

LIT BIKE

USER MANUAL



freebeat.

FREEBEAT PHILOSOPHY

AUTHENTICITY

Ride with Authenticity.

We score combos to the beat with every rhythm of the pedal. The gamification system allows you to connect and compete with your friends and family while nurturing deep bonds within the freebeat community. Free your mind, connect with our genuine and best selves. We believe in the power of giving and would like to share our passion by offering all freebeat products at affordable and reasonable prices. Each session: we laugh, sweat, grow, and ride with the best as a community, as a family.

SOPHISTICATION

Ride with sophistication.

Every drop of sweat counts, and freebeat's sensors would never miss a single pedal from you. Choose your favourite music genre and whenever you feel the vibe, give yourself another push. Our system records your performance and tracks your hard work. Each session is a new challenge to do better than before. Our smart tracking device will recommend the best workout program that suits your needs. Freebeat knows what you like, and every smart class recommendation could be your new favorite.

EXCITEMENT

Ride with excitement.

Freebeat creates an innovative alternative to replace the traditional boring fitness routine. We have developed a fun interactive game to bring the experience of studio cycling and strength training to the comfort of your own home. The beat-matching gamification system simulates dancing on a smart bike instead of simply exercising on a stationary bike. Our tech team creates distinctive computer-generated animations and special effects that flow perfectly throughout each class to give each member an unique and unforgettable experience.

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SAFETY INSTRUCTIONS

⚠️ WARNING

Please read the instructions below carefully before assembling or using this bike. This contains important information for the use and maintenance of the equipment as well as for your personal safety. Keep this guide in a safe place for maintenance purposes or for ordering spare parts.

Consult your doctor before starting your exercise program to ensure that you are fit enough to use this equipment. Take your exercise program as a basis for advice from your doctor. Incorrect or excessive exercise can be harmful to your health.

The equipment should only be used for the intended purpose, i.e. for physical activity by adults. Any other use of the equipment is prohibited and can be dangerous.

The manufacturer cannot be held liable for damages or injuries caused by improper use of the equipment.

Incorrect repairs and structural modifications (e.g. removal or replacement of original parts) may endanger the safety of the user.

Damaged components can jeopardize your safety or reduce the lifetime of the equipment. Therefore, incorrect or damaged parts should be replaced immediately and the equipment taken out of use until then. Use only original

spare parts.

For regular use, carefully inspect all components every 1-2 months. Pay close attention to the tightness of bolts and nuts. This is especially true for all connected parts. To ensure that the safety level is maintained at the highest possible level determined by its design, this product should be serviced regularly (once a year) by certified dealers.

Before using this equipment, please check the flywheel in case of a sudden injury.

Inform the users of the equipment, especially children, about possible sources of danger during the workout.

Any interference with parts of the product that are not described in the operating instructions may cause damage or endanger the person using the machine. Extensive repairs may only be carried out by certified dealers or qualified personnel trained by the manufacturer.

If there are any problems, please consult customerservice@freebeatfit.com.

FCC CAUTION

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received,

including interference that may cause undesired operation.

FCC RF Radiation Exposure Statement:
1. This Transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.
2. This equipment complies with RF radiation exposure limits set forth for an uncontrolled environment.
3. This equipment should be installed and operated with minimum distance 20cm between the radiator & your body.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

IMPORTANT INFORMATION

Before using the equipment for exercise, check carefully to ensure that it has been correctly assembled.

- Before using the equipment for exercise, please read the manual book carefully and familiarize all the functions of the equipment.
- This machine is designed for adults, and children should not be allowed to play with it. Children playing can behave unpredictably and dangerously, for which the manufacturer cannot be held liable.
- The maximum payload is 100 kg. It is not recommended that two or more people train on the machine at the same time.
- The flywheel is designed to be bi-directional so that it cannot be turned in a second. It has to press the brake button and then turn away.
- A slight noise of production on the belt or motor is due to the construction and has no negative effects upon operation.
- Always check all screws and connectors and the respective safety precautions before use.
- Do not use corrosive or abrasive materials to clean the equipment. Make sure that these materials do not pollute the environment.

- The saddle and handle are designed as step-less adjustment, so please make sure the minimum insert depth is 55mm and fasten up.
- To avoid injuries in case of emergencies, always make sure that you have enough space behind your exercise bike (min. 2000 mm x 1000 mm).
- Make sure that there are no others in the area of your exercise bike, as they may be injured.
- Always wear appropriate shoes and clothing when using the equipment. Do not wear loose clothing to avoid getting into the exercise bike. Barefoot, high-heeled shoes, and leather shoes are not permitted during the workout. If your foot slips off the footplate, please insert your foot into the plate cover.
- The resistance is adjusted by the applied force between the brakesheet and flywheel. You can rotate the brake button clockwise/

PROFESSIONAL INSTALLATION

- Handle all packaging materials carefully to avoid any possible hazards. Children playing with plastic bags may cause a risk of suffocation.
- The equipment must be properly installed by an adult. If in doubt and help is needed, look for someone

with technical skills.

- Please install the equipment carefully and pay attention to your safety to avoid injuries caused by careless mishandling of tools.

CORRECT ORDER

- Open all individual parts and place them on the floor in order. To avoid scratches on the floor, place them on cardboard boxes.
- For technical reasons, we reserve the right to perform the preliminary installation work.(e.g., install the plug).
- Fix all parts with screws but do not lock them first. Then check if they are properly installed and lock the screws completely with a wrench. Finally check that all the

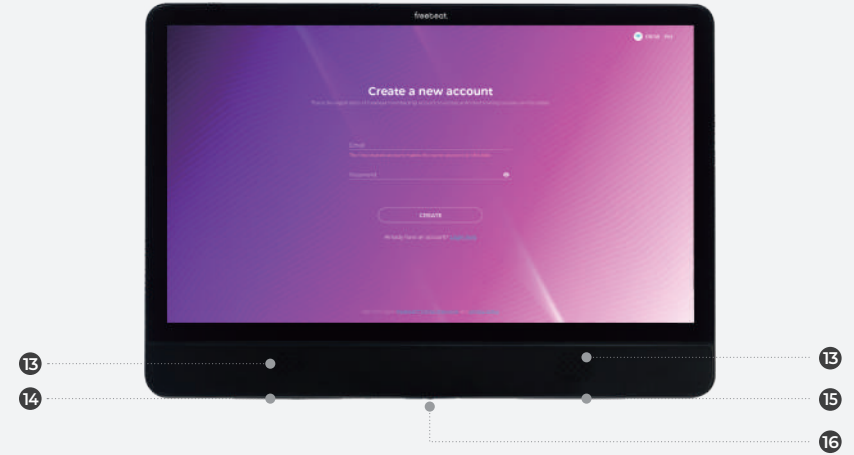
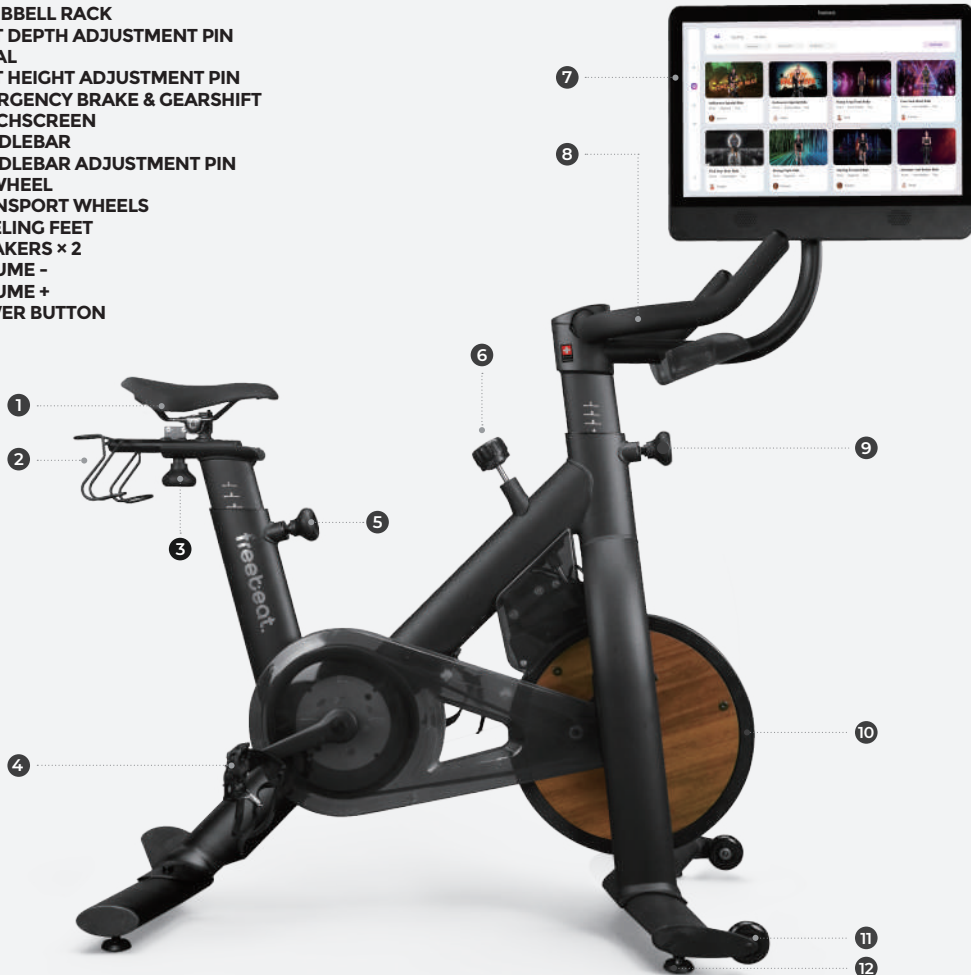
PACKAGING DISPOSAL

- Please be sure to keep the packing for the event of repairs / warranty matters.
- At the end of the product's life cycle, it cannot be treated as ordinary household waste but must be transported to a recycling site. Please contact your local municipal administration for a place to dispose of the product.



SPECIFICATIONS

1. SEAT
2. DUMBBELL RACK
3. SEAT DEPTH ADJUSTMENT PIN
4. PEDAL
5. SEAT HEIGHT ADJUSTMENT PIN
6. EMERGENCY BRAKE & GEARSHIFT
7. TOUCHSCREEN
8. HANDLEBAR
9. HANDLEBAR ADJUSTMENT PIN
10. FLYWHEEL
11. TRANSPORT WHEELS
12. LEVELING FEET
13. SPEAKERS × 2
14. VOLUME -
15. VOLUME +
16. POWER BUTTON



MEASUREMENTS Dimensions: 49.3" L × 58.8" H × 22.6" W
 Screen: 21.5" diagonal
 Flywheel: 28.6 lbs
 Weight: 113.3 lbs (N.W)

POWER Input: 100V to 240V, 50Hz - 60Hz, 1.5A Max
 Output: 12.5V, 4.0A

CONSTRUCTION Frame: Welded steel
 Resistance: Auto resistance system
 Drive: Power transmission belt drive
 Saddle: Smart saddle detection+

CONTROLS Vertical and horizontal seat adjustment
 Adjustable non-slip multi-position handlebar
 Rotatable touchscreen with 180° of movement

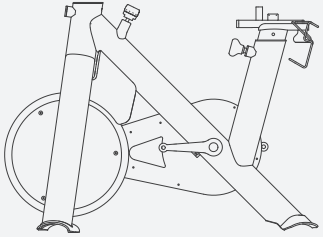
DISPLAY AND SOUND 21.5" Screen 1080p HD
 10-Point multi-touch touchscreen
 4-Core 1.8GHz CPU
 2GB RAM
 8GB internal flash storage
 2-Channel 3 watts rear-facing stereo-speaker system
 Type-C port × 1
 USB port × 1

USER REQUIREMENT Height range: 5' - 6'4"
 Weight maximum: 300lbs
 Age minimum: 14+

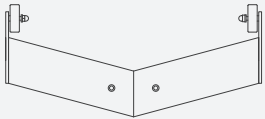
CONNECTION 802.11 a/b/g/n - 2.4GHz & 5GHz
 Bluetooth® 5.0

PACKING LIST

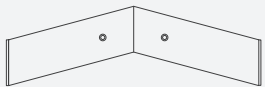
A. MAIN FRAME ASSEMBLY



B. FRONT STABILIZER ASSEMBLY



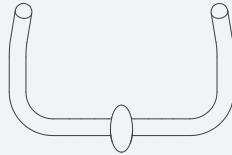
C. REAR STABILIZER ASSEMBLY



D. HANDLEBAR RISER ASSEMBLY



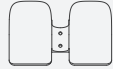
E. HANDLEBAR ASSEMBLY



F. MONITOR



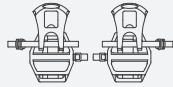
G. CUP HOLDER



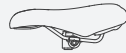
H. WEIGHT SELECTOR PIN



I. PEDAL L/R



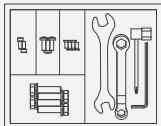
J. SADDLE



K. POWER ADAPTER



L. TOOL KIT



! WARNING

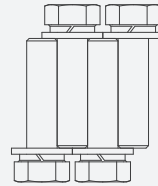
Turn the box over and empty the bike pieces out. Handle with care, since the box's content can be easily stuck within the box.

Locate the instruction manual placed between the bike and the monitor.

Take out all the parts of bike before assembly. Only remove screws for each step on the package shown to reduce confusion.

TOOL KIT

L1.
HEX BOLT
ASSEMBLY
M10 × 40mm
×4



L2.
SCREW
M6 × 12mm
×3



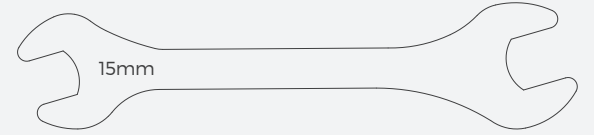
L3.
SCREW
M5 × 12mm
×2



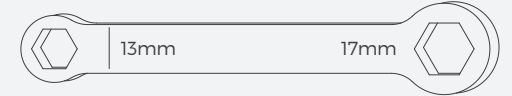
L4.
SCREW
M5 × 10mm
×4



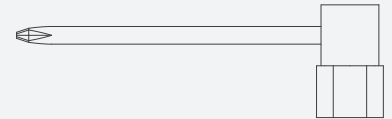
L5.



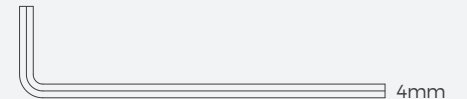
L6.



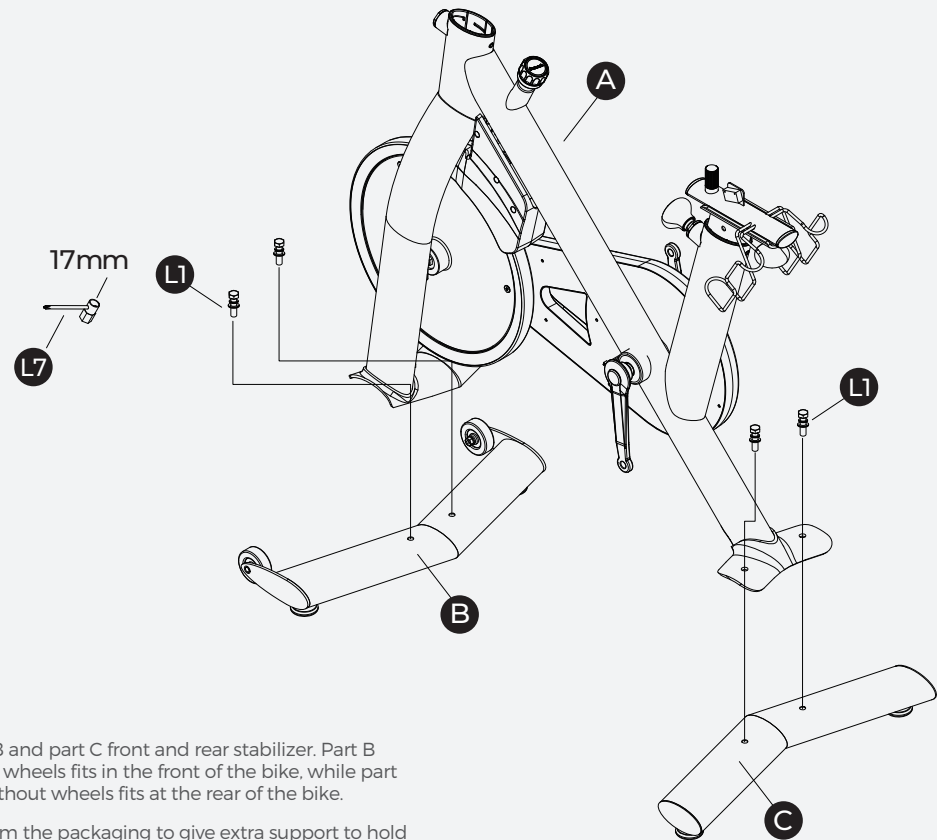
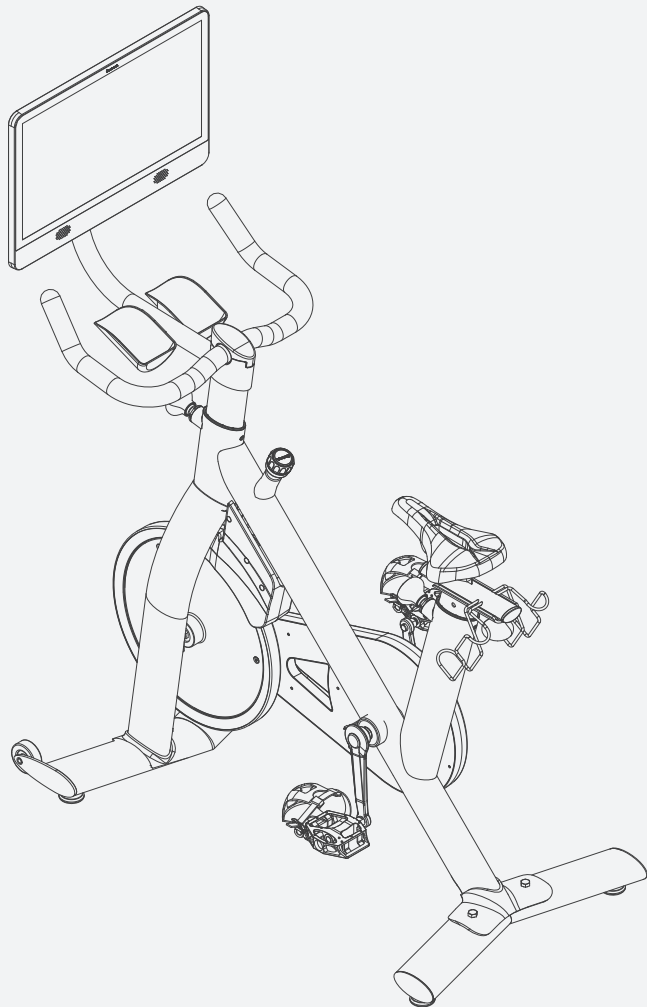
L7.



L8.



ASSEMBLY



STEP 1

Acquire part B and part C front and rear stabilizer. Part B stabilizer with wheels fits in the front of the bike, while part C stabilizer without wheels fits at the rear of the bike.

* Use foam from the packaging to give extra support to hold bike upright, if needed.

Place the main frame above the stabilizers, and fix the main frame (part A) into place by tightening parts Hex bolt into the corresponding Spring Washers and Curved Gasket (part L1) on the stabilizer.

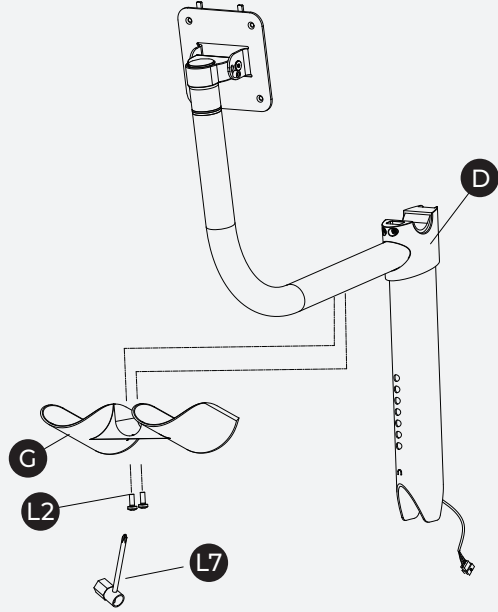
* Place all parts G1 into stabilizers before tightening the main frame and stabilizers together.



SCAN HERE TO VIEW
THE COMPLETE VIDEO
OF STEP-BY-STEP
GUIDE FOR ASSEMBLY

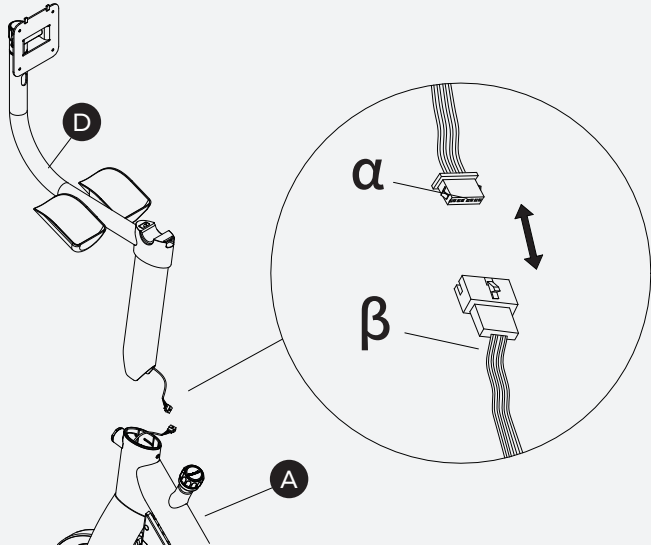
STEP 2

Screw part G Water Bottle Holder into part D Handlebar Riser with Phillips Pan Head Screws (part L2).



STEP 3

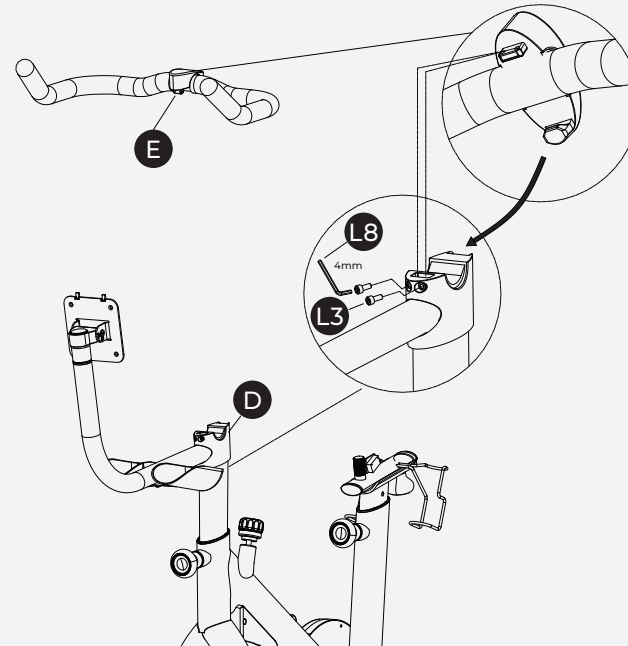
Carefully attach part D Handlebar Riser with main bike frame and connect Computer Upper Cable with Computer Lower Cable (removed the black string).



STEP 4

Once the cables are connected and Handle Riser (part D) is attached to the main frame (part A), find part H Weight Selector Pin and screw into the screwhole and adjust the riser tube to a suitable height.

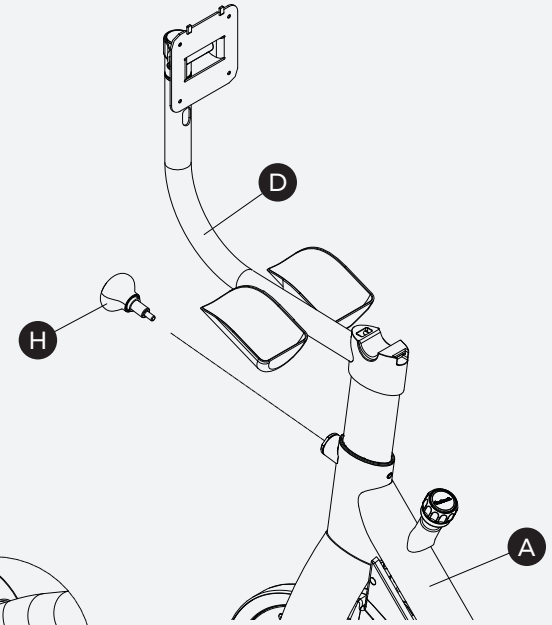
* If the data chord is unsteady: part H Weight H Selector Pin and part D Handlebar Riser in the front end of the main frame needs to be unscrewed, re-adjusted and tightened again.

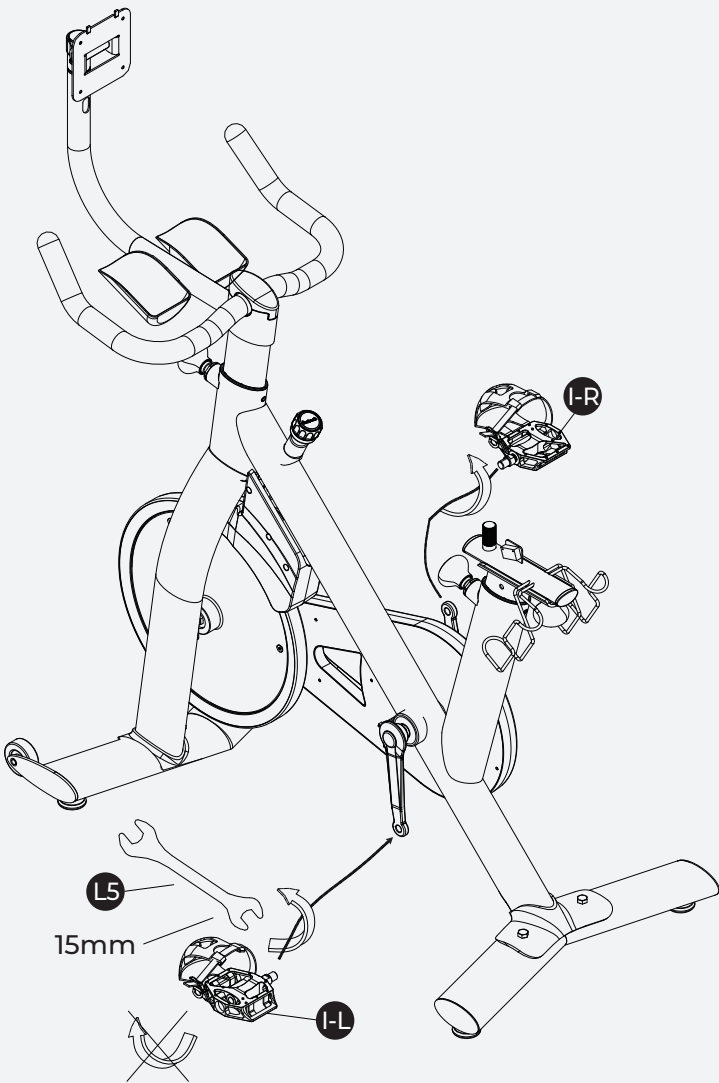


STEP 5

Fit the handlebar post (part D), onto the handlebars (part E), push the handlebars from behind in place. Add two Hexagon Socket Head Bolt (part L3) and bolt them to the front of the handlebar post. Screw them in with a 4mm Allen wrench. Make sure the screws are fully tightened and secured.

* Suggest to use short side of 4mm Allen wrench, and use long side as the bolts are tighter.



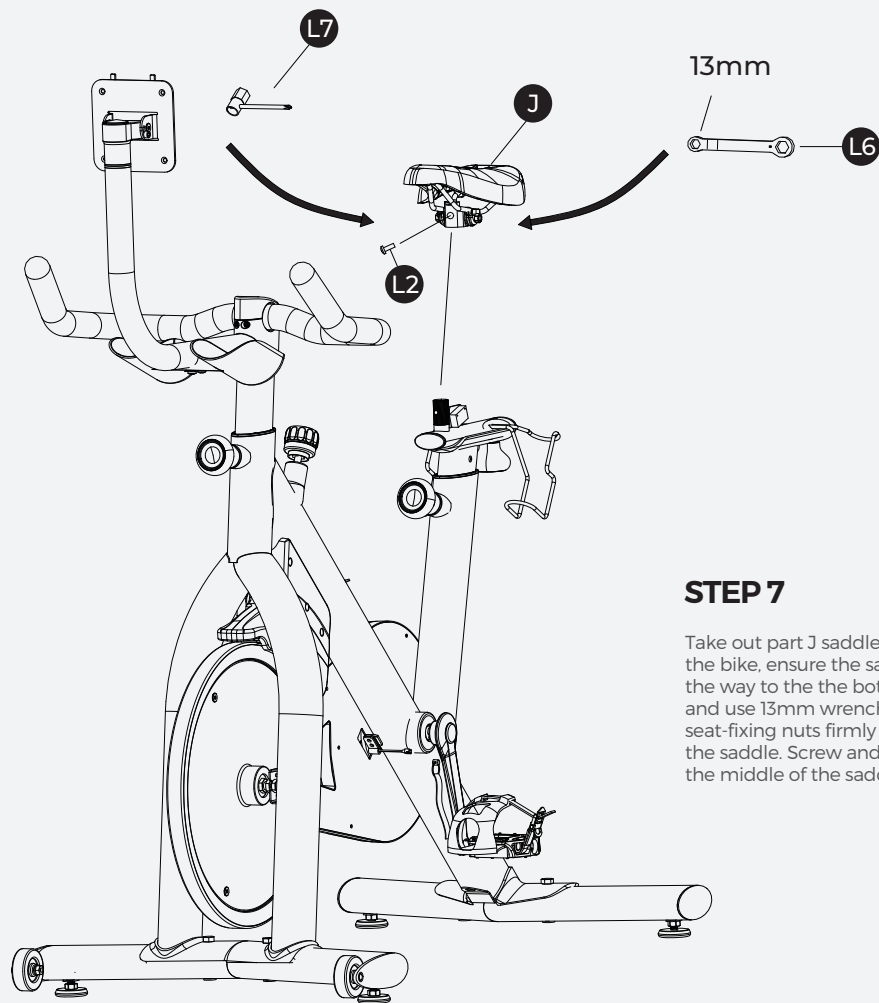


STEP 6

Find part L-L & L-R: left and right pedals. Look for either an L or R symbol on the crank and axle to distinguish between left and right respectively. Tighten any loose pedal with a 15 mm wrench.

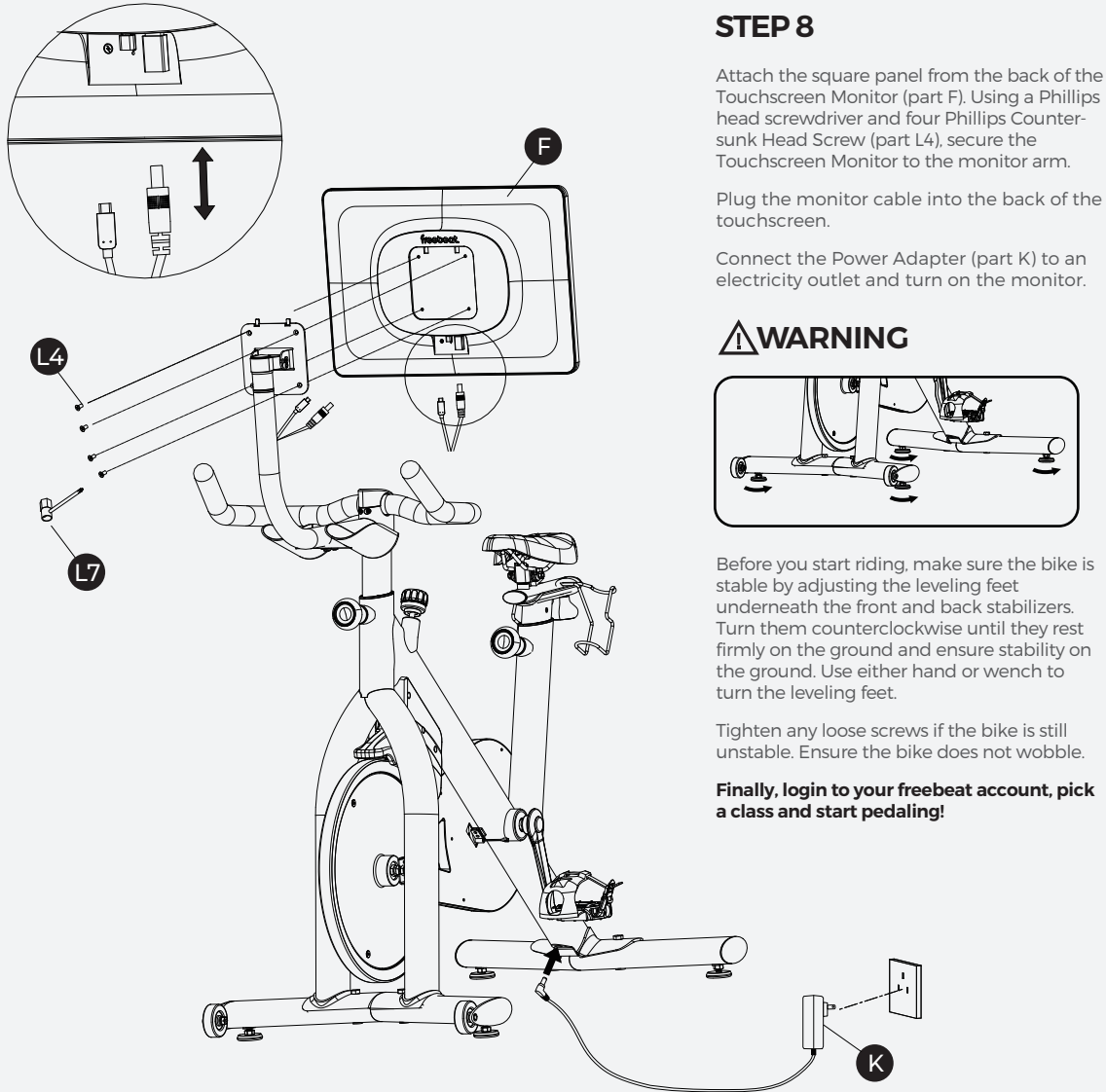
Twist the pedals onto their respective sides of the bike. The left pedal turns counterclockwise, and the right clockwise.

* Please test ride the bike slowly after construction and tighten the pedals accordingly to ensure safety.



STEP 7

Take out part J saddle and install it onto the bike. ensure the saddle is pushed all the way to the the bottom of the frame and use 13mm wrench to tighten the seat-fixing nuts firmly on both sides of the saddle. Screw and secure part L3 in the middle of the saddle.



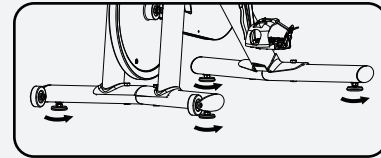
STEP 8

Attach the square panel from the back of the Touchscreen Monitor (part F). Using a Phillips head screwdriver and four Phillips Counter-sunk Head Screw (part L4), secure the Touchscreen Monitor to the monitor arm.

Plug the monitor cable into the back of the touchscreen.

Connect the Power Adapter (part K) to an electricity outlet and turn on the monitor.

⚠️ WARNING



Before you start riding, make sure the bike is stable by adjusting the leveling feet underneath the front and back stabilizers. Turn them counterclockwise until they rest firmly on the ground and ensure stability on the ground. Use either hand or wrench to turn the leveling feet.

Tighten any loose screws if the bike is still unstable. Ensure the bike does not wobble.

Finally, login to your freebeat account, pick a class and start pedaling!

GETTING STARTED



STEP 1

CONNECT TO WIFI

Select and tap the WiFi network name

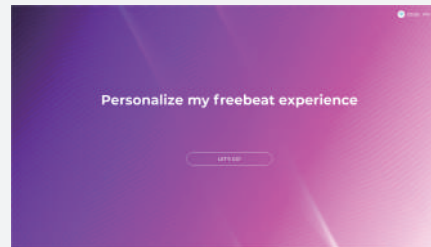
- * If the network is secured, you will be prompted to enter a password. Type in the password and tap Connect
- * If the network is not secured, the bike will connect to the network



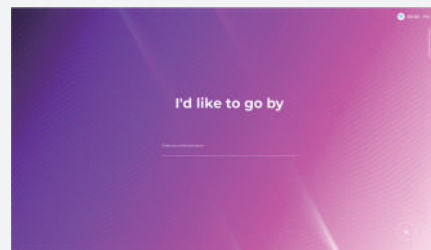
STEP 2

SELECT TIME ZONE

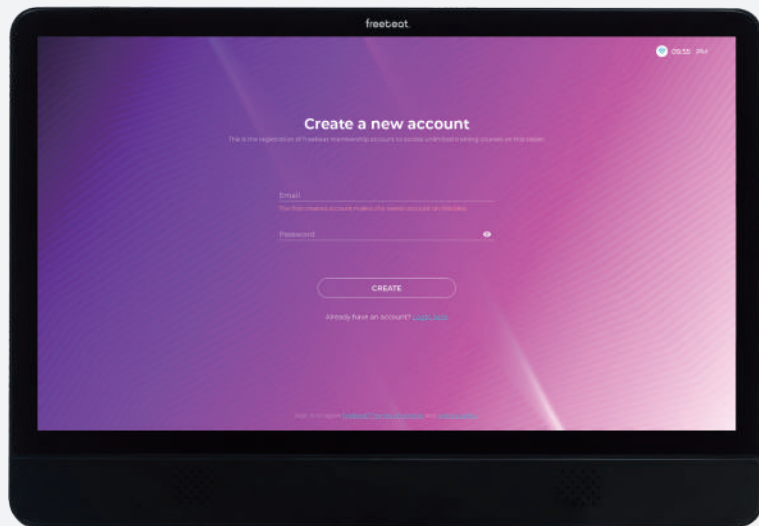
Choose your current location and correct time zone. TAP NEXT



STEP 3.1 Tap on 'LET'S GO!' to start setting up your account.



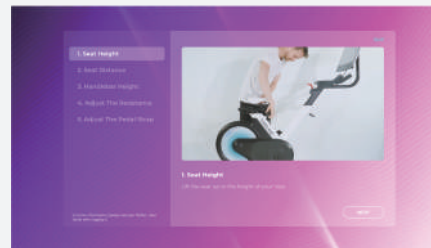
STEP 3.2 Enter your preferred name. You can change your account name later too.



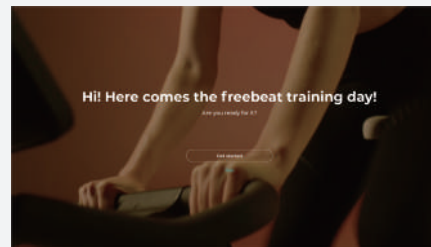
STEP 3

SETTING UP YOUR ACCOUNT

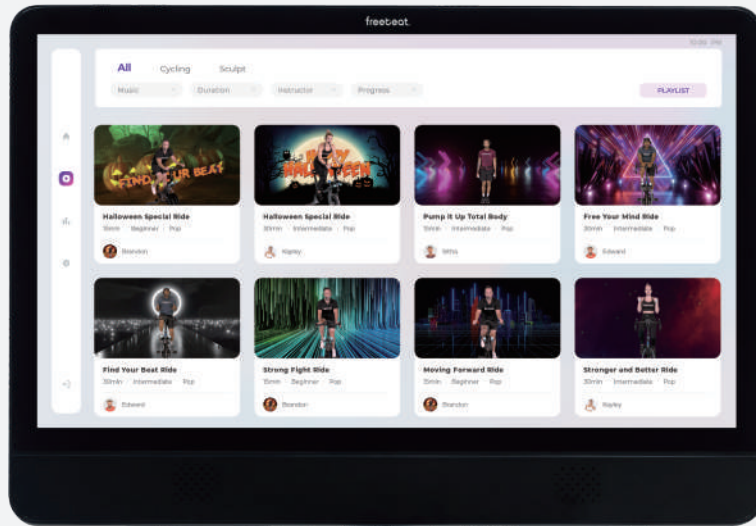
Enter your email address and password. TAP CREATE



STEP 3.3 Follow the steps on the screen to adjust the bike to fit your body. Ensure you maintain a proper body position when you ride to avoid any injuries or strains.



STEP 3.4 You're nearly there! Join our 'freebeat training day' to learn more about the system and how to ride it.



STEP 4

YOUR PERSONALIZED HOMESCREEN

Everyone's homescreen is different. We personalized your homescreen to what the system thinks suits you the best. The more classes you take, the algorithm will understand you more. You can use filters and the search bar to find specific classes and trainers.

APP UI DESCRIPTION



TIME REMAINING

LEADERBOARD

SCORE

% ON BEAT

LEVEL

COMBO

BONUS SCORE

DOUBLE BEAT

CADENCE

SINGLE BEAT

CALORIES

MAINTENANCE & CARE

RECOMMENDED BODY POSITIONING

Your hands should rest comfortably on the handlebars without reaching. Your arms should be slightly bent at the elbows.
Your leg should be slightly bent at the bottom of the stroke. Adjust accordingly if not as described.

EVERY 3 TO 5 RIDES SECTION

SADDLE: Make sure the saddle is parallel to the ground. Then use the included 13mm wrench to tighten the seat-fixing nuts on both sides.

AFTER RIDES

To ensure safe operation and optimal performance, check for wear and damage and perform maintenance on a regular basis. Replace any damaged or defective parts immediately. Do not use the bike until the repair is performed for safety reasons. Only use original parts from the manufacturer. Changes or modifications to this unit not expressly approved by freebeat could void the warranty.

CLEANING: Wipe down the bike using a damp cloth.

LEVELING FEET: If the bike is unstable and rocks back and forth, turn each leveling foot below the stabilizers clockwise (when viewed from above) until it rests firmly on the ground.

EVERY 4 TO 6 RIDES

CLEANING: Clean the bike thoroughly using a damp cloth and a mild household cleaner diluted in water. Clean the touchscreen using an electronics wipe.

PEDALS: Tighten any loose pedal with the included wrench. Pedals should be tightened to 25 lb-ft of torque. Turn clockwise to tighten the right pedal and counterclockwise to tighten the left pedal.

EVERY 15 TO 20 RIDES SECTION

CAUTION: Service other than the procedures described here must be performed by an authorized technician.

EMERGENCY BRAKE: Test the emergency brake by pressing down on the resistance knob while pedaling slowly. The flywheel should come to a complete stop immediately. If it does not, stop using the bike immediately and contact freebeat support.

FRAME: Check the entire frame for signs of wear and damage, and tighten any loose screws and bolts.

ANNUAL MAINTENANCE

PEDALS: Replace pedals if necessary. Tighten new pedals to 25 lb- ft of torque.

For further instructions, see www.freebeatfit.com

WARRANTY INFORMATION

Stochastic Process Technology Group Limited provides a limited warranty for your in-home, indoor, non-commercial use of the Freebike. A complete description of the terms and conditions of the limited warranty, including the scope of coverage, applicable warranty periods, and certain important exclusions and limitations, can be accessed at: www.freebeatfit.com/warranty.

freebeat.

www.freebeatfit.com