User Manual

Model: SB1008

1. Quick start guide

Overview

1. Screen
2. Touch key
3. Charging POGO PIN

● Make sure the POGO-pins on the charging cable fit correctly onto the charging terminals on the back of smart watch.
● Plug the big end of the USB cable to a power source and after successful charging, a charging icon will appear on the screen.

Install "Orunning" app on the phone

Search and install the "Orunning" app from Google Play or App Store. Or scan the following QR code to install the app directly.

Android   IOS

Connect the smart watch with the phone

1. Enable Bluetooth on your smart phone.
2. Open the "Orunning" app on your smart phone, and then fill in all the requested information in the

"Settings" menu.

3. Tap "Connect device" in the "Settings" menu.
4. Select the smart watch icon to connect.
5. Choose your device name to connect it with your phone.

*Unbind smart watch with mobile phone*

1. Open "Orunning" app on your smart phone.
2. Tap "Disconnect device" in the "Settings" menu and confirm "OK".
3. To disconnect your smart watch with an iPhone, click "Disconnect device" in the "Settings" menu of "Orunning" app, and go to the Bluetooth settings on your iPhone, then access and select "Forget This Device".

Operation Introduction

● To switch on the watch, press and hold the touch key until the display is on.

● To switch off the watch, press the touch key repeatedly until "more" icon shows on the display and then long press to enter in "Power off", long press the touch key again.

● You can press the touch key, or turn on gesture control in advanced settings of Orunning and raise your hand to light the screen.

2. Functions

Watch face
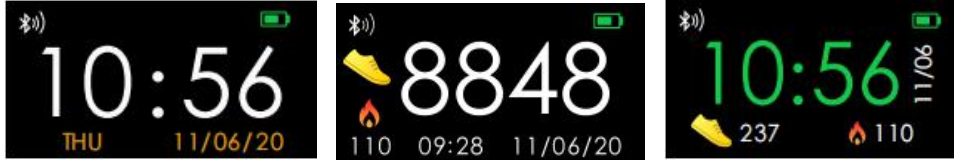
There are 3 watch faces. In the current watch face, press and hold the touch key to choose the one you like.

Daily activities

The watch will record your daily activity automatically. Press the touch key to check pedometer, distance and calories. After synchronizing with Orunning, these sports data can be also checked in Orunning.

Sports

Press the touch key repeatedly until Sports icon shows on the display and long press the touch key to enter in the multi-sport mode.

The smart watch has 4 sports modes: Walking, Running, Cycling and Hiking. Long press touch key to choose one of them and then do sports. The smart watch will record your sports data.

When you finish your sports, you can long press the touch key twice to stop your sport and save the sports data. If you've connected your smart watch with the "Orunning" app via Bluetooth, you can also check your sports data in the app.
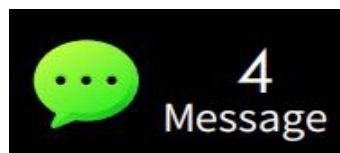
Note: If the exercise time is less than 5 minutes, the data cannot be saved.

Sleep status

Wear the watch to fall asleep during 9:00 p.m. to 9:00 a.m.; the watch can record your sleep data of last night on the next day. Press the touch key repeatedly to check the sleep data.

Message

Unread messages will be displayed in "Message" interface. Long press the touch key to enter in and read the messages on the watch.

Weather

After connecting with Orunning, you can select city in advanced settings of the app. And the weather of this city will be displayed on the watch.
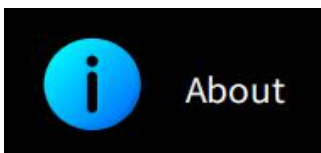
More

Press the touch key repeatedly until "More" icon shows on the display and long press the touch key to enter in "Power off", "About", "Find Phone" and "Reset".
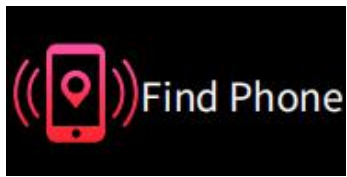
Power Off

Long press the touch key to turn off the watch.

About

Long press the touch key, you can check watch name, BT marc address and firmware version of your watch.
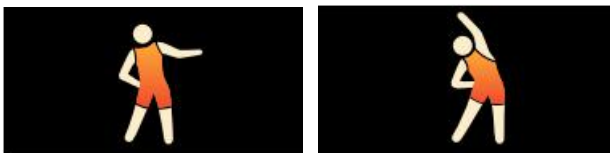
Find Phone

After connecting with Orunning, you can look for your phone by long press the touch key.

Reset

Long press the touch key, your watch will be reset and restart.

Sedentary reminder

Turn on the sedentary reminder you've set in Orunning. When the time is up, your watch will vibrate to remind you to do some sports.

Remote capture

After successfully connecting with Orunning, choose "Take pictures" in Orunning, and then short press the touch key to take photos, and long press the touch key to exit.

Notifications

After successfully connecting with Orunning, turn on "Notifications" in Settings, you will receive these notifications on your watch.

More functions

Enjoy more smart functions in Orunning.

3.FCC Caution

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

-    Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.