上可查看详细历史记录。



睡眠：记录当天睡眠时间和睡眠详情，可在APP睡眠界面查看当天睡眠详情和睡眠历史记录。



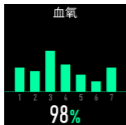
心率：心率测试和全天间断性心率监测，每30min自动监测一次心率；可在APP心率界面查看心率测试记录，全天心率界面查看监测记录和历史记录。



8种运动模式：健走、跑步、骑行、跳绳、羽毛球、篮球、足球、瑜伽。可在APP运动界面查看运动记录。



血压：测试血压值，记录最新的7条血压测试记录，可在APP血压界面查看血压测试记录和历史记录(数值仅供参考，不可作为医疗依据)。



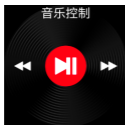
血氧：测试血氧值，记录最新的7条血氧测试记录，可在APP血压界面查看血氧测试记录和历史记录(数值仅供参考，不可作为医疗依据)。



天气：显示当天天气情况和未来7天天气。



相机控制：可通过APP远程控制手机拍照并保存。



音乐：可控制手机上的音乐播放/暂停/上一曲/下一曲。



其他功能：秒表/闹钟/计时器/亮度/震动/查找手机/恢复出厂/关机/关于/APP下载。

## 05 手表其他功能

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闹钟提醒、久坐提醒、喝水提醒、生理周期提醒、拍照控制、低电提醒、来电提醒、查找手表、在线表盘/自定义表盘、翻腕亮屏、12/24时间制、单位设置。

## 06 充电

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- 1、将手表放置在充电头上，使手表背部的充电触片与充电头上的金属触点完全贴合。
  - 2、将充电线连接至正规渠道购买的标准USB充电器，输出电压为5V、输出电流为0.5A及以上。
- 若手表长时间放置后无法开机，再次使用时需请将充电线的充电触片擦拭干净，避免汗液或者水分残留。

## 07 保修服务

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- 1.本产品在正常使用时，如果出现因制造，材料，设计等原因引起的产品质量问题，自购买之日期起，主板一年内免费保修，电池，充电器保修半年。
- 2.因使用者个人原因造成的故障，不提供免费保修，如下：
  - 1)、擅自拆装，改装手表等造成的故障。
  - 2)、在使用过程中不慎跌落而造成的故障。
  - 3)、一切人为损坏或因第三者过失、误用(如：主机进水，外力震裂，外围部件的刮痕的损坏等)，不在保修范围内。
- 3.在要求提供免费保修时，请必须提供填有购买日期和购买处印章的保修卡。
- 4.用户维修产品时，请把产品拿到本公司或本公司经销点。
- 5.产品的所有功能都以实物为主。



# KW22 Smart Watch

## User Manual



## 01 Wearing method

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Please wear the device on your wrist horizontally, about one finger from the carpal and adjust to a comfortable position. Below picture for reference.

Note: Please wear the device a bit tighter when making heart rate testing.



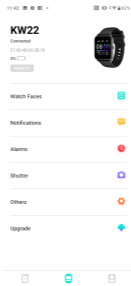
## 02 Download app and Pairing

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1. Long press the side button to turn on the device, slide down from main interface, open setting- app QR code, use the mobile phone to scan the code. Or you can also scan below QR code or search for “Dafit” in APP store.



2. Open the APP and BT, search and select the corresponding device on app as guided.



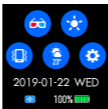
### Note:

1. Please keep BT on during pairing to ensure successful connection.
2. Please long press side button 3s to reboot the device if couldn't find the device during pairing. Or choose reset on the device and search the device again.

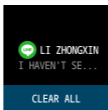
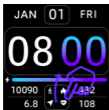
## 03 Operation

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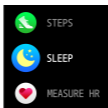
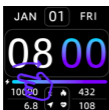
a. Shortcut Setting Page: Swipe down from homepage



b.Message: Swipe up from homepage

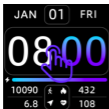


c.Main Menu: Swipe right from homepage

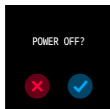


d.Function Shortcut Interface: Swipe left from homepage

e.Watch Dial Setting: Long press dial for 3s and slide left or right to choose.




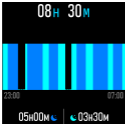
f. Power ON/OFF: Long press side button 3s to power on; From home page, long press side button 3s, and tap  $\sqrt{\quad}$  to power off.

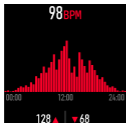


g. Return Previous Menu/ Screen On or Off: Press side button.

## 04 Functions

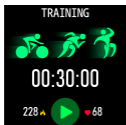
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	<p><b>Pedometer:</b> Record daily steps and show real-time data. Histogram update both on watch and APP, interval unit is 30 minutes. Historical records are visible on the APP.</p>
	<p><b>Sleep Monitor:</b> Record daily sleep time and details. History records are visible on the APP.</p>



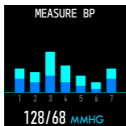
### Heart Rate:

- \*24H real-time heart rate monitoring(open continuous heart rate detection on APP).
- \*Histogram data update both on watch and APP, interval unit is 30 minutes.
- \*Record the latest 7 records Historical records are visible on the APP.



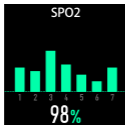
### 8 sports modes:

- Walking, Running, Cycling, Skipping, Badminton, Basketball, Football, Yoga.
- Sports records are visible on the APP.

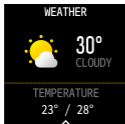


### Blood Pressure:

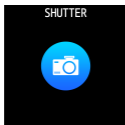
- Blood pressure testing, record the latest 7 records, testing data and history record are visible on the APP. (Data not for medical purpose )



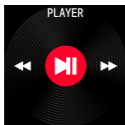
**Blood Oxygen:**  
Blood oxygen testing, record the latest 7 records, testing data and history record are visible on the APP. (Data not for medical purpose )



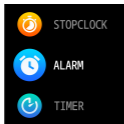
**Weather:**  
Show daily weather and next 7 days' weather forecast.



**BT Camera control:**  
Remote control the mobile phone to take and save photos via APP.



**BT Music Control:**  
Remote control the music player of mobile phone, Play/ pause/ switch to previous or next song.



#### Others:

Stopwatch/ Alarm/ Countdown/  
Brightness Setting/ Shake/ Find  
Phone/ Reset / Power Off/  
About/ APP QR Code

## 05 Other functions:

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Alarm, Sedentary Reminder, Drink Water Reminder, Physiological Cycle Reminder, BT Camera control, Low Battery Reminder, Call Reminder, Find The Device, Watch Face Customized Feature, 12H/ 24H time format, Metric/ Imperial unit setting.

## 06 Charging

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- 1.Attach the charging cable to the watch charging port, ensuring the metal pins fully connected.
- 2.Please use the correct charging adapters which are 5V 0.5A above.

If smart watch can not be powered on after being left unused for long time, please clean up the charging metal pins to make sure connecting well.



## 07 Warranty

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1. One year warranty for default hardware defectives, half of year for battery and charging cable.
2. Below reasons cause to defectives are not included in free warranty service:
  - 1) Personal assemble or disassemble.
  - 2) Falling damage during use.
  - 3) All man-made damage or due to the third party's fault, improper use(such as: water in the smart watch, external force shattering, scratch during use etc.
3. Please provide a warranty card with the details filled when request for after selling service.
4. Please contact with direct dealers for warranty service.
5. Please note all functions of the product are based on physical objects.

## Warranty Certificate

Client Info			
Product Type		Vendor	(Stamp)
Client Name		Contact Info	
Vendor's Contact		Purchase Date	
Product IMEI Code			
Client's Address			
Vendor's Address			

## Warranty Record

Date	Problems	Diagnosis	More Info

## **FCC Statement**

This device complies with part 15 of the FCC rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.