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Quick Start Guide
IW4 Smart Watch

This quick start guide will support you getting started using your smart watch. If you're looking for a more detailed user manual, FAQs, and other information, please visit our official website.

NOTE: This equipment has been tested and found to comply with the limits for Class B digital devices, in accordance with section 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment operates on a frequency that is shared with many other devices, and harmful interference to radio communications may occur. However, there is no guarantee that interference will not occur in a particular installation. If the equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- This device may not cause harmful interference, and
- This device must accept any interference received, including interference that may cause undesired operation.


IC: 2752B-004

The device contains Radiofrequency (RF) energy that may interfere with reception, operation and frequency development. Canada's Radiofrequency Interference Control Act (R.F.I.C.) and the R.F.I.C. (Licensing) Regulations apply.

1. This device may not cause interference.

2. This device must accept any interference, including interference that may cause undesired operation of the device.

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All pictures in this guide are for illustration purposes only. Actual product may vary due to product firmware and app updates.

Package Contents 1

- Smart watch (IW4 with bands)
- Charging cable
- Quick start guide

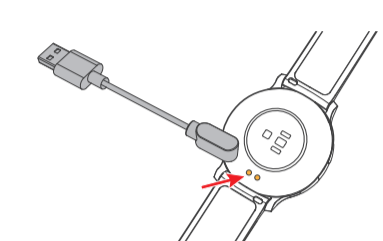
Charging 2

Please fully charge your watch before initial use.

- Insert the USB plug of the charging cable into a USB charger.
- Attach the other end to the charging contacts on the back of the watch.

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Installing the Fitdock App 3

Fitdock

Note: Fitdock app is only compatible with smartphones, not tablets or PCs.

Pairing 4

- Turn on the Bluetooth of your phone.
- Open the Fitdock app. Go to the "Device" page and tap "Pair device".
- Tap "C2" and scan the QR code on the watch to pair. Or tap "TW4" to search the device for pairing.

Controls 5

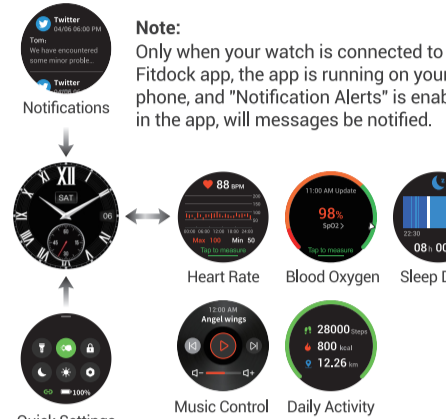
Function Button

- Wake the screen.
- From the home screen, press to enter the function list.
- From a non-home screen, press to return to the home screen.
- Turn on / off the watch.
- Unlock the screen.

Touch Screen

- Hold the home screen to change the watch face.
- Swipe to go to different interfaces.
- Tap to enter the function.
- Swipe the screen to the right to return to the previous interface.

Note: Only when your watch is connected to the Fitdock app, the app is running on your phone, and "Notification Alerts" is enabled in the app, will messages be notified.



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Schnellstartanleitung
IW4 Smartwatch

Diese Kurzanleitung unterstützt Sie bei den ersten Schritten mit Ihrer Smartwatch. Wenn Sie ein ausführlicheres Benutzerhandbuch, FAQs und andere Informationen suchen, besuchen Sie bitte unsere offizielle Website.

Bitte laden Sie Ihre Smartwatch vor dem ersten Gebrauch auf.

- Stecken Sie den USB-Stecker des Ladekabels in ein USB-Ladegerät.
- Befestigen Sie das andere Ende an den Ladekontakten auf der Rückseite der Uhr.

Alle Bilder in dieser Anleitung dienen nur zur Veranschaulichung. Das tatsächliche Produkt kann aufgrund von Produkt-Firmware- und App-Updates abweichen.

Montage von Fitdock-App 3

Fitdock

Hinweis: Die Fitdock-App ist nur mit Smartphones kompatibel, nicht mit Tablets oder PCs.

Paarung 4

- Schalten Sie das Bluetooth Ihres Handys ein.
- Öffnen Sie die Fitdock-App und gehen zu Seite „Geräte“. Tippen Sie auf „Geräte paaren“.

Oder

- Tippen Sie auf „C2“ und scannen Sie den QR-Code auf der Uhr, damit Ihr Telefon mit ihr verbunden kann. Oder tippen Sie auf „GW4“, damit das Telefon nach dem Gerät zur Verbindung suchen kann.

Steuerung 5


Funktionstaste

- Halten Sie den Startbildschirm gedrückt, um das Zifferblatt zu ändern.
- Wischen Sie, um zu verschiedenen Schnittstellen zu gelangen.
- Tippen Sie auf, um die Funktion aufzurufen.
- Wischen Sie den Bildschirm nach rechts, um zur vorherigen Oberfläche zurückzukehren.

Hinweis: Nur wenn Ihre Uhr mit der Fitdock-App verbunden ist, die App auf Ihrem Telefon autorisiert wird und „Benachrichtigungen“ in der App aktiviert ist, werden Nachrichten benachrichtigt.

Berührungsbildschirm

- Halten Sie den Startbildschirm gedrückt, um das Zifferblatt zu ändern.
- Wischen Sie, um zu verschiedenen Schnittstellen zu gelangen.
- Tippen Sie auf, um die Funktion aufzurufen.
- Wischen Sie den Bildschirm nach rechts, um zur vorherigen Oberfläche zurückzukehren.



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Guide de Démarrage Rapide
IW4 Montre Connectée

Ce guide de démarrage rapide vous aide à bien prendre en main votre smartwatch. Si vous recherchez un manuel d'utilisation plus détaillé, une FAQ ainsi que d'autres informations, veuillez visiter notre site officiel.

Veuillez charger complètement votre montre avant la première utilisation.

- Insérez l'embout USB du câble de chargement dans un chargeur USB.
- Connectez l'autre extrémité aux broches de charge à l'arrière de la montre.

Toutes les images de ce guide sont à titre indicatif uniquement. Le produit réel peut varier en raison des mises à niveau du micrologiciel du produit et des applications.

Installer L'App Fitdock 3

Fitdock

Note: L'application Fitdock est uniquement compatible avec les smartphones, elle n'est pas compatible avec les tablettes ou les PC.

Synchronisation 4

- Activez le Bluetooth de votre téléphone.
- Ouvrez l'application Fitdock, allez dans "Appareil", et appuyez sur "Synchroniser appareil".

OU

- Appuyez sur "C2" et scannez le QR code sur la montre pour la synchroniser. Or appuyez sur "TW4" pour rechercher l'appareil à appairer.

Commandes 5

Bouton de fonction

- Réveille l'écran.
- Depuis l'écran d'accueil, appuyez pour accéder à la liste des fonctions.
- À partir d'un écran autre que l'accueil, appuyez sur pour revenir à l'écran d'accueil.
- Allumer / éteindre la montre.
- Déverrouille l'écran.


Bouton Bas

- Réveille l'écran.
- Depuis l'écran d'accueil, appuyez sur pour accéder au mode d'entraînement.
- Pendant un entraînement, appuyez pour mettre en pause / reprendre l'entraînement.

Écran tactile

- Maintenez l'écran d'accueil enfoncé pour changer le cadran de la montre.
- Faites glisser pour accéder aux différentes interfaces.
- Appuyez pour accéder à la fonction.
- Faites glisser l'écran vers la droite pour revenir à l'interface précédente.

Note: Ce n'est que lorsque votre montre est connectée à l'application Fitdock que l'application est en cours d'exécution sur votre téléphone et que les alertes de notification sont activées dans l'application, que les messages seront notifiés.



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Guía de Inicio Rápido
IW4 Reloj Inteligente

Esta guía de inicio rápido le ayudará a usar su reloj inteligente correctamente la primera vez que lo use. Si está buscando un manual de usuario más detallado, preguntas frecuentes y otra información, visite nuestro sitio web oficial.

Cargue completamente su reloj antes del primer uso.

- Inserte el extremo USB del cable de carga en un cargador USB.
- Conecte el otro extremo a las clavijas de carga en la parte posterior del reloj.

Todas las imágenes de esta guía son solo para fines ilustrativos. El producto real puede variar debido al firmware del producto y las actualizaciones de la aplicación.

Instalar la Aplicación Fitdock 3

Fitdock

Note: La aplicación Fitdock solo es compatible con smartphones, no es compatible con tabletas o PC.

Sincronización 4

- Activa el Bluetooth de su teléfono.
- Abra la aplicación Fitdock, vea a "Dispositivo", y presione "Sincronizar dispositivo".

OU

- Presione "C2" y escanee el código QR en el reloj para sincronizarlo. O toque "TW4" para buscar el dispositivo que desea emparejar.

Controles 5

Botón de función

- Despierta la pantalla.
- Desde la pantalla de inicio, presione para ingresar a la lista de funciones.
- Desde una pantalla que no sea de inicio, presione para regresar a la pantalla de inicio.
- Enciende / apaga el reloj.
- Desbloquea la pantalla.


Botón Abajo

- Despierta la pantalla.
- Desde la pantalla de inicio, presione para ingresar al modo de entrenamiento.
- Durante un entrenamiento, presione para pausar / reanudar el entrenamiento.

Pantalla táctil

- Mantenga presionada la pantalla de inicio para cambiar la esfera del reloj.
- Deslize para ir a diferentes interfaces.
- Toque para ingresar a la función.
- Deslice la pantalla hacia la derecha para volver a la interfaz anterior.

Note: Solo cuando su reloj está conectado a la aplicación Fitdock, la aplicación se está ejecutando en su teléfono y las "Alertas de notificación" están habilitadas en la aplicación, se notificarán los mensajes.



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Guida rapida all'avvio
IW4 Smart Watch

Questa guida rapida ti aiuterà a iniziare a utilizzare il tuo smartwatch. Se stai cercando un manuale utente più dettagliato, domande frequenti e altre informazioni, visita il nostro sito Web ufficiale.

Caricare completamente l'orologio prima del primo utilizzo.

- Inserire la spina USB del cavo di ricarica in un caricatore USB.
- Collega l'altra estremità ai contatti di ricarica sul retro dell'orologio.

Tutte le immagini in questa guida sono solo a scopo illustrativo. Il prodotto effettivo può variare a causa del firmware del prodotto e degli aggiornamenti dell'app.

Installazione dell'app Fitdock 3

Fitdock

Note: L'app Fitdock è compatibile solo con lo smartphone e non con tablet o PC.

Associazione 4

- Attiva il Bluetooth del tuo telefono.
- Apri l'app Fitdock vai alla pagina "Dispositivo" e tocca "Associa dispositivo".

OU

- Tocca "C2" e scansiona il codice QR sull'orologio per associarlo. Oppure tocca "TW4" per cercare il dispositivo da associare.

Comandi 5

Tasto funzione

- Riattiva lo schermo.
- Dalla schermata iniziale, premere per accedere all'elenco delle funzioni.
- Da una schermata non home, premere per tornare alla schermata home.
- Accendi / spengi l'orologio.
- Sblocca lo schermo.


Pulsante Giù

- Riattiva lo schermo.
- Dalla schermata principale, premere per accedere alla modalità di allenamento.
- Durante un allenamento, premere per mettere in pausa / riprendere l'allenamento.

Touch screen

- Tieni premuta la schermata iniziale per cambiare il quadrante.
- Scorri per accedere a diverse interfacce.
- Toccare per accedere alla funzione.
- Scorri lo schermo verso destra per tornare all'interfaccia precedente.

Note: Solo quando l'orologio è connesso all'app Fitdock, l'app è in esecuzione sul telefono e "Avvisi di notifica" è abilitato nell'app, i messaggi verranno notificati.



Federal Communications Commission (FCC) Statement. This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

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- (2) this device must accept any interference received,

including interference that may cause undesired operation. Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide Reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Warning: Changes or modifications made to this device not expressly approved by **SHENZHEN HAOYISHI TECHNOLOGY CO., LIMITED** may void the FCC authorization to operate this device. Note: The manufacturer is not responsible for any radio or TV interference caused by unauthorized modifications to this equipment. Such modifications could void the user's authority to operate the equipment.

RF exposure statement:

The device complies with the FCC RF exposure requirement and can be installed and used without restriction.