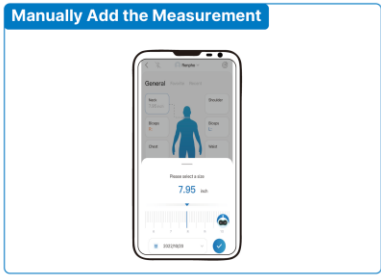


1. Pull out the tape, and wrap it around your body part.
2. Insert the locking pin into the unit.
3. Press the Retract button to tighten the tape, then read the measurement displayed on the screen.
4. Press "Confirm" to confirm current measurement, and the pointer will automatically move to the next body part.
5. Press "Up/Down" to choose the body part you want to measure.
6. Press and hold "Confirm" for 3S or tap "Save" on the App to save the measurements.

Note:

1. DO NOT forget to press "Confirm" to confirm after each measurement, otherwise the measurements will not be saved.
2. The unit will automatically shut off after **20 seconds** of idle time.
3. Memory function: The unit will recall the last mode once turned on.

05



1. Click the body part name (e.g. Waist).
2. Swipe the "ruler" right or left to select a size.
3. Choose the date.
4. Tap "Confirm" on the App to confirm current measurement.
5. Tap "Save" on the App to save the measurements.

06

Troubleshooting Guide		
Problems	Causes	Solutions
Ambiguous or no display	Low battery or incorrect installation of battery	Reinstall or replace the battery
Sudden change of display when the tape hasn't been released	Brought by strong vibration or violent shaking	Reset the display before releasing the tape for measuring
Unusual number flashing or stuck display	Internal malfunction	Remove the battery and reinstall again
No response while pulling the tape	Recent mode selected	Switch to General mode
Unable to connect the App	Your phone is too far away from the tape	Keep your phone within 26ft (8m) of the tape

07

FCC Regulatory Compliance

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:
 (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.
 Warning: changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.
 Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.
 If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
 - Reorient or relocate the receiving antenna.
 - Increase the separation between the equipment and receiver.
 - Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
 - Consult the dealer or an experienced radio/TV technician for help.

RF Exposure Compliance
 This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.
ISED Regulatory compliance
 This device contains licence-exempt transmitters that comply with Innovation, Science and Economic Development Canada's licence-exempt RSSI(s). Operation is subject to the following two conditions:
 (1) This device may not cause interference. (2) This device must accept any interference, including interference that may cause undesired operation of the device.

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes:
 (1) l'appareil ne doit pas produire de brouillage, et (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.
 This equipment complies with IC RSS-102 radiation exposure limits set forth for an uncontrolled environment.
 Cet équipement est conforme aux limites d'exposition aux radiations IC CNR-102 établies pour un environnement non contrôlé.

08



Thank you for choosing the RENPHO Smart Tape! This Bluetooth body tape measure is your personal health assistant. It will help you easily measure various body parts so you can keep track of your health and fitness. We hope that you enjoy using it!

Important Safety Instructions

1. DO NOT use this device for any purpose other than outlined in this manual.
2. DO NOT disassemble or modify the device. There are no user-serviceable parts inside.
3. DO NOT subject the device to extreme conditions: extreme temperatures beyond operating temperatures, high vibrations, dusty area, humid conditions (including any liquid) or direct sunlight.
4. DO NOT use excessive force on the tape or the gear as this may cause permanent damage to the device.
5. DO NOT fold or twist the tape as this may cause permanent damage.
6. DO NOT use excessive force to pull the tape beyond the maximum length of 150cm/60inch.
7. DO NOT allow the tape to retract too fast as minor injury may occur.
8. Be very careful when measuring neck circumference. The tape may accidentally cause choking.
9. Children under 10 years old must be supervised by an adult when using the tape.



01

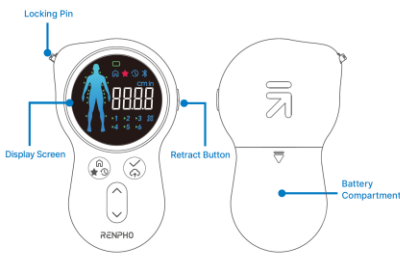
Specifications

Product Name: Smart Tape
 Model: R-Y002
 Unit: cm/in
 Size: 128*75*33mm/5x3x1.3in
 Measuring Range: 150cm/60in
 Resolution: 1mm, 1/16in
 Accuracy: ±3mm, ±3/32in
 Working Temperature: 32°F ~ 122°F
 Working Humidity: ≤85%
 Power Supply: 3*AAA Batteries

What's in the Box

1 x RENPHO Smart Tape
 3 x AAA Batteries
 1 x User Manual

Product Diagram



02

Icons

	Low battery indicator
	General mode: measure 12 body parts+6 custom parts
	Favorite mode: add body parts you measure frequently
	Recent mode: press "Up/Down" to view the latest data
	Bluetooth: solid blue indicates successful connection
	Unit: switch unit via the App
	Custom parts (6 in total): you can name, add, remove the custom part via the App

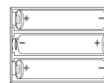
Buttons



- Press any button or pull the tape to **power on**.
- : Short press to switch modes; Press and hold for 3S to **power off**.
 - : Short press to confirm the measurement; Press and hold for 3S to sync the measurement to the App.
 - : Press "Up/Down" to move up/down to the next body part. Press and hold "Down" for 5S to zero the measurement.

03

Install the Battery



Before Use
 Open the battery compartment and put the 3xAAA batteries into the battery compartment with the correct anode and cathode orientation (+/-).

1. DO NOT mix new and used batteries.
2. The original batteries provided are NOT rechargeable.

Getting Started

Scan the QR code or search "Renpho Health" in the Apple App Store or Google Play Store.



*Due to continuous updates and improvements, the "Renpho Health" App may appear slightly different.

Connect with your the App

1. Press any button to turn on the tape and the Bluetooth icon will flash.
2. Open the "Renpho Health" App.
3. A window will pop up, tap "Pair" on the App to connect.
4. The Bluetooth icon will be solid once connection is successful.



04

Warranty Policy

Your RENPHO product purchase is covered by a one-year limited manufacturer warranty from the date of delivery.

For warranty terms and conditions, please visit: <https://renpho.com/pages/warranty-terms-and-conditions>

Note: Product registration is not required for the warranty. If you choose not to register your product, it will not diminish the product warranty.

Customer Service

Please feel free to contact us if you have any questions or concerns. RENPHO Customer Service Team guarantees a quick response and hassle-free solutions to any issue you may have within business hours.

TEL: +1(844) 417 0149 (US ONLY)
 Monday-Friday 9:00AM-4:30PM

Email: support@renpho.com

*For defective products or the return of items, please contact us with your order number within the specified warranty period. DO NOT dispose of any product parts as they may be required for inspection/repair.

US Importer: JOICOM CORPORATION
 14129 The Merge Street, Building 3 Unit A, Eastvale, CA 92880

Manufacturer: Shenzhen Ruiyi Business Technology Co., Ltd.
 Qianhai Complex A201, Qianwan Road 1, Qianhai Shenzhen-Hong Kong Cooperation Zone, Shenzhen, 518000 P.R.China

Made in China
 NA1